



Verity

EST. 1875

Loreto





**Cover Art**

Travis Price original Loreto College illustration

**Inside Cover Photo**

2019 Loreto College people and places  
Image by Eric Sebastian

**Editorial Team**

Shona Hendley, Judy-Ann Quilliam,  
Jayde Harrington, Elizabeth Till,  
Judith Potter

**Photography**

Eric Sebastian, Michelle Dunn, Ellie Meade

Photos supplied by Brigid Corcoran,  
Mimi Hayes, Jaimie Sergeant - Crowe,  
Maddi Lloyd, MWIA, Loreto College  
Archives

**Design**

Shona Hendley and Liz Skrokov

**Print**

Revolution Print

Contributions to Verity can be sent to:  
Loreto College  
The Marketing & Development Office  
1600 Sturt Street Ballarat VIC 3350 or  
verity@loreto.vic.edu.au



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Mimi Hayes, past pupil (Class of 2014) and current Year 9 student Jamie Sergeant - Crowe discuss their individual volunteering experiences in Zambia and Nepal.



**I SEE THINGS DIFFERENTLY NOW**

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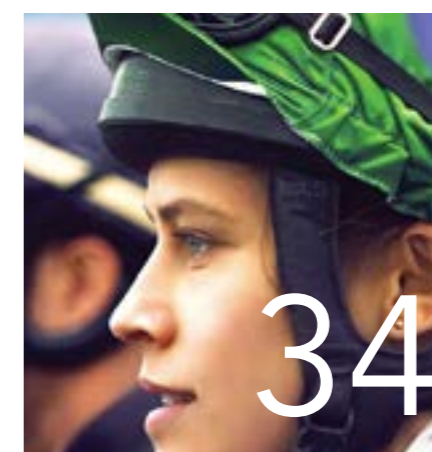
Maddi Lloyd (Year 11) shares her very personal story of a horrific accident which changed her life forever and how she has persevered despite the challenges.



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Loreto College proudly hosted the public opening night screening of Ride Like a Girl at the Regent Cinemas Ballarat.

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The Hayden family's deep Loreto connection.



# Coming Up

From the Editor,

"Integrity is your destiny-it is the light that guides your way." - Plato

The second edition of Verity is linked by the theme of Integrity; a value that is based on the idea of honesty and strong moral principles.

"A life of integrity is one of sincerity, without masks or pretence. Joy overflows from the heart of women who are free, just and sincere." - Mary Ward

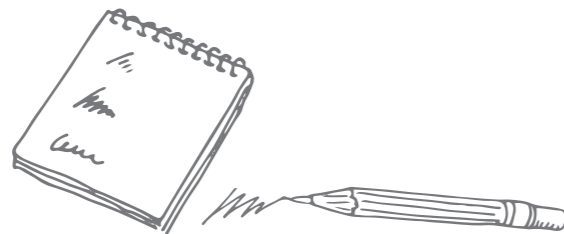
As you read through the pages, examples of integrity are abundant within the stories, the people who feature within them and the events and achievements that have occurred within the Loreto community.

Our feature stories showcase this, including the incredibly brave personal story of current Year 11 student, Maddi Lloyd who underwent an absolutely traumatic experience last year that changed her life completely. Maddi's honesty about its impact on her life, her perseverance and openness in sharing such a difficult experience demonstrate integrity at its absolute finest.

The edition also includes the incredible journeys of volunteering by past pupil, Mimi Hayes (Class of 2014) and current student, Jaime Sergeant - Crowe. Both young women visited communities less fortunate than our own to volunteer their own time to assist others, a true representation of social justice guiding their pathway.

For our next edition, our theme will be based on the value 'Verity, the Loreto value of 2020.

Shona Hendley and the Marketing & Development Team



**FEB '20**

**6**

**Class of 2019  
Academic Awards**

Celebrating the achievements of the  
graduating Class of 2019.



**MAR '20**

**6**

**International Women's Day  
Breakfast**

Our annual International Women's Day  
Breakfast is an empowering event where  
we proudly recognise and celebrate all the  
incredible women in our community. Past  
Pupils are warmly invited to attend.



