

Our Loreto Values

Freedom

'It is an inner freedom, accepting of self, open to others and trusting of life.'

Justice

'To recognise the inherent dignity of each individual and of the natural environment and to become aware of the rights and responsibilities of all.'

Sincerity

'Self-acceptance sets us free from pretence and defensiveness, free to relate honestly and affectionately..'

Verity

'Integrity and truth, particularly the profound truth of who we are and what gives meaning to our lives.'

Felicity

'Felicity is an attitude of mind, a disposition of the heart which manifests itself in cheerfulness, good humour, joy'..'

Loreto Schools of Australia Mission Statement

Online Information

BAS Website

The BAS Website (**www.bas.vic.edu.au**) is a useful tool in accessing results, draws, ladders, and venue locations. Once on the homepage, click on 'Sport' and then the drop down 'Results' option. From here you can select the appropriate sport (and grade if applicable).

E-Newsletter

As part of the Loreto College Ballarat E-Newsletter, there will be regular updates on the progress of our sporting teams throughout each term, along with any other news and events.



Contact Details

To contact the Sport Department or Ms Gabi Howard (Co-Curricular Leader of Sport), please contact the Loreto College Main Reception on (03) 53296100.



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www.loreto.vic.edu.au



Ecolece BALLARAT | EST. 1875 Sport

The Church recognises sport to be one of the great institutions of our society that helps individuals realise their human potential and builds up the bonds of the community, fostering communal initiative and responsibility.

As our lifestyles become more and more sedentary, sport makes an essential contribution to our health and wellbeing, both physical and mental.'

Social Justice Statement, Australian Catholic Bishops: A Crown for Australia: Striving for the Best in our Sporting Nation

Our Philosophy

Loreto College Ballarat has an open, flexible and creative approach to sport, ensuring that the co-curricular sport program is accessible to all students. Our aim is to enrich the students' school life by offering a comprehensive and diverse sport program through participation in competitive and non-competitive physical activity.

The sport program at Loreto enables students to strive for their personal best, build relationships with peers as well as staff and to develop both team building and leadership skills. We believe that active participation in sport enriches the students' physical, mental and social health.

A Loreto girl will participate in sport with pride, responsibility and excellent sportsmanship.

About

Loreto College Ballarat is a member of the Ballarat Associated Schools (BAS) sporting competition.

The other members of BAS include:

- Ballarat Clarendon College (BCC)
- Ballarat Grammar School (BGS)
- Ballarat High School (BHS) Ö
- Damascus College (DC)
- Mount Clear College (MCC) ö
- St Patrick's College (SPC)

Annual Highlights

- **BAS Athletics Carnival** •
- **BAS Swimming Carnival** õ
- **BAS Cross Country events**
- Breast Cancer Netball Match Loreto College vs. St Patrick's College
- Breast Cancer Football Match • Loreto College vs. Ballarat Clarendon College
- Prostate Cancer Hockey Match • Loreto College vs. St Patrick's College
- Sports Awards Night

Yearly Sport

Term 1

Junior Volleyball (Tues) Senior Cricket (Thurs) Senior Tennis (Wed)

Term 2

Junior Hockey (Wed) Senior Football (Thurs) Junior Soccer (Thurs) Junior Badminton (Tues) Term 3

Senior Soccer (Tues) Netball Year 9 (Tues) Senior Volleyball (Tues) Senior Hockey (Wed) Senior Basketball (Thurs)

Croquet (Wed) Junior Tennis (Wed) Junior Cricket (Thurs)

Important Information

- Parents must complete the BAS After School Program Consent Form prior to their daughter's participation.
- Students are expected to meet the College Sporting • Philosophy by participating with a high level of pride, responsibility and sportsmanship.
- Selection to represent the College at BAS level is at the discretion of the coach and outcome of trials (if applicable).
- Students may be transported to a sporting venue by a College funded bus or taxi and are responsible for arranging their transport home from the venue.
- Students will be supervised by a Loreto College Ballarat staff member whilst participating in after school sports.
- Students are responsible for checking the draws and • venue for their sport, which can be found online at www.bas.vic.edu.au.
- If students are unable to participate for any reason they must inform the Director of Co-Curricular Sport or their coach and should endeavor to find a replacement where possible.
- Students will be provided with a sport uniform as required which is to be returned, in a timely manner, at the end of the competition.

What Loreto girls say about sport

"Sport has had a major impact on my journey at Loreto... and my experience would not be fulfilled without it."

"Loreto College sport allows us to try new things within our school and helps us make memories for a lifetime."

"Sport at Loreto... has taught me.... resilience, determination and good sportsmanship."

"The welcoming and supportive environment allows you to try new sports out, see what you like and then jump into what you enjoy."

Intermediate Volleyball (Wed) Junior Basketball (Thurs) Rowing Year 9-12 (Mon - Thurs & Sat)

> Senior Netball 1st & 2nd (Tues) Senior Netball 3rd & 4th (Wed) Intermediate Basketball (Thurs) Senior Badminton (Tues)

Junior Netball 1st & 2nd (Wed) Junior Netball 3rd & 4th (Thurs) Junior Football (Thurs) Racquetball (Thurs) Rowing Tryouts Year 8 - 11 (Mon-Thurs)

Term 4

Netball Year 10 (Thurs) Intermediate Tennis (Tues) Rowing Year 8 - 11 (Mon—Sat)