

A woman with her hair in a bun, wearing a black top and a necklace, has white body paint applied to her face and shoulders. She is looking down. In the background, a bright, circular light source, possibly the sun, is visible. The overall scene is bathed in a warm, golden light.

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Year 11 student, Macaylah Johnson performing a traditional Indigenous dance. Photo by Fotobiotic

Inside Cover Photo - 2017 Graduation Mass

Photo by MSP Photography

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From the Editor,

Justice “requires inner freedom... and it requires integrity – great honesty with ourselves and with others. Then we will be “just persons” apt for all good works – or advocacy and assistance wherever these are needed, all flowing from love, not self-service.”

– Christine Burke ibvm and Margaret C. Honner ibvm

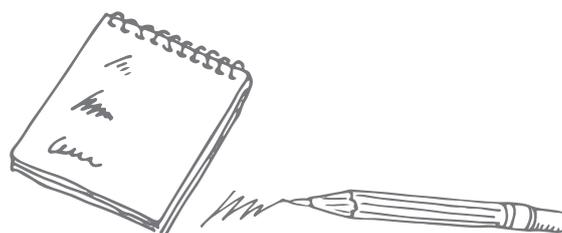
The value of Justice was fundamental to Mary Ward and her company. The concepts of inner freedom, integrity and honesty with ourselves and others is something that continues to be woven within the Loreto fabric and so important in the world today and ensuring our future is meaningful and full of hope.

Appreciating the varied ways in which justice is carried out was something I observed while our team put this edition together. Justice is so many things, it is carried out in so many ways and by so many people within the Loreto community.

While developing this edition we were able to explore some of the ways justice comes to life through the ‘Loreto Spirit’ - we’ve looked at artwork by students who have created works of protest or started conversations about justice related issues, we’ve taken a step back into history to explore how the value of Justice was established as a core value of Mary Ward within the Loreto organisation, we’ve focused on the Loreto College programs of social justice and how they give back to our local and wider community, as well as how past Loreto Girls have pursued careers within areas that have strong foundations in justice. Although varied in method, the consistency among these different ways of pursuing justice is that they are all examples of “offering assistance...flowing from love, not self service”. Something at the heart of every Loreto Girl.

The theme for edition two, 2018 will tap into the heart of the ‘Loreto Spirit’, exploring the lasting connections and community of the ‘Loreto Family’.

Shona Hendley and the Marketing & Development Team



Coming Up

MAY '18

18-20

Loreto Federation

Loreto Federation will be held at Loreto Normanhurst, NSW from 18-20 May. Registrations: loretofederation.sydney

23-26

Beauty and the Beast

Loreto College and St Patrick's College are joining together again for the annual school production. This year we are excited to be showcasing the incredible Beauty and the Beast.

JUN '18

4

We've Been in Your Shoes Careers Evening

Our annual inspiring careers evening will be held at Loreto College in the Mary's Mount Centre. A diverse Loreto Alumni are invited back to share their invaluable advice & experience with our current Loreto students.



OCT '18

13

Loreto Ball

The Past Pupils' Association invite past students & staff to the Inaugural Loreto Ball. Join us in celebrating the Loreto Spirit with a night of memories, laughter, and friends.

20

Loreto Kindergarten Reunion

All students of the kindergarten and primary school from Dawson St or Mary's Mount are welcome to attend. Save the date. More information to come.

20

Loreto Commercial College Reunion

We are excited to invite all past students of the highly regarded Loreto Commercial College back for our first reunion. Save the date. More information to come.

NOV '18

7

Past Pupils' High Tea and Mass of Remembrance

An annual event for our past pupils to get together, share memories and catch up over a lovely high tea followed by Mass in the Chapel.

23

Class of 2017 First Year Out Reunion

A chance for the Class of 2017 to catch up with each other and share experiences since graduation a full year ago!

Messages from Loreto



*Top Row: Left to Right: Mrs Tracey O'Neill, Mr Richard Robinson, Mr Luke Dunne, Mr Matt McCabe, Mrs Nicole Loader.
Front Row: Ms Janet Freeman, Mrs Geraldine Frantz, Mrs Maria Myers AC. Absent: Mrs Erin Taylor*

From the Board

It is both a privilege and a pleasure to write my first report as the recently appointed Chair of the College Board.

The 2018 school year has begun and the College Board and Leadership Team are focused on the development of a new Strategic Plan. It is an exciting time for the College as we look to plan for the future whilst continuing to provide our students with an education that reflects the Gospel values and educational opportunities that visionary Loreto founder, Mary Ward set as our standard. Her foresight "Women in time to come will do much" is very much our driving force and we are continually reminded of this by the amazing young women we are blessed to have in our community.

I would like to take this opportunity to thank and acknowledge our two recently retired members of the Board. I thank Mr Shane Carey for his exemplary leadership and generous service of eight years as a member of the Board, serving as Chair for the past six years, and Mrs Trudi Kannourakis for her ten years of measured guidance as an esteemed member of the Board. Their commitment to the College and the education of our girls is outstanding and we are very fortunate to have both remaining as members of sub committees of the Board in 2018.

As we farewell Shane and Trudi we now welcome two new members to our College Board.

I am delighted to introduce Mrs Erin Taylor and Mrs Nicole Loader. Both of these women bring skills and knowledge that will greatly benefit our Board. I am also very proud to say that they are both past pupils of our College and typically reflect the Loreto spirit that fosters and inspires community involvement.

The Loreto College Board is the governing body of the College and, as Chair, I look forward to working closely and collaboratively with my fellow Board members who extend the gift of their time, experience and expertise in the best interests of our wonderful school.

By Board Chair - Mrs Geraldine Frantz

Justice Prayer



Creator God, source of all life,
We marvel at the beauty and excellence
within everything you have created.
In our difference, you made us and love us.
Through our search to seek and understand the message
of your son Jesus, we open ourselves to
belong to the Kingdom of God.

Free our minds to recognise
the needs of the world, locally and globally.
Give us the wisdom and the conviction to realise that
through right relationships with you and each other,
we have the power to bring about a more just world.
May we give generously and willingly, without expecting
anything in return, as we challenge all that leads to injustice.

We pray that our God who liberates, empowers
and motivates, will be with us as we work for justice
with the gifts of humility and compassion.
Enable us to be disciples of your love and peace.
Following the example of Mary Ward, assist us in being
'seekers of truth and doers of justice'.

Hear our prayer which we ask in Jesus name.

Amen



Loreto
COLLEGE BALLARAT | EST.1875

From the Principal

The energy and distinctive Loreto Ballarat spirit has been evident across all areas of Loreto Ballarat from the first day of the 2018 school year when we joined together for our Welcome and Academic Assembly. College Captains, Elizabeth Clarke and Ruby Treweek, supported by all members of the Senate, shared their insights into the value of Justice. The College's 2018 badge, designed by our Senate, features Mary Ward's exhortation to "be seekers of truth and doers of justice". We learn from the Loreto Schools of Australia Mission Statement that "Educating for justice means helping people to recognise the inherent dignity of each individual and of the natural

environment and to become aware of the rights and responsibilities of all." Our particular focus in 2018 is exploring what justice "looks like" across the school.

The very happy, engaging welcoming atmosphere which permeates across the school and beyond is evident to, and regularly commented upon, by visitors to the school and by members of other school communities; for example, at the 2018 Head of the Lake. The support and encouragement shared between and among students and staff is to be celebrated and fostered. This is an essential element of the glorious Loreto spirit.

It is with pleasure that I introduce the 2018 College Board Chair, past pupil and past parent, Mrs Geraldine Frantz. Mrs Frantz's commitment and dedication to considered, collaborative and visionary governance of Loreto College is witnessed through her leadership and service over many years. Geraldine joined the Property Committee in 2018 and then chaired this Committee from 2009 through to 2017. Joining the College Board in 2009, Geraldine then assumed the responsibility of Deputy Chair in 2012.

Principal - Ms Judith Potter





From the College Co-Captains

2018 marks the year of Justice. In late 2017, we were fortunate to meet with the other Loreto Leaders from across Australia. This amazing opportunity gave us new ideas, more passion, and lasting memories, that will continue to motivate us to help make 2018 the best year yet! During this time, we wrote our Justice Prayer, which all six Loreto schools in Australia will use. From our prayer, we integrated the key aspects of Justice into our badge which we hope to address this year.

Being Loreto students, we feel a strong connection with the Justice value. Throughout this year, we aim to fulfil Mary Ward's rich legacy, to be "seekers of truth and doers of justice." This quote sits on our 2018 Justice badge, as a daily reminder to embrace justice and not to be passive in the face of injustices. Alongside our girls, we believe at local, national and global levels there are positive changes that we can make. At a local level, our school will aim to ensure everyone has a voice, everyone is shown respect and we look

out for one another. The hands reaching out represent us; the colourful arms are our four Houses - Barry, Mulhall, Mornane and Ward, and the other arms are our students in our blazers. The world encompassing Australia represents different views at both a local and international level. We have the responsibility as global citizens and true Loreto girls to make a difference.

“

*seekers of truth
and doers of
justice.”*

What a sensational start to the year! We feel that the girls have embraced the theme of Justice wholeheartedly, which gives us so much joy! We are incredibly appreciative of our fellow Year 12 girls for their outstanding leadership and how together we have been able to set a felicitous tone for this year.

Valentine's Day saw the quad filled with laughter as a surprise flash-mob and dance party took place. The same zest was seen at the Head of the Lake where our Spit Crew cheered on our rowers, whose commitment and determination showed with spectacular results. At the Swimming Carnival, the spirit throughout the day was extremely high from all of the Houses and from girls of all year levels, with the newly introduced Spirit Stick awarded to Barry at the end of the day. We have especially enjoyed seeing our Year 7 students adopt this contagious Loreto Spirit so well!

We look forward to what the rest of 2018 holds and hope that we continue with the magnitude that we have begun.

Lizzy Clarke and Ruby Treweek

Around Loreto

Graduation Mass



We farewelled the Class of 2017 with the unique tradition, the Loreto College Graduation Mass. This is a special occasion that many Loreto girls look forward to and many will never forget. Congratulations to the Class of 2017 we wish you all the best as you go out into the world as proud Loreto women.

Swimming Carnival

The 2018 Loreto Swimming Carnival was yet another remarkable day and display of the unique and competitive Loreto Spirit! The whole school gathered at Eureka Swimming Pool to compete in events throughout the day, including traditional competition races, relays, novelty events and the much-anticipated Year 12 synchronised swimming display. The competition was strong and the girls on the sidelines cheered the racers on enthusiastically for the entire day. In the end, Barry House claimed a clean sweep of the day, taking out the overall highest House points, the inaugural Loreto Spirit Award, and the synchronised swimming.



International Women's Day

Once again, the annual Loreto College International Women's Day Breakfast left everyone feeling inspired and empowered. We look forward to this day every year as a chance to proudly recognise and celebrate all the incredible women in our community. A special thanks to our guest speaker, Professor Michelle McIntosh (Class of 1991) for sharing her outstanding science and medical research career story and encouraging our girls to follow their passions. Congratulations to our IWD Award Winners: Ella Van Der Voort (Loreto Community Achiever), Ella Kendall (Loreto Woman of the Day) and Past Pupil, Nikkita Venville (Class of 2005) who was proudly peer nominated and awarded the inaugural Loreto College Ballarat Alumni – Loreto Spirit Award, for her continued career work in social justice and gender parity. Thank you to our sponsors: Fernwood, the Regent Cinemas and The Courier.