**APR '20**

**18**

**Class of 1980  
& Class of 2000 Reunions**

Class of 1980 reunion - 11am  
Class of 2000 reunion - 4pm



**MAY '20**

**2**

**Class of 1970 &  
Class of 2010 Reunions**

Class of 1970 reunion - 11am  
Class of 2010 reunion- 4pm

**13-16**

**Matilda  
College Production**

The Loreto/St Patrick's College  
performance of Matilda will make the clever  
comedic writing, vibrant dance scenes,  
brilliant characters, magic and puppetry  
come alive on stage for Ballarat audiences.

**23**

**Class of 1990  
Reunion**

Class of 1990 reunion - 4pm



# Messages from Loreto



From left to right: Ms Judith Potter (Principal), Mrs Maria Myers AC, Sr Denise Desmarchelier ibvm, Mr Matt McCabe, Mrs Geraldine Frantz (Board Chair), Mr Richard Robinson, Mrs Erin Taylor, Mr Jeff Primmer (Business Manager), Mrs Nicole Loader. Absent: Mr Luke Dunne (Deputy Chair)



## From the Board

The 2019 school year has been a very busy and productive one for all including the College Board.

The launch of our Strategic Goals 2019 and Beyond in June of this year has created much interest and excitement within our Loreto Community as well as the wider Ballarat community.

The expansion of our College to allow us to be able offer a place to more students into the future has been in the planning stages for a number of years. I am very pleased to advise that we have now progressed to the point where we have secured an option to purchase a large green field site for this

development. We will now move forward with the important planning and concept design stage of an expansive project that will see Loreto College Ballarat grow and prosper for the future. I look forward to providing further updates as we progress through this very significant time at Loreto College.

This year we farewell two long serving members of our Marketing and Development Committee, Mrs Maria Myers AC (Chair) and Ms Jan Stephen. Maria is also stepping down, from her role as a Director on the College Board after 13 years of dedicated service. I cannot begin to express my gratitude to both of these

women who are past pupils of Loreto Ballarat. They are both exemplary examples of what our founder Mary Ward meant when she said that “women in time will come to do much”. We will look to a future edition of Verity early next year to feature both of these inspiring women. For now though, we say a huge thank you from the entire Loreto Community.

Thank you to all my fellow Board and Committee members for your support this year and most particularly for your time and expertise as we work together in our roles of Governance and Strategic responsibilities of the College.

### College Board

Mrs Geraldine Frantz (Chair), Mr Luke Dunne (Deputy Chair) Mrs Maria Myers AC, Sr Denise Desmarchelier ibvm, Mr Matt McCabe, Mr Richard Robinson, Mrs Erin Taylor and Mrs Nicole Loader.

### Finance & Risk Committee

Mr Richard Robinson (Chair), Mrs Cathy Oakley, Mrs Nicole Loader, Mr Matt McCabe, Mrs Geraldine Frantz, Ms Judith Potter (Principal), Mr Jeff Primmer (Business Manager), Ms Elizabeth Till (Executive Deputy Principal).

### Property Committee

Mrs Erin Taylor (Chair), Mr Shane Carey, Mr Luke Dunne, Mrs Carmel Flynn,

Mrs Geraldine Frantz, Ms Min Myers, Mr Nick Grylewicz, Ms Marnie Papst, Ms Judith Potter (Principal), Mr Jeff Primmer (Business Manager), Ms Elizabeth Till (Executive Deputy Principal).

### Marketing & Development Committee

Mrs Maria Myers AC (Chair), Miss Meg Barry (President, Loreto Past Pupils’ Association), Sr Denise Desmarchelier ibvm, Ms Jan Stephen, Mrs Trudi Kannourakis, Mrs Dannielle James, Ms Judith Potter (Principal), Mr Pat O’Shea (Deputy Principal Wellbeing), Mrs Judy-Ann Quilliam (Director of Marketing & Development).

As the day to day teaching and learning continues on in a school, we sometimes

forget what is required to drive this critical period in the lives of our students. It takes strong commitment and hard work from those who dedicate their careers to providing a quality education to our students. Thank you to our Principal, Ms Judith Potter, the Leadership Team and all staff at Loreto College for the excellent work that you do.

