



Tuesday 20 July 2021

## Are you ready to reset?

Skillsroad has released a fantastic series of resources for young people who have been impacted by the COVID-19 pandemic and remote learning.

You can download the sections that are relevant to you.

### Get your head right

- 6 tips to get your life back on track
- 5 ways to deal with negative thoughts
- How to become resilient
- What to do when your motivation is gone

<https://bit.ly/2ZNY5K0>

### Discover your options

- A day in the life of....
- Discover your skills and strengths
- Get to know how work ready you are
- Explore careers and your study pathways

<https://bit.ly/39digPN>

### Make a plan

- How to make good decisions
- How to create goals and keep focused on them
- Why creativity can make your life better
- How to stop procrastinating

<https://bit.ly/2OW2501>

### Personal Branding

- How to develop your skills and get work experience
- How to write your first resumé
- What's a good cover letter?
- Manners for chatting on the phone/zoom

<https://bit.ly/32FGgcQ>

### Career Progression

- How to deal with conflict productively
- Five ways to deal with negative thoughts
- How to be fearless at work (and life!)
- Are you future ready? Build the right skills

<https://bit.ly/2CQY5uM>

### Killing it at Work

- Surviving your first days at work
- How to fall in love with your job
- Mastering the skills of networking
- Dealing with workplace bullying and harassment

<https://bit.ly/3eL1SqU>



### Apprenticeships

#### Australian Apprenticeships Pathways (AAP)

This website contains fantastic resources for young people interested in pursuing a professional trade or traineeship. Some of the resources include:

- Job and training descriptions
- Career interest explorer
- Job pathway charts
- Information on apprenticeships and school-based apprenticeships
- Literacy and numeracy quizzes for different industries such as carpentry, plumbing, electrical, and hairdressing.

Visit [www.aapathways.com.au](http://www.aapathways.com.au)

#### William Adams Pty Ltd

William Adams will be recruiting for the 2022 intake for the following apprenticeships in August:

- Mobile Equipment (Earthmoving)
- Heavy Road Transport (Trucks)
- Metal Fabrication (Boilermaker and Auto Electrical)

Information - <https://bit.ly/2Cpl0wt>

#### Cummins

Cummins are recruiting for Heavy Diesel Mechanic apprentices across several sites in Victoria for the 2022 intake. Applicants must be in Year 12 to apply.

Information - <https://bit.ly/3kKN9D5>

## Open Days – Victoria

Open days are a mix of on-campus and virtual events this year.



The following are examples of dates for several Victorian universities

### Australian Catholic University

8 August - Melbourne

15 August – Ballarat

7, 8 August - virtual

<https://openday.acu.edu.au/>

### Monash University

25 & 28 July – virtual

7, 8, 15 August – on campus

[www.monash.edu/open-day](http://www.monash.edu/open-day)

### La Trobe University

1 August - virtual

August & October – on campus events

[www.latrobe.edu.au/openday](http://www.latrobe.edu.au/openday)

### RMIT University

1 – 31 August – virtual and on campus events

[www.rmit.edu.au/openday](http://www.rmit.edu.au/openday)

### Deakin University

15 August - virtual

<https://openday.deakin.edu.au/>

### Swinburne University

1 August – on campus

[www.swinburne.edu.au/openday/](http://www.swinburne.edu.au/openday/)

### Victoria University

21 August – virtual

[www.vu.edu.au/open-day-2021](http://www.vu.edu.au/open-day-2021)

### Federation University

15 August – on campus

<https://bit.ly/31bhBul>

### The University of Melbourne

15 August – on campus

<https://study.unimelb.edu.au/openday>

### Charles Sturt University

15 August – on campus

<https://study.csu.edu.au/life/events/open-day>

### All dates for Victoria, NSW and Canberra

Victoria – [www.vtac.edu.au/opendays](http://www.vtac.edu.au/opendays)

NSW & ACT - [www.uac.edu.au/open-days](http://www.uac.edu.au/open-days)

## Year 12 Tertiary Dates - Victoria

### August

#### Early entry programs are now open for:

Victoria University	VU Guaranteed	<a href="https://bit.ly/2whSd6P">https://bit.ly/2whSd6P</a>
Australian Catholic University (ACU)	ACU Guarantee	<a href="https://bit.ly/38PiLiA">https://bit.ly/38PiLiA</a>
La Trobe University	Aspire	<a href="https://bit.ly/2KdjGN1">https://bit.ly/2KdjGN1</a>
Charles Sturt University	Charles Sturt Advantage	<a href="https://bit.ly/2O1U244">https://bit.ly/2O1U244</a>
RMIT University	Early Offer Program	<a href="https://bit.ly/3etwSy3">https://bit.ly/3etwSy3</a>

#### 2 University applications - VTAC

Victorian Tertiary Admission Centre (VTAC) applications open for undergraduate courses, scholarships, Special Entry Access Schemes (SEAS) etc., [www.vtac.edu.au/](http://www.vtac.edu.au/)

#### 2 Early/guaranteed admission applications open for

RMIT	SNAP	<a href="http://bit.ly/2vAPiVT">http://bit.ly/2vAPiVT</a>
University of Melbourne	Access Melbourne	<a href="https://bit.ly/2gBAqPD">https://bit.ly/2gBAqPD</a>
Monash University	Monash Guarantee	<a href="https://bit.ly/2x5nwBC">https://bit.ly/2x5nwBC</a>
Swinburne University	Early Entry	<a href="https://bit.ly/2WiPub5">https://bit.ly/2WiPub5</a>

#### 30 Early Entry

Applications close for RMIT Early Offer Program.