Twilight Easter Picnic

This year, the Easter Picnic changed to a twilight event held on Friday 23 March, 2018. A beautiful sunny evening, the stunning Loreto Chapel and manicured front gardens of the College provided the perfect backdrop for a celebration of the 'Loreto Spirit' through music, food and the delightful company of the Loreto Community. Current and past pupils, staff and their families enjoyed an array of music presented by current students and special guest performances by past pupils Olivia Loader (Class of 2017) and Molly Fisher (Class of 2012). A special visit by the Easter Bunny, face painting for the children and plenty of food provided a magical evening, enjoyed by all.

Athletics Carnival

The annual Athletics Carnival was held at Llanberris Reserve on Friday 23 March. A highlight on the school calendar, the 'Loreto Spirit' is proudly on display as all students participate and cheer each other on in both athletic and novelty events throughout the day. There were many stellar athletic performances as well as lots of laughter and creative expressions of the obligatory red, green, blue and yellow House colours on display. The overall winner on the day was Barry House, making it a clean sweep of both the Swimming and Athletics Carnivals for Term 1, 2018.



Jane's Fight for Justice

Words by Mrs Shona Hendley



"My recollections are that, especially towards my senior years, the Loreto spirit promoted feminist undertones, not bra burning type of feminism, but a sense that women should stand up to fulfil their potential and seek leadership roles. The Loreto spirit is to see women in authority, whether at home, at work – in all pursuits. The nuns and our teachers encouraged us to break the mould."

Past Pupil, Jane Hill (Class of 1981) has certainly done that. She has amassed over 15 years' experience in not for profit leadership, currently serving as the CEO of Ovarian Cancer Australia and as a non-Executive Director of the World Ovarian Cancer Coalition.

Driven by her mum's diagnosis and subsequent death from gastric cancer, Jane has been motivated to work within the not-for-profit sector, primarily within the area of cancer to do all she can to make a difference for those impacted by this disease. Jane's aim is to "stand up for women who are diagnosed today and tomorrow."

This spirit of justice is something that is very apparent within Jane when speaking with her from the outset. A grit and determination, despite the obstacles that are presented in the area of ovarian cancer, is evident from the way she speaks about the work of Ovarian Cancer Australia and the challenging goals she sets herself and the organisation she leads.

The national organisation takes action for Australians affected by the deadliest women's cancer by supporting those affected by the disease and their family and working actively to improve the quality of life and survival for those with an ovarian cancer diagnosis, through research and awareness. "Women diagnosed with ovarian cancer deserve better than what they get now," Jane said.

To ensure that they do, Jane has set what many would think is an ambitious goal, to increase survival rate of ovarian cancer by 25% by the year 2025. Currently the five-year survival rate for Ovarian Cancer in Australia is only 44%, far lower than breast cancer which sits at over 90% survival after

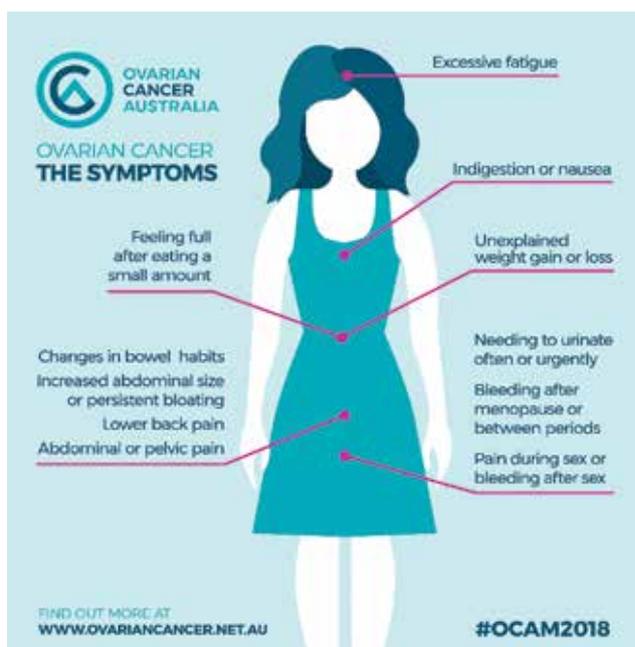
five years. Jane is determined to change the ovarian cancer story, like those who have changed the story of breast cancer. Jane's tenacious and driven spirit serves her well to achieve this goal.

This spirit is something that Jane attributes to her time at Loreto (1976-1981) as a boarder at Mary's Mount. "My mum [also a Loreto Girl] was a strong advocate of Loreto education," Jane said; making Loreto the only option for her and her sister who attended Loreto Mandeville Hall. "Mum was impressed that a number of Loreto nuns themselves had attended University which I understand was not common at the time". It was this value of education which was in abundance, the "intelligible aim of Mother Gonzaga Barry", that encouraged Jane and many other women, then and now to "study hard and contemplate going to university"; ultimately to aim for their best in whatever area they chose.

"The Loreto education gave me the foundations of not what to think but how to think". Jane believes this skill assisted whilst studying Arts/Law and subsequently an MBA at university and for the leadership roles she has undertaken since. This has underpinned Jane's outlook and quite evidently her success within her leadership positions. Not only does Jane serve as CEO of Ovarian Cancer Australia and non executive Director of the World Ovarian Cancer Coalition but she is also a Director of Australian think-tank the Cancer

Drugs Alliance and also as an honorary independent director of a prominent charitable foundation. This breadth of involvement provides Jane with a broader remit to help to improve survival rates of ovarian cancer and the quality of life of those who are living with it.

Despite Jane's success and schedule she is gracious and humble. "I am honoured to have this role and to work with women. Women have so much potential." This potential is what Jane passionately wants to have fulfilled, by allowing women the best quality of life and the best outcome with an ovarian cancer diagnosis, for at risk women to be empowered with the information and decisions to potentially prevent a diagnosis, to raise awareness and bring to the forefront of national attention and in a more general sense, to also encourage women to take on leadership roles.



Jane speaks to women with ovarian cancer on a daily basis. She uses this to 'fuel' her work and she says it makes her "personally

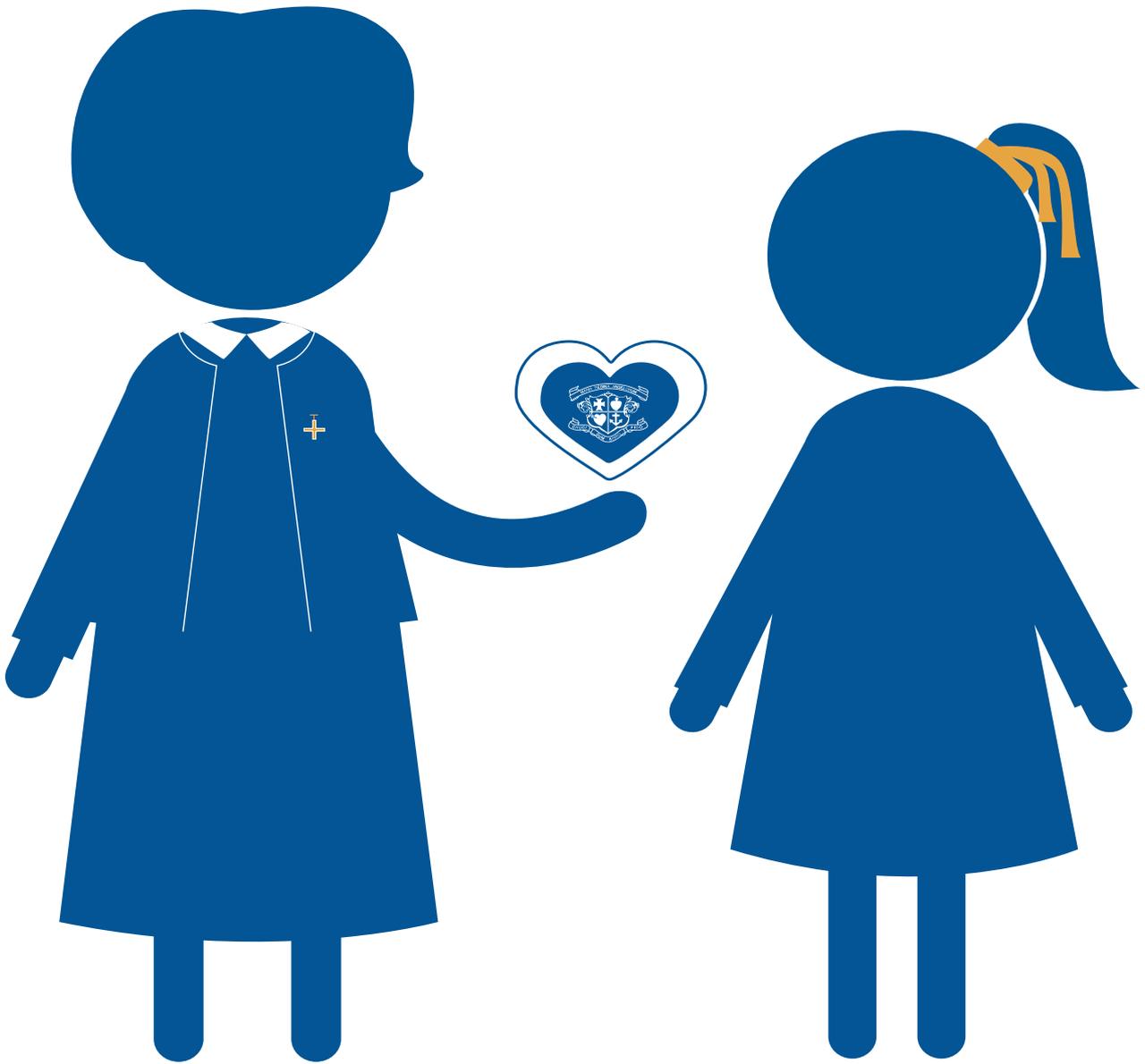
the Loreto spirit promoted feminist undertones... a sense that women should stand up to fulfil their potential..."

committed to making a game changer for ovarian cancer". These women have taught Jane to learn from the past but to live in the now, to "seize the day and make the most of what you've got"; such an admirably positive outlook for someone who is often involved in such heart wrenching work.

"The genesis of my mantras: big thinking including curiosity and critical thought, generosity of spirit and seizing the day. This to me was Loreto." This is the attitude that Jane embodies as she leads the way in the fight against Ovarian Cancer.

For information on Jane's work or on Ovarian Cancer visit: www.ovariancancer.net.au

What's New



#loretospirit

The Inimitable Loreto Spirit

Last year, we launched #loretogirlemPOWERED to explore and celebrate the unique identity of Loreto College Ballarat. In 2018 we continue this campaign by delving further into the authentic heart of Loreto College, into the inimitable #loretospirit.

In the spirit of Mary Ward, who encouraged us to “be such as we appear and appear such as we are”, Loreto girls past and present are nurtured by the enduring Loreto Mission, Values and our very own, ‘Loreto Spirit’.

To this day, the Loreto Mission and Values - Felicity, Sincerity, Verity, Justice, Freedom, remain the pillars at the heart of a Loreto education; much more than just words, it is how the girls engage with these values and bring them to life that nurtures the ‘Loreto Spirit’. When we

asked current and past pupils and staff what the ‘Loreto Spirit’ means to them, the overwhelming responses were... family, community, everyone involved, sense of belonging, accepting everyone for who they are, participating, sisterhood, inclusive, encouraging, empowering, together as one, a shared journey, lasting friendships, everyone having a go and supporting each other.

Important in this day and age, the ‘Loreto Spirit’ underpins a Loreto education, contributing to the development of real character, understanding of and confidence in self, knowledge and the work skills that are required for the emerging careers of the future. The evolving global work landscape requires a diversity of skills, including interpersonal, communication, collaboration, creativity, digital, systems and design thinking

and problem-solving. The formal Loreto academic program in alignment with living and sharing the ‘Loreto Spirit’ and practising these skills, has never been more relevant and valued than it is today.