Finally, as this year ends, on behalf of the College Board we congratulate all our students for their 2019 school year. To the graduating Class of 2019, we wish you well in your ambitions and endeavours for the future.

By Board Chair - Mrs Geraldine Frantz



## From the Principal

The Mary Ward value of sincerity calls us to be counter-cultural in a society where there is pressure to conform to what is perceived as an ideal 'shape' or 'look'. When I was the age of our current students there was an apt saying that a 'photo does not lie'. For our adolescent and young women today, in 2019, that saying is now a fallacy due to the advent of digital technology and social media.

The digitally altered images that portray an impossibly 'perfect' body impact on the wellbeing, in particular, of girls and young women. Thus the focus on the 'whole person' which is central to a Loreto education has become an even greater imperative than in earlier years. The Wellbeing Program at Loreto College has a strong focus on support and guidance for students to deepen their confidence in self and that sense of being comfortable in one's own skin. The 'Love Your Mind and Body Week' run by Mornane House in Term 4 is a student led initiative that has this at its heart.



Mother Gonzaga Barry's advice to students long ago that "All around are possibilities of doing good and of making the world richer for your having lived in it." are as true today as then. The active contribution of our students, encouraged and supported by staff, in addressing inequity and injustice has shone through during 2019, bringing these words of Mother Gonzaga's to life. Working to provide resources and improved opportunities for others brings a deep sense of satisfaction which contributes to wellbeing.

Mindful of the changing world in which our students interact and will engage fully in beyond school, much research and review has been completed this year, and in previous years, to identify current areas to continue to build upon and areas where change will be required to best position our students for their current and future world. It continues to be an exciting era for educators here at Loreto College.

By Judith Potter, Principal

“

*“we should be such as we appear and appear such as we are”.*

*(Mary Ward)*

## From the College Co-Captains

As our final days at Loreto are fast approaching, we would like to take the opportunity to reflect on not only this past year in which we have had the privilege of being College Co-Captains, but the past six years in a place that has grown to be our home away from home.

We knew Loreto would grow to be a big part of our lives but neither of us could have imagined the impact that our Loreto education would have on us thus far, and the way it will continue to shape our lives into the future.

Despite perhaps being a little biased, we're not sure there's anywhere else that you could find a school that is so incredibly welcoming and supportive of its students, which in turn, creates such a close-knit group of girls.

The thing that we are most grateful to have been gifted by Loreto is this, the group of

young women we've had surrounding us on this rollercoaster of a journey.

“

*“The friendships we have made are undoubtedly ones that we will keep for many years to come”.*

The friendships we have made are undoubtedly ones that we will keep for many years to come, having made memories to last a lifetime and bonds that we feel can only be truly understood by our fellow Loreto sisters.

Whilst we are undoubtedly excited to receive that much anticipated Loreto ring at Graduation to mark the end of our six year journeys and solidify our place as part of the Loreto community, it is about so much more than that. The laughter, camaraderie and community that comes with walking through the Loreto gates each day will be sorely missed and we cannot, from the bottom of our hearts, be more grateful for the time that we have spent here.

We wish Kate Robinson, Sophie Grylewicz and the 2020 Senate all the very best in your roles as leaders within the Loreto community and extend our best wishes to the Class of 2020, we truly know that you will do great things.

By Hannah Augustine & Tessa Canny  
College Co-Captains





# Around Loreto

## Shrek

The 2019 combined St Patricks' College and Loreto College Production was Shrek. The production was filled with humour, fun, colour and a great message for all ages. The energy, skill and talent that all members of the cast and crew brought to this production was truly amazing.

This year, two past students became part of the production team, Rebecca Perry choreographed the show and Charlotte Crowley worked as vocal director, their experience was appreciated by staff and students alike.



## Ride Like a Girl Premiere

Loreto College proudly hosted the public opening night screening of Ride Like a Girl on Thursday 26 September at the Regent Cinemas Ballarat. Following a series of regional premieres by Transition Films, it was finally our turn to see our much loved and famous alumna, Michelle Payne's extraordinary story on the big screen.

**More on page 34.**



## Arts Festival

Rhapsody in Blue was the theme of the 2019 Loreto College Arts Festival.