#### 31 Early Entry

Applications close for Charles Sturt University Advantage.

### September

#### 17 Early Entry

Applications close for La Trobe Aspire

#### 24 Early Entry

Applications close for ACU Guarantee

#### 30 VTAC

Timely applications close for undergraduate courses.

### October

#### 8 Early/guaranteed entry applications close for

- Victoria University
- University of Melbourne
- RMIT
- Monash University

#### 8 VTAC

Applications close for Special Entry Access Schemes (SEAS) and Scholarships

## 2021 Schools Careers Guide

The 2021 edition of the Schools Careers Guide by Explore Careers is out now and available for free download on Issuu. Jam packed with 282 pages of information from over 130 of Australia's leading organisations and brands, across 15 unique industries and 5 diversity sections.

This edition is our most comprehensive yet and is the most popular school careers resource in the country, <https://bit.ly/36MzYsN>



## What is upskilling?

Information has been taken from 'Explore Careers'.

### What Do We Mean By Career Upskilling and Why Does it Matter?

'Upskilling' probably sounds like careers and recruiter jargon, or something future you will need to worry about it – and it kinda is! But it's also something worth thinking about as you begin to take your first steps into the world of work.

We're not saying you have to have it all figured out, but having some expectations and ownership over your career journey will set you up for long-term success.

With the Foundation for Young Australians reporting that young people will have on average 17 different jobs across 5 different careers in their working lifetime, upskilling is something that will become increasingly crucial! <https://bit.ly/3xRtiFI>

## Scientist of the year video competition

Calling all eco-warriors and environmental game-changers. The University of Adelaide and Careers with STEM invite students in Years 7 – 10 to participate in this amazing competition.

You could be named the University of Adelaide Young Scientist of the Year, plus win \$500 for yourself, and \$1000 for your school!

Entries close Friday 29 October, <https://bit.ly/2TlpVbh>

## Upcoming career events



### Australian Catholic University (ACU)

ACU is running Experience Days for prospective students. You will be able to tour the campus of your choice, participate in course focussed workshops, and speak directly to course advisers.

Workshops will fill quickly, so RSVP as soon as possible:

Ballarat - Tuesday 28 September  
Melbourne – date TBC

<https://bit.ly/34cGZID>

### JMC Academy

The Melbourne Martini Awards are being hosted on 3 August at the Melbourne Astor Theatre. You will be able to view the film and television work of JMC students and watch the awards ceremonies, <https://bit.ly/3wBJ1Hu>

### The Santos Science Experience

This is a 3-day STEM program for Year 9 and 10 students. The following institutes are running the Science Experience program in September:

- Federation University
- RMIT University
- Marine & Freshwater Discovery Centre

[www.scienceexperience.com.au](http://www.scienceexperience.com.au)

### La Trobe University

The following webinar is running for parents in July, <https://bit.ly/35lxKKw>

27	Parent information seminar
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### The Hotel School Melbourne

The Hotel School is running an 'Industry Insights Day' for current Year 12 students. At the event, students will experience life behind the scenes at one of Melbourne's luxury 5-star hotels.

They will meet professionals from key departments and know first-hand what life is really like through the eyes of a hospitality professional.

Sunday 22 August, 9.30am – 1.30pm  
25 Collins Street, Melbourne  
<https://bit.ly/3wE0fnL>

## Monash University

Monash is running the following course information sessions for prospective students in July:

Information Evenings,  
[www.monash.edu/information-evenings](http://www.monash.edu/information-evenings)

20	Health
27	Business with a global perspective

Inside Monash Seminars,  
[www.monash.edu/inside-monash](http://www.monash.edu/inside-monash)

20	IT – your world of possibilities
27	Introduction to law



### Deakin University

Find out about accommodation at Deakin University by tuning into an online webinar during July, <https://bit.ly/2RRPCj2>

### Australian Defence Force

For career information session dates, visit [www.defencejobs.gov.au/events](http://www.defencejobs.gov.au/events)

### Free webinars

The Tertiary Information Service is running the following free online webinar for Victorian course applications:

26 August: SEAS and Scholarship applications

For information and to register your place, visit [www.tis.org.au](http://www.tis.org.au)

### Victoria Police

For career information session dates, visit <https://bit.ly/3uBvCQQ>

### Occupational Therapy

Austin Health is running a virtual careers seminar exploring Occupational Therapy as a career on Thursday 12 August. Students who are considering a career in health are encouraged to participate.

Book your place by Wednesday 28 July by emailing Tina Morely, [tina.morely@austin.org.au](mailto:tina.morely@austin.org.au)