The #loretospirit campaign for 2018 features on a range of communication platforms to encourage current, future and past pupils to connect or re-connect with the ‘Loreto Spirit’, to share your stories and ensure that a Loreto education continues for many years to come. Contact the Loreto College Marketing and Development Office if you have a story that you would like to share and follow us...#loretospirit #loretogirlemPOWERED

Loreto Spirit Animation Series

The Loreto Spirit Animation Series was developed as a part of our 2018 #loretospirit Marketing Campaign, aiming to capture a broader range of the Loreto Community by creating a message that is unique, engaging and on-trend. The animations are a key component of the connected Annual Giving Campaign and in different script variations, celebrate the inimitable ‘Loreto Spirit’.

The creation of the key elements of the animation, our animated Loreto characters - the Loreto Sisters, Loreto Girl and Loreto Past Pupil was a well researched and considered process. The characters effectively represent all past and present Loreto Sisters, Loreto Girls and Past Pupils by utilising key Loreto features such as the Loreto Blue and Gold, Loreto Crest and the Loreto Ring. The art of animation

movement was then added, bringing our Loreto characters to life.

Our design inspiration came from the ‘Girl Effect’ animation – a simple, non detailed style of animation. This combined with the use of on screen text and music work together to tell the message.

Video Interview with Michelle McIntosh

Pharmaceutical Scientist, Professor Michelle McIntosh (Class of 1991) was our guest speaker for the 2018 International Women’s Day Breakfast. After sharing some of her incredible work with guests

at the event, she sat down for a video interview in the stunning Loreto College front gardens; to chat to us about her work, her Loreto experience and other insights into her pathway since leaving

school. The video will be featured on the Loreto College website and within the Loreto Voices section.

Left: A Loreto Sister and Loreto Girl character still from the Annual Giving and ‘Loreto Spirit’ animations. You can view these via the Loreto College website.



Loreto Girls Lead in Social

Using 2017 as a snapshot, we see the

Walkathon

The Walkathon is an annual fundraising event where students are issued with sponsorship cards to raise money. The themed event demonstrates the Loreto Spirit with students dressing up in creative costumes for the day.

Money raised is typically over the \$20,000 mark. Majority of the funds are donated to Mary Ward International to be used at Loreto schools in less-fortunate parts of the world.

GB Day

(Gonzaga Barry Day)

GB Day is used to support the Winter Relief Appeal in the local region. Money raised from the stalls, usually around \$5000, is donated to Anglicare and St Vincent de Paul Society (Vinnies). The main fundraising on the day, however, is our food and clothing collection. With the significant amount of donations from our Loreto community, Vinnies require a truck each year to fit all the donations!

Justice Meal

Last year JPIC organised a 'Justice Meal' where students were asked to leave their lunch at home for the day and to partake in a rice meal. This took place in the GBC.

A few students were allocated a much better meal than the majority to mirror the imbalance in the world between richer and poorer communities.

A bell tolled every five minutes to signify the deaths of a child due to malnutrition.

Soup Bus Blankets

In 2017 the VCAL group formed a partnership with Craig Schepsis from the Soup Bus. The girls prepared food packs, sanitary packs and made blankets from polyester that they passed on to Craig. Craig spent a couple of hours with the girls explaining how the products would be used to assist those in need in our community.



Loreto girls showing their 'On the Shelf' Walkathon spirit



Justice meal – a great success



Great team spirit – cooking up a storm for GB Day

Justice

incredible efforts of our Loreto Girls

The Big Chop

This is just one example of a series of fundraisers conducted by the students to support cancer research. Two students had their pigtails 'sacrificed' for donations.

The annual netball match against St Patrick's, and the Breast Cancer football match against College, are similar initiatives in the fight against cancer.



Year 10 Community Service Week

The Year 10 students take the last three days of Term 3 to engage in a range of community-based activities. These include the sourcing and preparation of lunch, stationary and sanitary packs that are passed on to Berry Street, Vinnies and Anglicare. In 2017 the program also included tree planting.

Assist a Sister Hamper

Each year some of the Loreto fundraising is set aside to help prepare Christmas Hampers for families at the school that have experienced personal trauma during the year.

These are personally presented.

Vinnies Christmas Hampers

Each November, Vinnies nominates around 30 local families who are experiencing hardship. The mentor groups prepare a hamper for each family. The hampers are usually a wonderful collection of toys and food, a wonderful gesture that brings a little Christmas spirit to those most in need.



Tree planting a great thing to do!



The spirit of giving



A cut above the rest in support for a worthy cause



The Christmas spirit at Loreto



Macaylah: A Proud Wadawurrung Woman

Words by Mrs Shona Hendley & Macaylah Johnson (Year 11)

“

...she shut herself off from her culture”.

Sometimes the spirit of justice is born within someone, it runs inside their veins, inside their being and shapes who they are as a person. It doesn't always appear in an obvious way, it can emerge gradually, or show through in glimpses, until one day the strength of this spirit is so bright you can't help but see it. When Macaylah Johnson (Year 11) stood up in front of a crowd of nearly 200 people at the 2018 Loreto International Women's Day Breakfast to perform the 'Welcome to Country', she delivered alongside this, a speech that captivated everyone within the room. Macaylah shared the story of her Great Grandmother, a Wadawurrung Woman; a brave, strong, determined and loving woman and mother, who protected her ten children from being taken away from her due to the Australian government's policy of forcibly removing Indigenous children from their families, known now as the Stolen Generation (an occurrence that was legally and regularly taking place throughout Australia between 1910 – 1970).

To do this, Macaylah's Great Grandmother hid an important part of her identity, her Indigenous Australian culture. Until her

children were of age, she denied her sense of belonging to her Indigenous heritage and instead raised her children as white Australians in order to protect them and to keep them together. To keep them united as a family "she shut herself off from her culture", Macaylah said. This was encouraged by assimilation policies at the time, where white culture was seen as supreme and traditional elements of their Indigenous culture were rejected and forbidden, including their traditional languages. Although this was a terrifying and challenging endeavour, it worked. Together, they remained a family and managed to avoid the injustice that so many others unfortunately did not.

Her proud Indigenous heritage was then passed on. Her Grandfather and his siblings were critical in 'bringing the culture back' within their family; for generations since, the pride and significance of their heritage have been one of the greatest formative factors within Macaylah's family. Many family members work within the Indigenous community - her grandfather is an Indigenous artist and assists with preserving Aboriginal artefacts throughout

Left: Macaylah Johnson in Loreto College's Indigenous Garden
Photo courtesy of The Courier



Victoria, including sacred sights and scarred trees which are of great importance to the Indigenous community and Macaylah's mother is a leader within Indigenous health throughout Victoria. Her family unite for traditional Indigenous dances where the importance of family and their ancestors is literally painted onto their faces. "We wear our history on our face, it tells our story", Macaylah describes. This overt display of pride and the ability to be able to share the history of their family and identity, after years of having to hide it away, is undoubtedly joyous and liberating.

Macaylah says her personal connection with her Indigenous culture is incredibly important for herself and her own identity and sense of belonging. It is something she urges other young Aboriginal people to embrace in order 'to break stereotypes' and to move forward. The Indigenous culture is an asset and something to share and make our wider community stronger, it is something to be very proud of, there just needs to be more understanding and openness she explained. "Having [these] strong ties to your community [also] makes you more psychologically strong, as it is about understanding your heritage".

Although only 16 years old, when discussing Indigenous welfare and issues, Mikayla exudes experience and understanding beyond her years. Her maturity, openness and personal connection with her Indigenous culture make this young woman a superb role model for young Indigenous people and offers great insight into the significant issue of Indigenous welfare that is still such a major concern for our nation today.

The main issues that face young Indigenous people locally include "fitting in and not having a sense of belonging", Macaylah said. This idea of feeling insecure or unsure and being 'left behind' is a struggle that many face daily. "We want to close the gap. We don't want segregation between different communities of people, we want to live as one nation together."

Like the majority of our great thinkers and spokespeople for social justice, behind it, in part, comes a great education. Macaylah attributes Loreto College for helping her 'find her voice'. From being too shy to speak in front of anyone when she started in Year 7, to standing up publically and in confidence (in front of up to fifteen thousand people at a recent event) to deliver the personal and emotional family story of her grandmother, the evolution of her as a person, student and spokesperson is astounding. The support of the school and their inclusion of herself and the other Indigenous student's and encouragement to share their voice have enabled them to flourish. "We are like a little family" she said, "we are all really close".

The optimism, strength and commitment Macaylah embodies in working towards solving the injustices of the issues that face the Indigenous community by sharing the inspirational story of her Great Grandmother, and her pride and openness in sharing her Indigenous heritage, make her an incredible force to help change the injustices that many Indigenous Australians still face today.

“

...we wear our history on our face, it tells our story”.



Justice at Heart

Loreto Archives

Words by Ms Robin Scott



The Painted Life of Mary Ward, plate 25 'The Just Soul'
© Congregatio Jesu Mitteleuropäische Provinz, München,
Foto: Studio Tanner, Nesselwang



Loreto Free Kindergarten, founded in 1912, provided pre-school education, healthy meals and health checks.

"I find myself often meditating the meaning of the word JUSTICE; I remember those just people of history, and just deeds done in innocence, and I pray that for our part we are what we appear to be, and appear to be what we are. I feel a great sympathy with these ideas." (To Father Roger Lee SJ, 1 Nov. 1615, Saint Omer)

Writing to her confessor, Father Roger Lees, Mary Ward pondered the meaning of the word 'justice'. She was 30 years old and her Institute was on the eve of expansion. She was grappling with the preparation of what we would probably call today, her mission statement.

In 1615, Mary Ward had received a key spiritual insight, which came to be called the 'Vision of the Just Soul'. This revelation launched one of the core values of Mary Ward women and Loreto schools, calling for active service to God through works

of social justice. Mary Ward wanted people to be 'Just Souls', from whom a belief in justice would flow into their life work and care for others.

Mary Ward knew about injustice. She had grown up witnessing and experiencing great injustices done to her family and friends through the Penal Laws of the time, which for Catholic families meant taxes, house searches, arrests and imprisonment. Her grandmother, with whom she lived for part of her childhood, had been imprisoned for fourteen years for her practice and support of the Catholic faith. Mary Ward was also to experience injustice at the hands of the Catholic Church, which refused to acknowledge an order of women, unenclosed by convent walls and led by women. The Church outlawed her Institute and imprisoned Mary Ward as a heretic in 1631.

Perhaps because of these personal experiences, she had a determination to ensure her mission included works of justice. She instructed her supporters to "be seekers of truth and doers of justice".

Australia's Loreto founder, Mother Gonzaga Barry, was inspired by the story of Mary Ward. She also had been witness to extreme injustice. Between 1845 and 1849 it is estimated that one million people died during the Great Famine in Ireland. In one of her "Letters to Her Children" printed in the school magazine she tells of an encounter in an Irish parish church with a little girl who was starving due to the potato famine. She came across eight year-old Nano lightly clad and barefoot in the freezing cold, curled up in the corner of the church. Nano and her family had moved down from the mountains when the potato crop failed and they had nothing left to eat. Subsequently both parents had

66

Perhaps because of these personal experiences, she had a determination to ensure her mission included works of justice.

died of 'famine fever' as had most of the children, except Nano and her sister, Onny, who was also sick. Nano had come in to the church to pray for her sister, the only family she had left.

Mother Gonzaga gave the child some money. "A few pence to buy something for the sick girl seemed a rich treasure to Nano – and as she could not express her gratitude in English, she poured forth a volley of Irish blessings that were far more valuable than the few poor pence that procured them." Mother Gonzaga looked after the child and arranged for her care when she left.

This experience, just before her entering to become a Loreto Sister, must have been formative in her resolve to assist the poor. In the same letter she instructs her students to help the poor in Australia, "Now, if all our girls would

'lend a hand' and do a little to strengthen the hands of those who are trying to do all they can for the unfortunate little children, we would see wonderful results."