The theme was inspired by the performance of Bohemian Rhapsody by Loreto Blues which showcased a beautiful sound with movement and lights. VCE Dance used Gershwin's Rhapsody in Blue to tell the story of a New York street scene through dance. Junior choir dressed as lions to perform Shadowland with a powerful solo by Meika Collard. A wonderful display of diversity and talent in Arts was presented by all students.



## Catapult

The Catapult VCE Art Exhibition and the Media Film Screening showcased the creativity, innovation, talent and commitment of our students studying the Arts and Media.

Some powerful and thought-provoking themes were evident as was a full and rich Arts Program.

Opening the Exhibition was talented artist, Ruby Pilven, whose mother, Janine is a key member of our Arts Team. The creativity and individuality of each artwork and film is to be celebrated.

## Yours Sincerely...Unmasked

The 2019 'Yours Sincerely... Unmasked' Collection was presented by the students of Product Design and Technology Units 1 - 4.

It portrayed the essential fashion bones behind all the glamour and the zeal and tenacity needed to see a project through from the initial idea through to the completed product.

Students pushed the creative boundaries both in terms of sustainability and innovation.

These clothes inspire awe and joy and are a wholly unique expression of the 29 young designers who created them.







# Journies of Integrity

Words by Miss Jayde Harrington

Throughout our lives, we aim to say we have had an impact on others through our own actions at some point. Two stories from both a current and a past student, show how being selfless in different corners of the world can have such a significant impact on not only communities but also personally.

Mimi Hayes (Class of 2014) recently travelled to Zambia for three weeks through volunteer organisation, African Impact, within the Girls Impact Program. The sole purpose of this program is to empower Zambian women and children. Being deeply passionate about equality following the 'Me Too' and other gendered-orientated movements, this was the perfect fit for Mimi.

"The program of Girls Impact itself links to many values I hold close to my heart, female empowerment, equality, integrity and justice," Mimi said.

Before travelling to Zambia, Mimi was unaware of the extent of sexism she would

encounter, however, if anything, this inspired her mission within Zambia more by educating women and children on thought-provoking topics such as female submissiveness, hyper-masculinity, gender-based violence and gender stereotypes.

Through this program, Mimi was able to see the tangible outcomes of the Girls Impact Program, such as local schoolgirls being able to start and manage a farm, and women being given financial advice which allows them to start or better their own businesses. Children learnt the importance of gender equality, with high school girls being educated on a number of topics such as cervical cancer and safe sex. This was within a safe space where students could ask volunteers any questions they wished without fear of judgement.

Reflecting on her trip, Mimi said; "this trip allowed me to see first-hand, how lucky I am to come from a family, and a community as privileged as my own. It did also show

me that we do have a long way to go in the fight for gender equality, but I honestly feel that we are well and truly moving in the right direction. Without sounding like too much of a cliché, travelling to, volunteering and having the ability to be immersed in a culture, other than my own, was one of the most fulfilling life experiences I have ever had. It took a usual 'holiday' and made it so much more."

When asked what the main takeaway from her time in Zambia was, Mimi said, "no matter how small, every little thing you do for someone in need is appreciated and valued. Before going on this trip, I honestly did not think that I could make much of a change to a community, but without volunteers, the programs could not run, and therefore the communities would be left with little knowledge on worldly topics and next to no resources."

"To really articulate how my time in Zambia affected me is near impossible."



Left & above: Mimi Hayes in Zambia





Above & right: Jaimie in Nepal & right (in white T-shirt): Jaime in Nepal

Like Mimi, current Year 9 student Jaime Sargent-Crowe undertook a similar journey, volunteering to help others less fortunate than herself.

In June, Jaime went overseas for the first time without her family and although she said this was initially confronting, she ensures it was worth her initial fears.

Through Aussie Action Abroad, Jaime landed in Kathmandu with her close friend Maya and her family. Whilst in Kathmandu, Jaime volunteered by teaching dance fitness to the Nepali locals who are now using their experience to teach school students how to stay fit and active through dance.

With her team, Jaime helped donate many items such as teaching resources, books and sporting equipment for the local teachers. During her trip, they also visited local mother groups with clothes, blankets and hygiene packs.