Mother Gonzaga's main mission was the education of girls and young women but always there was the underlying concern

for social justice. Each Loreto foundation had an associated parish primary school.

In Ballarat, Loreto ran St. Joseph's Primary School from the 1876 until 1982 and St. Aloysius Redan from 1882 until 1998. Mother Gonzaga also ensured that her Loreto past pupils retained an active life of seeking and working for justice. Just two of her initiatives were the foundation of The Ladies of Charity in Ballarat and the establishment of Loreto's Free Kindergarten in South Melbourne.

Following their founder's lead, the Loreto Sisters, their sister organisation, the Congregation of Jesus, colleagues and associated schools, are committed to social justice and collaborate in community development work, advocacy and assistance to refugees, asylum seekers, indigenous communities, people in prison

and others struggling with issues such as homelessness, family dysfunction, ill health and grief issues.

Here is my story of Nano (Annie is often translated into Nano in the South of Ireland). Well, many years ago, far back in the 'fifties,' and just before I went to Loretto to begin my novitiate, I was for some months at a small provincial town in the South of Ireland—"in deep vallied Desmond." It was winter, or early spring; frost on the ground, snow on the mountains, a sharp cutting wind blowing. I thought, perhaps, I was quite heroic to venture out to early Mass, warmly wrapped as I was, with my hands in a muff, and furs doing their best to keep out the cold east winds. I reached the little chapel, and took my usual place near our Blessed Lady's Altar. Just before Mass began I noticed in the rather dark corner near me a something that looked like a small bundle of rags; it swayed itself to and fro as the Southern sometimes do whilst praying. I saw two little hands hold out a rosary beads, and having good hearing then, I heard a low sob now and again, but the Priest came out of the sacristy, Mass began, and I tried to forget the little bundle in the corner. As soon as Mass was over I went to the corner where now I saw a child kneeling, her little white face uplifted, gazing at the crucifix, her lips quivering with the earnestness of her prayer, tears coursing each other down her cheeks. Touching her on the shoulder, I made a sign I wished her to come out of the chapel; she looked surprised but followed me; when we got outside this was what I saw:—A little creature whose only covering was one short petticoat and an old grey shawl rolled round her, her small brown feet bare on the frosty ground; no hat, or bonnet, but the shawl drawn over the curly head, the white face pinched and drawn. Alas, I knew the "hungry look" so well; the beautiful brown eyes were too large for the little face; they looked wonderingly at me, with a world of sorrow in them, as I asked her name and age and why she was crying so bitterly. Her name was Nano, she was eight years old, had lived all her life up in the mountains yonder—her baby life seemed so long to the poor child. The potato crop failed, and they were all hungry and had nothing to eat;

Your Affectionate Old Mother in Jesus and Mary,
Loretto Convent, Portland, MARY J. GONZAGA, I.R.V.M.
November, 1889.

Extract from
'A Mother's Letter to her Children'

'Eucalyptus Blossoms'
June and Dec. 1889.

Works by Loreto Students

Justice

Below are Loreto College student works relating to issues and themes linking to the Loreto value of Justice. The works are representative of student's creative and artistic interpretations of this theme. Both pieces were showcased at the 2018 NextGen Exhibition at the Art Gallery of Ballarat.

Waiting for change

by Jemima Vivian- Fagan (Class of 2017)



“

I have explored the impact that humans have on the environment through global warming and climate change. I have been heavily influenced by the controversial artist, Isaac Cordal, and his artworks which show the ignorance of society to global warming and rising sea levels. I hope to convey through my artworks the effect that every individual has on the natural world. ”

Untitled

by Maddison Venner (Class of 2017)



Brilliance

by Kacy Wong, Year 8

Brilliance in me is like a person who can do magic
And I can do many things even though I have a mental disability
Because that's what makes me who I am
I am an owl watching over the whole night in pure pitch
black darkness
I am red blood hidden in the hazel brown of my iris
Because I can be an outsider, but I'm unique
And I enjoy being the one and only me in this world
My brilliance is so bright and strong that it makes the whole
world listen and smile with joy
Brilliance in me is like a person who can do magic and I can do
many things even though I have
A mental disability because what makes me who I am.

“

My artwork focuses on identity. An aspect I have chosen to explore is mental illness disorders, and how the wide range and different forms of these disorders can in ways consume all aspects of an individual's life and shape a new uncomfortable identity. I have used photography and lino printing to convey my ideas and conceptions of how medication can act as a mask to hide mental illnesses. By completing these pieces of work, my aim is to break down the taboo and negative stigma surrounding mental illness. ”

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bleeding love
TABOOAU.CO

A Doer of Justice

Words by Mr Peter Foord & Tessa Canny (Year 11)

Tessa Canny is currently a Year 11 student here at Loreto College Ballarat. In recent years she has become a passionate advocate for two companies, Thankyou and Taboo. Each of these companies was kickstarted via crowdfunding and their business models and aims are similarly targeted to improving justice outcomes for people in developing countries.

Thankyou sells water, food, body care and baby products. One hundred percent of the profits are then directed to projects that help get safe water, toilets, hygiene training, safe births and healthcare to empower people in need. Taboo, still in the early stages of its development, aims to produce and sell sanitary products in Australia and then use the profits to provide sustainable sanitary care to women around the world who do not have access to such care.

Tessa became familiar with the work of Thankyou back in 2016 when she was doing a project for the Social Justice Unit in Religious Education. Other girls in the school had run a campaign promoting the work of Thankyou and managed to get hand sanitisers into all the classrooms of the College. As part of her Social Justice Unit project, Tessa organised to sell Thankyou water through the Red Lion Hotel in Ballarat, owned and managed by her Dad. In 2017, Tessa completed three days of Work Experience with the Thankyou team in Melbourne.

Through an article on the Thankyou social media site by one of the co-founders, Justine Flynn, Tessa read about the new company, Taboo. After exploring Taboo's

website, Tessa purchased a T-Shirt to support their work. Shortly after this she noticed they were looking for ambassadors. Tessa undertook background research on the company and what piqued her interest was that it was being set up by two young women, Eloise Hall and Isobel Marshall, who had recently finished Year 12 in Adelaide.

Tessa decided she would help their kick-starter strategy by selling T-Shirts. While in our Year 10 Religious Education class one day Tessa asked for permission to talk to the class about Taboo and its aims and strategy. Tessa, with quiet passion and eloquence, enthused many of the girls in the class to come on board with her. They created a plan and advertising to sell one hundred T-Shirts to girls and staff at Loreto with the aim of contributing \$3000 to Taboo's crowdfunding campaign. Over the course of several weeks, they took orders for the T-Shirts and promoted the work through advertising. Led by Tessa, the girls creatively presented the current and future work of Taboo to the whole of Year 10. Their presentation was enthusiastically received which led to significant support for the T-Shirt campaign. At the end of the process, they had raised \$2600 which was sent off to the women leading the company, contributing to the \$48000 required to successfully kickstart the production of the sanitary items. During this process, Tessa was further inspired when she met Eloise and Izzy in Melbourne, hearing more about their work.

"I think the thing that I found most inspiring about talking to the girls was the way in



which they speak so simply of using the fortunate position that we are in to make a difference. They are just two girls from Adelaide that found an injustice and acted on it, and I think that's a really important thing to remember...when we're talking about empowering women in need, because the reality is if we were born in a country like Sierra Leone, we would be facing these very real issues every day," Tessa said.

To raise further money for Taboo's crowdfunding campaign, Tessa worked with her parents, brother and a friend to sell raffle tickets for donated prizes she sourced from around Ballarat. These were raffled through the Red Lion Hotel and along with

a \$2/pot donation she raised another \$1000 to donate. As a taboo ambassador, it is Tessa's hope to continue to be involved in their work, perhaps helping to launch the product when it becomes available.

Tessa's work to promote Thankyou products continues though and working closely with her Dad and the local Hotels Association, she has managed to get several hotels around Ballarat to stock and sell Thankyou water. She is also hoping to get our College Canteen to restock Thankyou water and sees this as a very appropriate action in the Year of Justice.

Inspired by two young women from an all-girls school in Adelaide just a couple of years older than herself, Tessa has in turn been inspired to help others less fortunate than herself. In turn, she has inspired others. While desiring to spend more time working with Thankyou, Tessa's hope is to one-day work in area associated with the United Nations, possibly in International Humanitarian Law.

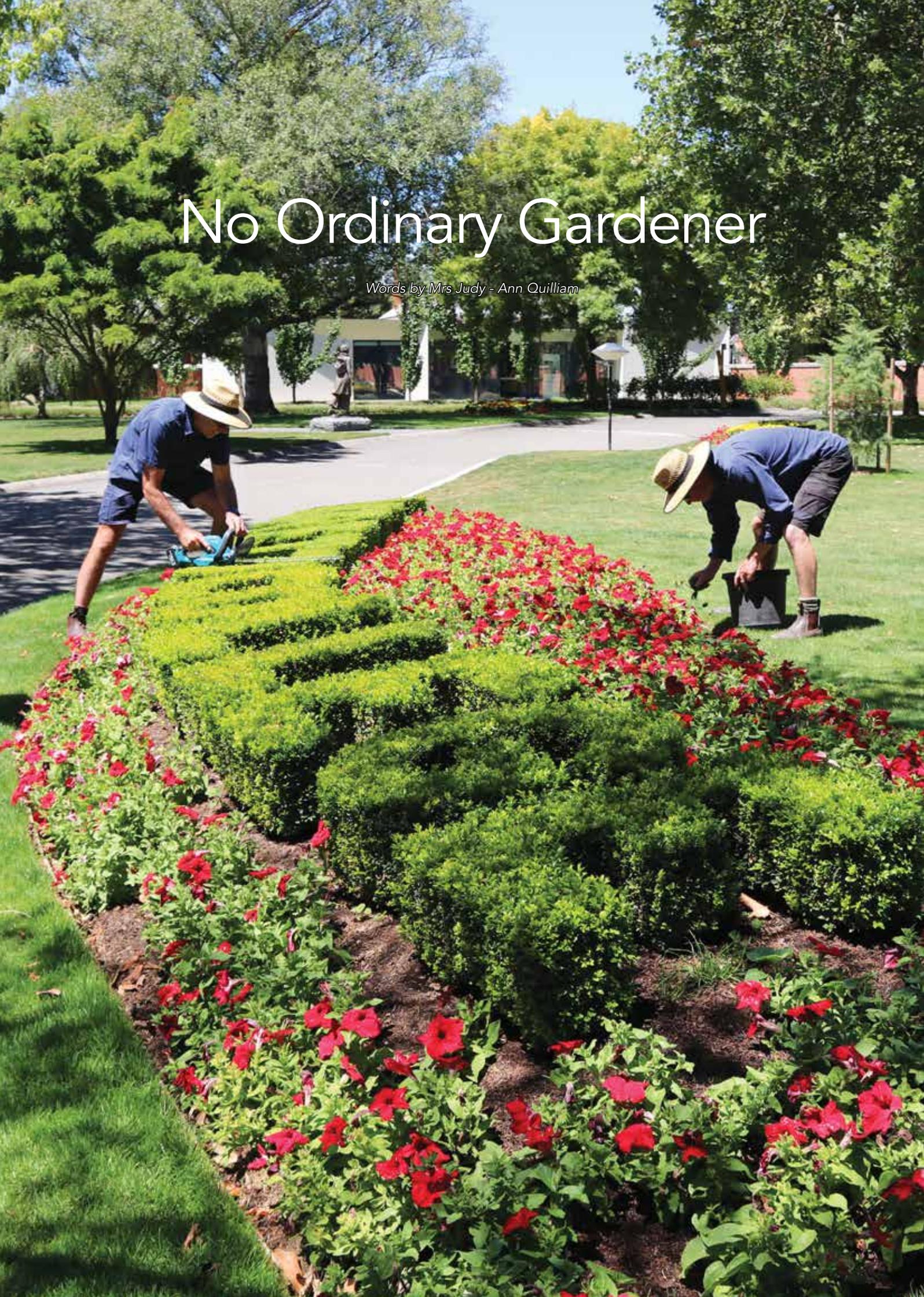
I have been nothing but impressed and inspired by Tessa's quiet determination, drive, and her desire to work with others on a common project to make the lives of others better. Tessa is a wonderful example of a Mary Ward girl who is a seeker of truth and a doer of justice!

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for the love of shoes

No Ordinary Gardener

Words by Mrs Judy - Ann Quilliam





Morning tea in the staff room with our 'rockstar' gardening and maintenance duo, Mr Dennis Boyle and Mr Andy Marshall, to chat about Dennis' 30 years at Loreto, was always going to be an entertaining and enlightening experience; particularly with cameo appearances of staff, who were all keen to add to the story.

Sr Bernadette Zeising demonstrated her witty and great judgement of character when she employed Dennis Boyle for his first job at Loreto. After a short chat, Sr Bernadette's declared that Dennis 'had a great smile and could start the next day'; initiating a short-term job that turned into a thirty year (and counting) career at Loreto College.

Dennis's first job was cleaning the front yard and tidying up before all the students and staff arrived.

"It wasn't that much different to what we still do now! I used to ride my bike between Dawson St and Marys Mount with my tool kit strapped on" said Dennis.

Moving from the family farm at Boort to Ballarat, Dennis brought good old fashioned farming skills to his work at Loreto and to this day, can still turn his hand to anything. After about seven years on the job, Dennis was granted RPL (Recognition of Prior Learning) in Horticulture and later completed a course in Horticulture Plant Identification by correspondence. Historically, they used these skills to propagate all of the seeds for the garden, however, time is of the essence now, so they buy plant plugs and it now takes about 12 weeks to plan, order and plant a garden bed.

“

In the past there would always be one or two nuns just walking around and admiring the gardens, Sr Presentation, Sr Elizabeth or Sr Veronica.”

Dennis's diverse role at the College still includes anything from designing garden beds, building maintenance, hanging pictures and putting furniture together, to the odd cameo video role. However, the Mary's Mount Centre landscaping, including the indigenous garden and front rosary walk remains his largest project.

Of the many changes Dennis has seen over thirty years at Loreto, he reflects thoughtfully that he no longer see the nuns walking around the gardens.

"In the past there would always be one or two nuns just walking around and admiring the gardens, Sr Presentation, Sr Elizabeth or Sr Veronica" reflected Dennis quietly, *"they are not here now."*

He has also experienced great change in Occupational Health & Safety (OHS) requirements. Dennis recalls OHS changing lots of things over time for greater good, however, whilst he has never smoked, he does remember many staff happily smoking on site and in offices, which clearly does not happen anymore.

Dennis's favourite part of the Loreto Gardens is the annual garden beds, to which Andy is quick to add;

"There is an exact science to this! We stand and look at it! Then when the plants come in, he (Dennis) is always worried we haven't ordered enough! We can't have the same colour, and we try to vary the heights. We plan it out then just give it go!"

This exact natural science must be okay because there is no doubt that the annual garden beds never fail to impress, and are

admired daily by students, staff and visitors alike. The backdrop of many school, student and wedding photographs, these are no ordinary garden beds, just as Dennis is no ordinary man!

When asked about his infamous fitness routine, Andy can't resist inclusion; there's a long running joke and this somehow involves Mr Nan (Nankervis).

"He's a just an every day runner! He runs every day!" laughs Andy.

Dennis has always maintained a high level of fitness. As a kid from the country, oblivious to competitive level racing, he ran in the Victorian Country Championships and has on record, beaten Ballarat's famed marathon runner, Steve Moneghetti!

By this time, Mr Pat O'Shea had wandered into the staff room and in true form, chimed in with some illustrious facts!

- Dennis ran in the Ultra Ballarat Marathon - a 21km run, 80km bike ride and a 30km paddle.
- Dennis was a member of the famed Loreto Ekiden Relay team
- To this day, Dennis Boyle holds the unbeaten record for the Ballarat Courier Classic - 16km in 51 minutes.

Dennis agrees that it is fair to say that maintaining health and fitness has been a key to sustaining 30 years at Loreto College. Whilst he does not run as much anymore, he still lifts weights and can be seen paddling six days a week on the Lake Wendouree before work!

Loreto is so much more than just a job to Dennis Boyle, the respect from other staff and students overflows on countless occasions. Dennis and Andy's cameo roles in the Senate videos have become legendary. Few could forget the 2016 Senate version of 'Should have gone to Dennis and Andy!'

By this time, Mrs Claire Canavan had entered the staff room and couldn't resist contributing.

"Did you hear the rock star applause you got at the Head of the Lake ceremony on the weekend? Forget about anyone else! When Judith (Ms Potter) thanked all the important people they received a polite applause, but when she thanked Dennis and Andy the whole place erupted!"

"All the other schools would have been thinking... who are these guys?" laughed Claire.

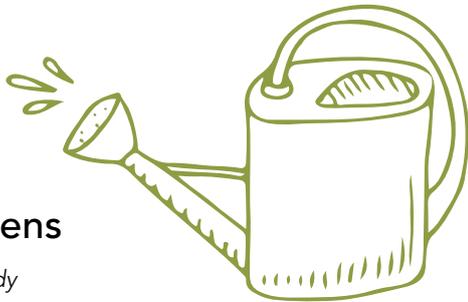
Reaching the end of time for morning tea, Dennis remains humble and now somewhat embarrassed, however with that 'great smile,' he says...

"You know... when you hear people say they wake up and they don't want to go to work...I can honestly say that I never had one of those days! I love being here (at Loreto)...if I didn't I wouldn't be here...not for 30 years!"

In 2017 Loreto College also celebrated and congratulated other staff members in their dedicated years of service, including:

- Peter Foord - 35 Years
- Graham Thurgood - 30 Years
- Julie Pollock - 30 Years

Expert Tips



Better Gardens

with Dennis and Andy

Garden Secrets Revealed

What is the secret(s) to keeping the gardens at Loreto looking so amazing?

You have got to have water! Access and plenty of water is a necessity.

Time! A good garden requires time. People now days don't always have time in their gardens at home. But we take the time here at Loreto to care for the gardens every day, every week and every season.

What is the secret to the lush green grass in the gardens at Loreto College?

Fertilise the grass regularly

Water the grass regularly

Mow the grass regularly on a longer blade setting

We don't like to use too many chemicals here in the school grounds

Spot spray where needed only

Keep the weeds out

Fun Facts from the Archives

With Robin Scott, Loreto Province Archivist

- Boarders used to brush their hair 100 each night times at 'hair drill'.
- Student retreats meant three days of silence.
- Mother Gonzaga Barry was deaf and used a hearing trumpet help her to hear.
- Two dogs, Muff and Darkie, were purchased as pets/ guard dogs for the new convent.
- Pieces of Irish turf were placed at the corners of the property to ward off snakes.

Tech Tips with Mick

Social justice and technology work hand in hand in the 21st Century.



News reports on social justice issues, awareness campaigns, and even national and global movements are now powered and distributed through social media platforms such as Facebook, Instagram and Twitter.

The 'Hashtag', a vehicle used to spread these messages, has come to symbolise a connection of beliefs and values in digital communities. Some recent, and widespread examples are: #metoo, #lovewins, and #neveragain, which was used to gain support for gun reform in the United States.

As an everyday social media user, what strategies can be used to better connect to these online campaigns, and stay informed?

- **DIVERSIFY:** Use a broad range of social media formats. Each works differently and allows you to participate in different way.
- **FOLLOW:** Use social media formats to follow news organisations, charities or opinion leaders (highly connected users who might share your values
- **EXPLORE:** When you see a hashtag, search it on social media platforms to see who is using it and what further information they can provide about the issue
- **TAKE ACTION:** While it is much easier to 'like' and 'share' social justice messages, think about the actions you take in your own part of the world to bring about positive change.

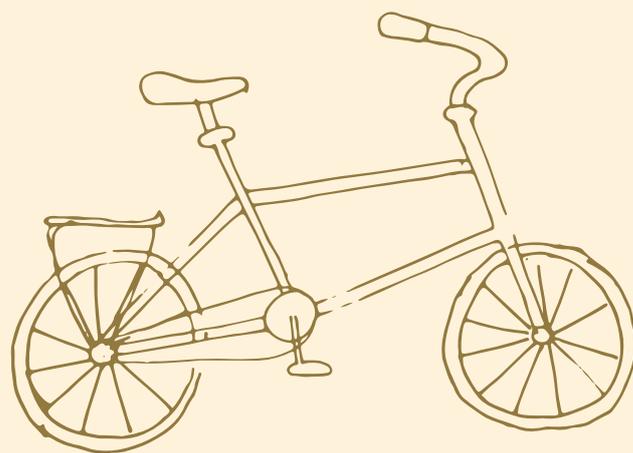
Carmel Parker's Health & Fitness Tips

The Act of Giving

The value of Justice is an essential part of the philosophy of Loreto. Our students have many opportunities to be involved in works of justice. Whether it be donations for Gonzaga Barry Day, raising funds for the Walkathon, purchasing a cupcake at a bake sale or buying raffle tickets for a worthwhile cause, barely a week goes by without an opportunity for our Loreto students to GIVE.

Many of us have heard the phrase 'It is in GIVING that you receive'. For most people GIVING provides a feeling of fulfilment and satisfaction. Such feelings are positive emotions which can enhance our mental health and hence our overall health and wellbeing.

There are many ways that we can GIVE each day. It does not always have to be about giving money, rather caregiving or



helping and supporting others. We could go out of our way to help a workmate, neighbour, relative or a friend in need. A friendly conversation or a warm greeting to someone downcast, cooking up an extra batch of something to share, helping an elderly neighbour or supporting fundraising efforts where you can. GIVING does not have to be a huge event, sometimes the smallest ways to help or assist are the best.

5 Minutes With....

Mr Peter Foord

Interview by Tessa Canny (Year 11)

Q: What do you love about Loreto College to make you stay for 35 years?

A: The people, both the teachers and the girls, it's a great community. It's very supportive, friendly, an authentic Catholic spirit. There's lots of opportunities to do different things and to grow as a teacher.

Q: Why did you decide to teach at Loreto?

A: Because I was offered a 12-month fill in position to cover maternity leave back in 1983 and they haven't told me to leave yet!

Q: What is your fondest memory so far?

A: I don't think there is any one favourite memory, but one of my most favourite times is when something innovative that I try comes off very well and there have been lots of those moments over the years. Running lots of retreat experiences has been a very fond memory of mine and I suppose probably in the last 13 or 14 years is Socrates Café which has been a key part in what I have done here in more recent years.



Q: What is your favourite event at Loreto that you look forward to each year?

A: I think probably something like the Graduation Dinner for the Year 12s that I look forward to each year. It's a really nice celebration of so many things, not just in the academic, but justice, friendships and all sorts of things.

Q: What subject do you enjoy teaching the most and why?

A: Probably VCE Unit 3/4 Religion and Society is one of my favourites to teach. I also love Year 9 Science, but I do love all of the subjects that I teach.

Q: How long do you plan on staying at Loreto?

A: Until I retire.

Q: If you weren't a teacher what would you be?

A: I trained to be a microbiologist but I'm not sure that it's what I would go into now, or I would be interested in teaching theology at a university. However, I actually couldn't think of anything better than teaching.



From Thea's Kitchen

Paella with Chorizo and Seafood

Ingredients

5Tbs olive oil
6 medium green prawns
120gms calamari
1 ½ onions
1 clove garlic
4 large Roma tomatoes
2 chicken thigh fillets
1 chorizo sausage
1 red capsicum
½ green capsicum
4 strands saffron
2tsp paprika
2 litre chicken stock
½ cup peas
500gm Calisparra or Arborio rice
150gm white fish
5 mussels
1 lemon
3Tbs Italian parsley including stems
Salt and pepper

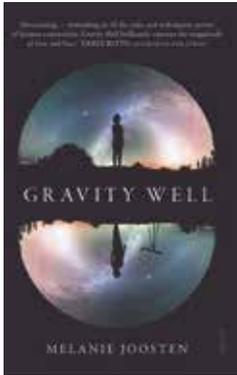
Method

1. Shell and devein the prawns, leaving tails intact. Clean the calamari and cut into rings.
2. Finely dice the onion and crush the garlic.
3. Deseed and dice the tomatoes to avoid a bitter taste in your paella.
4. Cut the chicken into 2.5 cm pieces.
5. Slice the chorizo into .5 cm pieces on an angle.
6. Cut the capsicum into quarters, deseed and cut into strips
7. Cut the fish into 3cm pieces and scrub the mussels thoroughly removing the beard. Place mussels in the fridge until ready to use.
8. Chop the parsley.
9. Heat a wok or paella pan. Add 1Tbl of oil to the wok or paella pan and season the prawns with salt, pepper and a little paprika. Cook the prawns quickly on high heat until they just change in colour. Transfer to a plate and cover with foil to keep warm.
10. Add a bit more oil and the calamari and cook quickly until it just changes in colour. Remove and add to a separate plate, again covering with foil.
11. Add more oil and cook the fish until the flesh is white. Remove and add to the calamari, then season.
12. Cook the chicken and chorizo sausage together taking care not to burn the pan. Place in a separate bowl.
13. Add 200mls of the chicken stock to deglaze the pan. Add the saffron and infuse, simmer for one minute. Pour the liquid into the remaining stock.
14. Add remaining oil to the same pan and cook the onion, garlic, capsicum and remaining paprika over a low heat until the onion and capsicum is soft and starts to caramelise.
15. Add the rice, diced tomato, cooked chicken and chorizo sausage. Stir to combine ingredients.
16. Add water and stock. Allow the mixture to come to the boil, then reduce to simmer. Season to taste. Stir the mixture occasionally to avoid it sticking to the bottom of the pan. You might consider transferring to a smaller burner on your cook top at this stage.
17. Once the liquid has been absorbed, after about 15 minutes, stop stirring to allow a slight crust to form on the bottom of the pan.
18. Stir in the calamari, fish and peas. Arrange the mussels and prawns neatly on the top of the paella making sure to poke them below the surface to allow them to cook. Minimise stirring of the paella but check that it does not burn.
19. Cook gently until the rice is tender-approximately 5 minutes or until the rice is plump and almost soft. Any remaining liquid be absorbed.
20. Remove from heat and cover with a tea towel to rest before serving.
21. Squeeze over the lemon juice and sprinkle with chopped parsley.



Book Talk

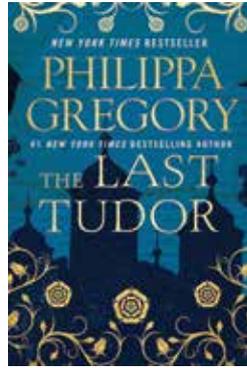
with Mrs Marcia Phillips



GRAVITY WELL:
Melanie Joosten

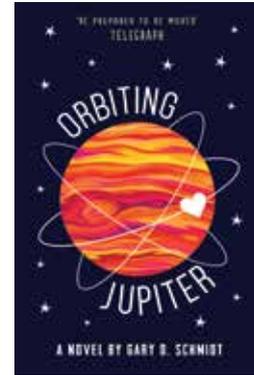
Past Pupil Melanie Joosten's (Class of 1999) second novel is a powerful and emotional story highlighting the power and fragility of relationships. Partly set in Ballarat, Joosten has created a compelling story of two university friends, Lotte and Eve, whose lives intersect in later years in a dramatic and painful manner.

Gravity Well provides the reader an insight into how precarious and complicated life can be. It also demonstrates how life can alter irrevocably in an instant. Joosten's command of language, her beautifully constructed characters, and moving narrative make this novel a must read.



THE LAST TUDOR:
Philippa Gregory

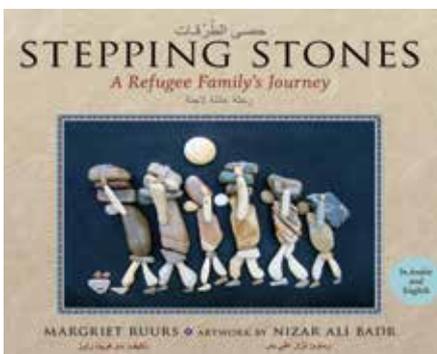
Author Philippa Gregory is a 'tour de force' in historical fiction bringing to life some of the lesser known stories of the British monarchy, especially the women. In her latest and last book on the Tudor dynasty, she delves into the lives of the Grey sisters, three women in line for the throne of England. This captivating story tells of Queen Elizabeth I's unjust treatment and bitter hatred for the three sisters and the lengths she went to, to eradicate her potential rivals. It is an immensely readable and engaging tale of treachery, betrayal, injustice and power.



ORBITING JUPITER:
Gary D Schmidt

Author Gary Schmidt manages to tell a very big story in only 183 pages, which is a significant achievement. In this novella we meet Joseph, a 13-year-old boy who has been placed into foster care after several incarcerations. His story is all the more powerful when we learn he has fathered a child. The yearning he has to meet his daughter and to be reunited with the baby's mother is touchingly and convincingly portrayed.

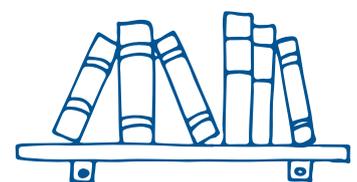
Orbiting Jupiter is both uplifting and heartbreaking and a wonderful example of how good Young Adult Literature can be.



STEPPING STONES: Margriet Ruurs and Nizar Ali Badr

Justice, hope and family are themes in this exquisite picture book which tells the story of a family fleeing war in their country and looking to resettle. Whilst this is not a new story, the method of telling it is quite special. The Syrian artist, Nizar Ali Badr, constructs his images entirely from stones and pebbles and his ability to impart emotion and add detail to the narrative is extraordinary.

It is a positive and life-affirming story written in both English and Arabic and together with the stone images, portrays an all too familiar story of war and conflict and the need for governments and people of the world to open their borders to accommodate refugees fleeing from persecution and danger.





Solving Injustices

An Interview with Michelle McIntosh (Class of 1991) - Words by Mrs Shona Hendley

“

Access to oxytocin for every woman at every birth could save at least 1.4million lives in the next decade. We are working to make this a reality.”

Associate Professor Michelle McIntosh (Class of 1991) discussed her career in the pharmaceutical science world, STEM and her current project- Inhaled Oxytocin Project, making birth safer for all mothers.

The list of Michelle McIntosh’s qualifications, accomplishments and success in the area of pharmaceutical science could fill the pages of Verity quite easily. Her dedication in the pursuit of using pharmaceutical science to improve the lives of others is something quite extraordinary and obviously a great passion for Michelle, saying herself “she could talk forever about her work”. The current objective of her research is to help provide access to an inhaled oxytocin product to women in countries and areas where injectable oxytocin is unavailable or unable to be administered.

“Access to oxytocin for every woman at every birth could save at least 1.4million lives in the next decade. We are working to make this a reality.” Monash University Institute of Pharmaceutical Sciences.

When Michelle presented at our 2018 International Women’s Day Breakfast and outlined some of the key statistics about mothers giving birth in the developing world, the majority of the audience were astounded at the severity of the issue.

- **Postpartum haemorrhage (PPH) is the**

largest single contributor to maternal death worldwide with 99% occurring in the developing world.

- The World Health Organisation recommends that oxytocin is given to all mothers giving birth to prevent PPH, however
- In developing countries less than half the women deliver in hospitals, and
- Many women do not have access to oxytocin in its current injectable formulation.

Listening to Michelle’s experiences whilst she was researching in some of the Developing countries, made the severity of child birth in these locations a lot more real. In a visit to the Mulago Hospital in Uganda, the world’s busiest maternity unit, where there are over 30,000 births per year, Michelle shared how she witnessed the problem first hand. She recounted her experience in a birthing room with a woman in active labour, screaming in distress, with no pain relief available. The Obstetrician quietly said to Michelle, “The baby is stuck, it has died but the mother doesn’t know yet. The mother will most likely die too.” As Michelle shared this experience, tears formed in her eyes, the impacts of injustice is sometimes a struggle; when returning home from these research trips Michelle often found



the need to re-group and reflect on her own life, the intensity could be quite overwhelming but also a motivating factor in her work.

Michelle's work is intriguing, innovative, inspirational and commendable. As a Loreto College Past Pupil (Class of 1991) it makes her achievements even more exciting as it is one of the Loreto Community's own leading the way in field that has the power to do be such a positive force for women around the world. Michelle attributes Loreto and its values, particularly of social justice in forming her motivation to

do work that does help others, something she said was always a motivating factor in what she chose to do as a profession.

With the area of STEM at the forefront of education and its rapidly in-demand skills and knowledge becoming so imperative for employment, learning and in every day life; having Michelle as such a passionate role model for Loreto Girls and others in the Loreto Community in this area is very exciting.

And it isn't just her academic and research achievements that make Michelle such an

incredible role model; her humble nature, casual and laid back "wing it" attitude, make her extremely personable and approachable. These characteristics undoubtedly offer anyone studying under her guidance or who have had the opportunity to hear Michelle speak extremely fortunate.

A video interview with Michelle McIntosh will be featured in the Loreto Voices section of the Loreto College website.

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Michelle and colleagues in Kampala, Uganda, January 2013



Michelle speaking at the Impact Conference



Michelle with Hilary Clinton 2011



Raising adolescents can be a particularly challenging task.

If you're struggling and not sure about what your adolescent needs from you why not seek help? Circle of Security® is an education program designed to enhance the secure attachment between a parent and child. Murray Bardwell is a licenced Circle of Security® Parenting™ Educator, counsellor and Credentialed Mental Health Nurse providing education and counselling to parents.

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www.spectrumah.com.au

SHARON BROWN/NIK

Academic Assembly



VCE & VET Highest Study Scores

- Accounting - Brooke Holloway - Sponsored by Loreto College
- Accounting - Ella McCahon - Sponsored by Loreto College
- Art - Eliza Callil - Sponsored by Loreto College
- Art - Lucy Olver - Sponsored by Loreto College
- Biology - Imogen Noone - Sponsored by University of Notre Dame
- Business Management - Ella Van der Voort - Sponsored by The Integra Group
- Chemistry - Madelyn Rothe - Sponsored by Melinda Unmack (Class of 1984)
- Chemistry - Matilda White - Sponsored by Melinda Unmack (Class of 1984)
- Dance - Lily O'Neil - Sponsored by Lou Lou's Florist
- English - Haidie Stewart - Sponsored by Anthea Stevens (Class of 2010)
- English - Isabelle Freeman - Sponsored by Jan Stephen (Class of 1965)
- English - Imogen Noone - Sponsored by Ballarat Books
- English Language - Emily Gaylor - Sponsored by Loreto College
- Equine Studies (VCE VET) - Georgie Simpson - Sponsored by Loreto College
- Food Studies - Grace Musgrove - Sponsored by Peter Ford Catering
- French - Taylor Smith - Sponsored by Liefstyle Travel
- Further Mathematics - Madelyn Rothe - Sponsored by Basilio Sour Dough
- Global Politics - Rachel Anderson - Sponsored by Loreto College
- Global Politics - Julia Richards - Sponsored by Loreto College
- Health & Human Development - Emily Gaylor - Sponsored by Peter Ford Catering
- History:Revolutions - Anna Tinney - Sponsored by The Sovereign Hill Museums Association



Dux Madelyn Rothe

Madelyn received the College Dux Award sponsored by the Loreto Past Pupils' Association

Academic Honours - ATAR above 90

All the following students recieved an award sponsored by Loreto College

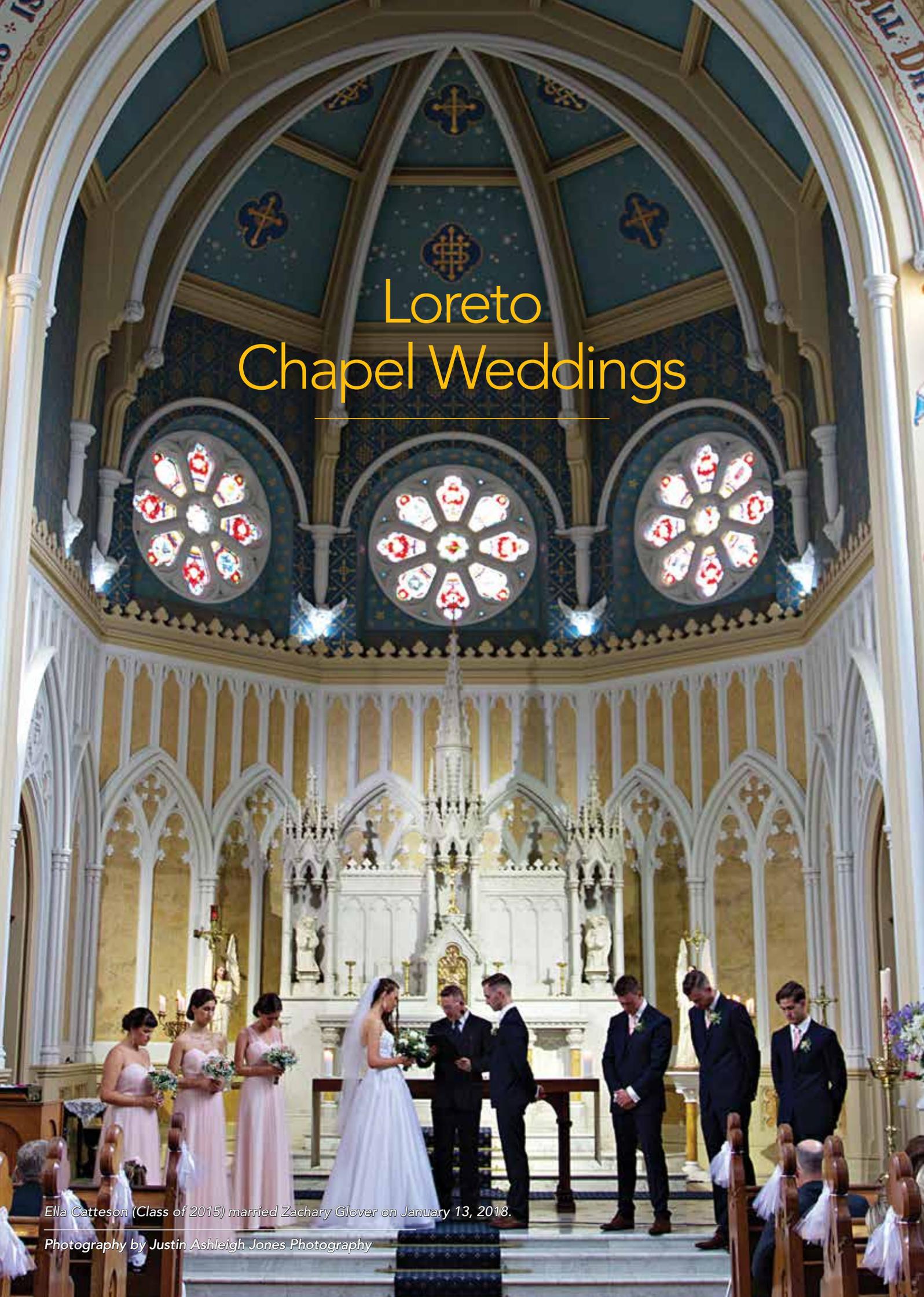
Madelyn Rothe
Anna Tinney
Taylor Smith
Remie McMaster
Julia Richards
Imogen Noone
Matilda White
Ruby Willis
Haidie Stewart
Leah Molik
Isabelle Freeman

“

Loreto is more than just a school; it is a second home which nurtures our individual qualities and teaches us to embrace our strengths.”

Dux 2017 Madelyn Rothe

- Japanese - Kaya Schwarz - Sponsored by Lifestyle Travel
- Legal Studies - Madelyn Rothe - Sponsored by BJT Legal
- Literature - Anna Tinney - Sponsored by Maria Myers AC (Class of 1964)
- Mathematical Methods - Madelyn Rothe - Sponsored by John Thomas Electrical
- Media - Bianca Laidlaw - Sponsored by MSP Photography
- Music Performance - Anna Tinney - Sponsored by Morton Dunn Architects
- Music Sound Production (VCE VET) - Abbey Steffen - Sponsored by Loreto College
- Physical Education - Isabelle Freeman - Sponsored by Bakers Delight (Eastwood St)
- Physical Education - Imogen Noone - Sponsored by Greta Stevens (Class of 2015)
- Physics - Emily Tabb - Sponsored by Avis Car Rental
- Product Design & Technology - Ellen Simpson - Sponsored by Crockers (Noone Imagewear)
- Psychology - Grace Boscher - Sponsored by Maria Myers AC (Class of 1964)
- Psychology - Isabelle Freeman - Sponsored by Catholic Development Fund
- Religion & Society - Remie McMaster - Sponsored by Maria Myers AC (Class of 1964)
- Sociology - Remie McMaster - Sponsored by Professor John McDonald - Federation University
- Specialist Mathematics - Matilda White - Sponsored by Carey Accounting & Business Services
- Studio Art - Quilby Nelson - Sponsored by Revolution Print
- Theatre Studies - Emily Beggs - Sponsored by Loreto College



Loreto Chapel Weddings

Ella Cattleson (Class of 2015) married Zachary Glover on January 13, 2018.

Photography by Justin Ashleigh Jones Photography

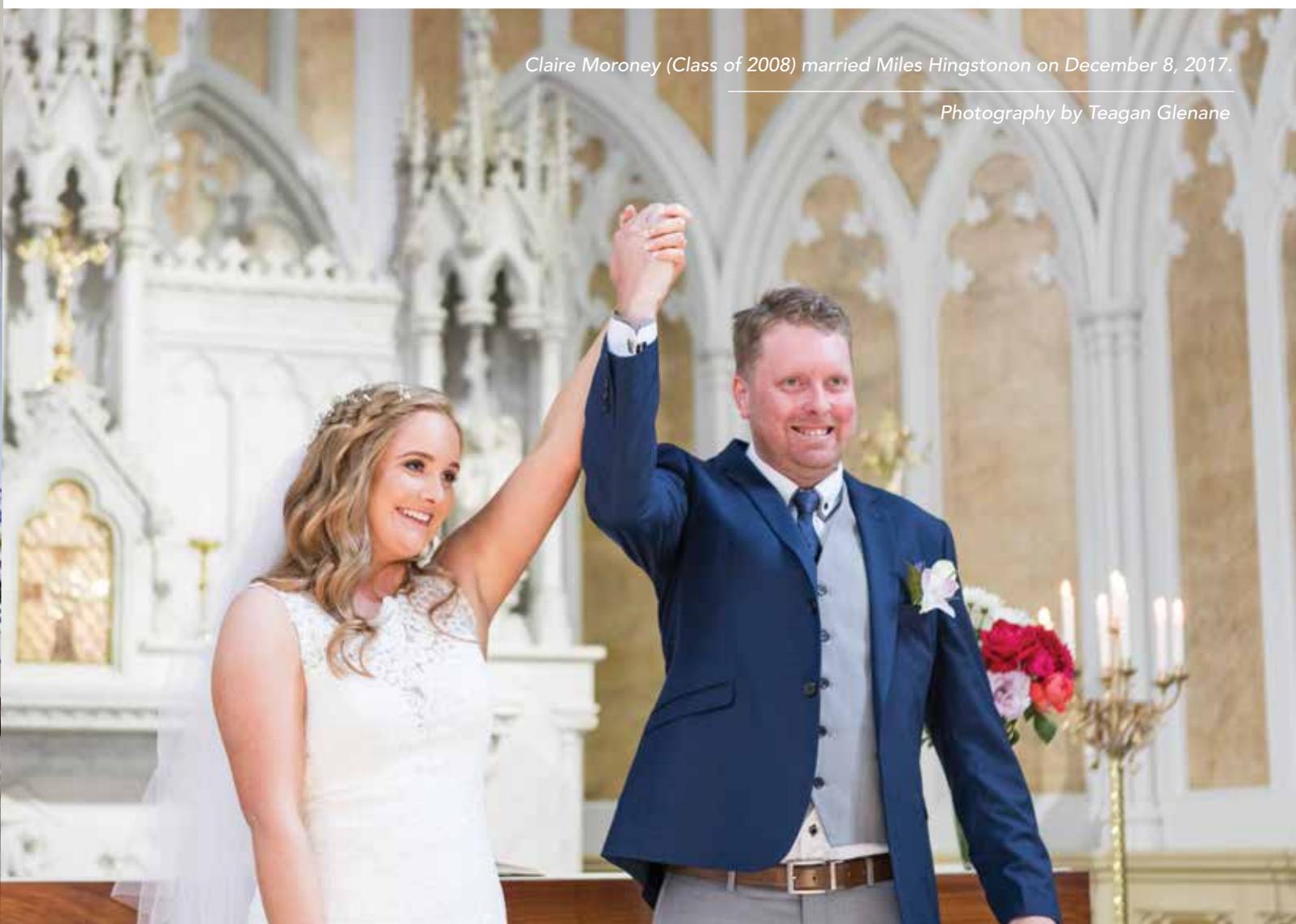
Jacinta Polmear (Class of 2008) married Brendan Hodgeson December 16, 2017.

Photography by Aldona Kmiec Photography



Claire Moroney (Class of 2008) married Miles Hingstonon on December 8, 2017.

Photography by Teagan Glenane



Tara Anwyl (Class of 2007) married Haydan Schmidt December 9, 2017.

Photography by Ethan Ronson



Lucy Cullinan (Class of 2008) married Shaun Gallagher on November 4, 2017

Photography by Sheehan Studios



The Inaugural Loreto Ball

It is with great pleasure and excitement that the Loreto Past Pupils' Association invites all past pupils and staff of Loreto College to the inaugural Loreto Ball.

We encourage you to gather your groups of friends together to share the evening and celebrate the Loreto Spirit.

Enjoy a glass of bubbles on arrival and light supper throughout the night. The 'cocktail style' Ball is sure to be a night to remember with 'Retro Revival' providing musical entertainment to keep you dancing!

There will be tables and chairs available (as well as tea and coffee) in the main ballroom as well as in a quieter area to chat, mingle and share memories of Loreto.

Your presence at this event will assist us to continue the support the Loreto girls of today.

Buy your ticket to the Ball before 29 June for \$55 per person to go into the draw for an early bird prize of one night's accommodation and breakfast for two at the Mercure Ballarat. Tickets purchased after this date will be priced at \$60 per person. Tickets can be purchased via the Loreto website or at trybooking.com/UKES

If you have dietary requirements please contact the Mercure Ballarat directly on 5327 1200.

The inaugural Loreto Ball is sure to be a night to remember! We look forward to seeing you all there.

Faith White, Sarah Jones and Jodie Liston
for the Planning Committee.

THE PAST PUPILS' ASSOCIATION INVITE PAST STUDENTS AND STAFF TO THE INAUGURAL

Loreto Ball

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**please contact Mercure directly for dietary requirements*

Alumni Updates

Olivia Sellers (Class of 2015)

Since finishing at Loreto in 2015, I have studied a Cert IV in Live Production and Technical Services and worked on multiple Ballarat productions including 'Cats' and 'Wicked'. In May of 2017 I ventured off to America for four months, to work on a summer camp as their Drama Tech and then travelled solo afterwards. While in New York, I had the magnificent opportunity to attend a Broadway Stage Management Symposium, the chance to shadow the Broadway Stage Manager of 'Come From Away' and had a backstage tour of the 'Hamilton' set. This year I have begun studying towards a Bachelor of Performing Arts; Stage Management at the Western Australian Academy of Performing Arts (WAAPA). After all of my adventuring, I am excited to see where my further studies take me!



Past Pupils' Association

As we enter the year dedicated to Justice I pay tribute to all those Loreto past pupils who have gone before us and those who are living their lives today responding to the needs of the times. From time to time I have the privilege to attend the funeral of a past pupil. Like Mary Ward and Mother Gonzaga Barry they were not spectators and onlookers, standing on the sidelines but 'outlookers' in their families and in their communities as volunteers giving freely and joyfully of their time, their talents and their gifts.

It is fitting that the 2018 Loreto Federation to be held at Loreto

Normanhurst has as its theme 'Be the Change'. This follows on from our Ballarat Federation in 2015 and the theme 'Dare to Be True'. Each association of past pupils from the Loreto Schools of Australia submits a resolution for discussion. The Loreto Ballarat resolution for 2018 is:

"As our members are very involved in our local and community organisations, our families and work places, we will continue to encourage all past pupils to actively engage in opportunities to accept the challenge to 'Be the Change' in our daily lives and the lives of others".

In our troubled world where so much is centred on the self we are challenged to be 'outlookers' as those who recognize where and when and how there must be change.

Miss Meg Barry
President

Births

Andrea Hartley (2004) and her husband David welcomed their first child - Edith Grace (Eadie) on September 3, 2017

Faith (1995) and Paul White welcomed their son Samuel Anthony on 5 June 2017

Bridget (2002) and Liam O'Hehir welcomed their daughter Lucy Kate on 14 August 2017, a new sister for Max.

Marriages

In the Loreto Chapel:

Lucy Cullinan (2008) married Shaun Gallagher on November 4, 2017
Claire Moroney (2008) married Miles Hingston on 8 December, 2017
Tara Anwyl (2007) married Haydan Schmidt on 9 December, 2017
Jacinta Polmear (2008) married Brendan Hodges on 16 December, 2017
Ella Catterson (2015) married Zachary Glover on 13 January, 2018
Karen Molloy (2005) married Nick Sullivan on 3 February, 2018
Remi Briody (2004) married Tim Squire on 17 February, 2018
Kylie Blomeley (2005) married Eric Blachon on 24 February, 2018
Elizabeth Keenan (2000) married Andrew Cousins on 3 March, 2018

Past Pupil Marriages:

Andrea Torney (2004) married David Hartley on May 24, 2016
Laura Rouhan (class of 2000) married Shelly Scarbrough on 12 January, 2018

Deaths

Elizabeth Anne Evans (Murphy – Class of 1975) March 1957 – July 2011

Therese McCabe (nee O'Donohue), 17 January 1932- 12 January 2018

Maree Frances Cunningham

(Reynolds – Class of 1958)

Maree passed away on November 26, 2017. Maree was a dearly loved wife, mother and grandmother. Maree, daughter of Kim and Molly Reynolds grew up in country Victoria. Maree and her two sisters boarded at Mary's Mount, Ballarat. Maree started her professional career as a registered nurse. Later she became a renowned fashion designer and consultant. Maree said "her years at Mary's Mount...always remained of such significance for her spiritual, personal and professional life."

Margaret Holmes

(Coghlan – Class of 1945) 1927 – 2018. Margaret was a pupil of Loreto Portland and Mary's Mount where she was Prefect in 1945. For many years she was involved in the Ballarat Past Pupils' Association. Her four daughters all attended Loreto College Ballarat and she also hosted Esther Puruntatameri on term holidays when she came to board at Mary's Mount.

Monica Morgan

(Tehan – Class of 1950) 1931 – 2017. Monica was a past pupil of Loreto, Dawson Street. Monica was a radio presenter and performer, making waves in the Ballarat community when men dominated the media. Monica stood in for Queen Elizabeth II at the rehearsal at the Ballarat Botanical Gardens, reading her speech.

Notifications are listed as gratefully received from the Loreto Community.

Contributions to Verity are welcome through the Marketing and Development Office - verity@loreto.vic.edu.au

Loreto Launchpad

Words by Annie Turner (Class of 2016) - Annier

ANNIER was created in 2017 and was initially simply set up in my study and bedroom. The rooms became filled with piles upon piles of felt, a sewing machine table, threads, scissors and of course accompanied by my most trusted business partner... the beautiful Apple Mac Book.

I graduated from Loreto College in the Class of 2016 and have since been immersed in the exciting global world of Fashion and Textiles Merchandising, where I am in my second year of study at RMIT University. I've always enjoyed being creative and doing hands-on types of work and as a student at Loreto, my favourite subjects included Art, Fashion Textiles and Business Management. I liked school, however, I have only realised since graduation how privileged we are to have a Loreto education that is globally recognised and encourages young women to put themselves out there and have a go.

I decided when I started University that I would require a bag to carry all my things. It

needed to be durable, large enough to fit my laptop and books, as well as hold my lunch and it needed to be comfortable to carry. From this need, ANNIER was born. During my research, I spoke to many people who were in the same situation and were also seeking the same thing. Now, many of my friends are using ANNIER bags for Uni purposes. The durability and flexibility has also led to many of the bags being purchased for travelling and as thoughtful, original gifts.

Instagram has played a big part in promotion and getting the business 'out there'. I'm 100% addicted to social media (especially Instagram) and I have learnt to use its power to my advantage. I love photography and styling and it is important to me that the photos posted on social media are unique to my business and engaging.

In addition to the bags, I have recently extended my range and launched ANNIER

APPAREL. The first capsule included embroidered tees, which I saw as a real opportunity in the current market. I have big plans for more to come in the apparel area, so stay tuned!

For as long as I can remember, I have wanted to start my own label and studying at RMIT has concreted this desire more so. I would definitely say it is a fun, rewarding and challenging venture. To anyone who has ever thought about using and investing in their own talents and interests on a broader scale, I would say go for it! Don't waste even a second bothering about what others think! The world needs dreamers and innovators because without, the globe will literally stop spinning.

To shop or check out any products go to www.annier.com.au or search for us on Instagram @a.nnier.

Annie xx





If you are a past pupil of Loreto College Ballarat with a new or growing business that we can help you launch, contact us at verity@loreto.vic.edu.au

ANNIER

📷 [a.nnier](#)

🛒 www.annier.com.au

✉ info.annier@gmail.com

Empowered by Education

Words by Rachel Sutton (Class of 2016)

As cliché as it sounds, it only feels like yesterday that I said farewell to Loreto; in 2016 I was adorned with a flower crown and ready to step into the exciting new world of freedom that awaited me.

Over a year has now passed and what a whirlwind of an adventure it has been. Last February, I moved to Geelong into a share house with seven other students and commenced a Bachelor of Commerce at Deakin University.

2017 was a year of many new experiences, from learning to grocery shop and cook for myself (which often resulted in take out), sourcing cheap outdoor furniture from the curb sides of our neighbours, to winning a golf shirt in my accounting lecture, which was useful as a gift to my Dad because money as a student is a constant battle.

All jokes aside, when I compare the person I am now to when I first graduated from Loreto, I see a change that is characterised by a significant amount of personal development. During my time at Loreto I remember hearing so many stories of inspiring past pupils who have accomplished so much since leaving school and this demonstrated to me a motivating level of confidence.

I was never an overly confident student and would have never voluntarily put myself into a position that made me nervous or pushed me outside my boundaries. However, in 2017, I moved out of home at the age of 17, accepted an invitation to return to Loreto to speak to current students at a careers evening, and applied for the First Year



Rachel with her father, Dean before her Year 12 Graduation Dinner in 2016.

Program at Deloitte, an accounting firm in Melbourne.

Fast-forward 12 months, I am starting my second year majoring in accounting with a minor in analytics along with the amazing opportunity of a six-week internship in the Assurance and Advisory service line at Deloitte.

My advice to current students is, don't let your self-doubts or concerns deter you from achieving your potential. When I applied for the two-day Development Program at Deloitte, I did so on an uncertain whim. I knew Deloitte, being one of the big four accounting firms, was highly competitive.

I would be going up against students from Melbourne and the whole process made me extremely nervous. However, one night I decided to apply. I sent through my resume, answered some questions and didn't think much more of it. A couple of days later I received an invitation to do an online interactive assessment that evaluated your problem solving skills as well as a behavioural assessment made up of multiple choice questions. From there I had a phone interview and was fortunate enough to be offered the opportunity to spend two days at the firm with other pre-penultimate students for the Development Program.

After the program knew I wanted to pursue a career with Deloitte, and so applied for their Summer Vacationer Internship Program.

Looking back at the experience, I really do believe it was the well-balanced education at Loreto which ultimately resulted in the successful application and offer. In today's workplace, employees aren't just looking for high academic achievers, but want to see that balanced with soft skills and a social involvement in the wider community. Loreto effectively provides a balance of academics and the development of well-rounded individuals, inspiring us to consistently be 'doers of justice'. Ultimately, I believe this largely underpinned my achievement.

Loreto taught me that in the 21st century, women empowered with quality education have unlimited potential to make an impact in our world. It is simply personal belief and confidence that we need to accomplish what we dream.



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Reunions

Loreto Kindergarten

Loreto Kindergarten operated from 1941 to 1978 and as many as 584 students attended over the 37 years. It was decided to close the Kindergarten, in association with the phasing out of the Junior School and the amalgamation of Mary's Mount and Dawson Street as Loreto College Ballarat in 1978.

We invite all students of the Kindergarten and primary school from Dawson Street or Mary's Mount to attend a special reunion on Saturday 20 October 2018, to recognise 40 years since the Kindergarten closure. Please update your contact details and save the date and there will be more information to come.

Commercial College

The Loreto Commercial College at Dawson Street Ballarat was firstly opened in 1962 with evening classes held in the Library. In June 1963 classes commenced in the top floor of the new building. The Commercial College then moved to the old St Joseph's Parish school building in 1984 and closed in 1996.

We invite all past students of the highly regarded Loreto Commercial College to update your contact details and come back for our first reunion on Saturday 20 October 2018. Please save the date and there will be more information to come.





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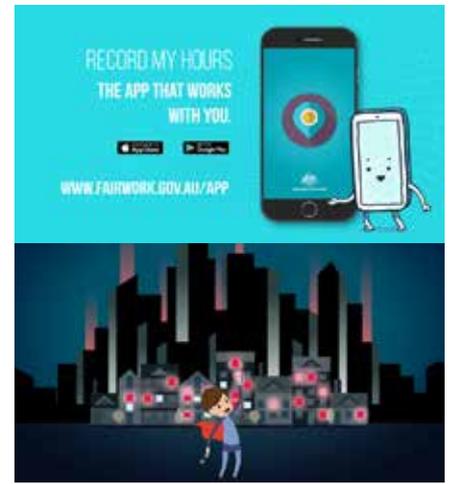




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