"At the very beginning of the trip in Nepal, I had the privilege of visiting a disability centre where Aussie Action Abroad had

been doing work for over 10 years and I got to meet, talk to, listen, play games and connect with many of the people there. It was very overwhelming but just so interesting and eye-opening to hear people's stories as to how they had acquired their disability, or even just to listen to them talk about their favourite song."

Being selfless and caring for others are values Jaime holds close to her heart and with this trip, it has helped her to stand not only by these values but to also use these values to help those she had just met. This incredibly moving experience has also made Jaime aware that building new relationships with these communities not only has a significant impact them, but also herself.

"Going on this trip was the most amazing, crazy, jam-packed, busy, overwhelming, sad and confronting experience I have ever gone through. Being put in a developing country where there were homeless children sick and dying on the streets as you walk past, people who are blind or have no legs struggling to make money just to be able to

eat for the day. It was a completely different part of the world that I truly didn't and still don't fully understand. I kept thinking throughout the entire trip how I felt as though I was in a documentary or film as it just didn't feel real to me."

When describing the impact the experience had on her Jaime simply said; "I am now so much more aware of what is really going on around me and how others live every day. Before going to Nepal I knew that people in developing countries were struggling but until I got there I didn't truly understand, I also think that I no longer take anything for granted and are more grateful for what I have."

Individually, Mimi and Jaime have both gone above and beyond on their own initiative to help various communities in different ways through a common set of values. Both have had experiences beyond donating material items. Instead, the giving of their time, passion and their wholehearted selves have been the truly rewarding aspect of their experiences.





# What's New

## Antoinette Hayden Library Refurbishment

2019 saw the much loved and utilised Antoinette Hayden Library undergo a major refurbishment.

Alterations have been made to the building with IT, Careers and the Library team moving into new offices and break out rooms and a Maker Space built into the existing Library space. A presentation room has also been added providing a new learning and teaching space to work in.

The new window bench seating and circulation desk, complete with returns shoot completes the recent works and provides the perfect study and reading space for our students.



## Travis Price - Limited Edition Loreto Ballarat Print

Local illustrator, Travis Price who has been behind some of the regions most iconic street art designs, as well as working with major commercial clients including AFL, Island Def Jam Records, ABC and Milo just to name a few, has created a vibrant, very Loreto, Loreto College Print.

Incorporating some of Loreto's key values and traditions the limited edition print features the words from the Loreto Crest - "Maria Regina Angelorum", meaning Mary, Queen of the Angels and "Cruci Dum Spiro Fido", meaning in the Cross, while I breathe, I trust, as well as Loreto Blue and Gold.

The A2 unframed artwork is available to purchase for \$30 (excluding postage).



For more information about the print or to order one, please contact the Marketing & Development Office - [development@loreto.vic.edu.au](mailto:development@loreto.vic.edu.au) or (03) 53296100.

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# I See Things Differently Now

*Thank you to Maddi Lloyd  
Words by Mrs Shona Hendley*

“*School and rowing helped me to keep my confidence up and to try not to be as self-conscious in myself.*”

“I see things differently now. Anything can happen, you just don’t know.”

Year 11 student Maddi Lloyd’s life changed dramatically in March 2018 while away with family to celebrate her mum, Cindy’s birthday. As Maddi water-skied on the Murray River, something she had done many times before, her arm became entangled in the ski rope, cutting her left arm completely off.

“I was left swimming in my own blood, yelling for my brother and our family friend to turn around in the boat,” she explained. “I didn’t feel it but I knew what had happened straight away,” she recalled.

“I remember that things started going through my mind. I wondered, what am I going to do now? I am not going to be able to play netball. Are people going to look at me the same? It was just a massive shock,” Maddi said.

Once realising the extent of Maddi’s injury her family tried to remain as calm as possible, in order to help Maddi remain calm. The journey to get Maddi to the hospital wasn’t easy though given the remoteness of their position on a house boat outside of Mildura. “It was really remote and the ambulance couldn’t come to where we were.” Maddi’s family had to take her via boat 45 minutes down the river to a winery to meet the ambulance. From there she was taken to Mildura Hospital but it was too late to reconnect her arm.

“You have to be at the hospital within 20 minutes for a limb to be reattached,” Maddi said. “It was far too late.”

From there Maddi was air lifted to the Royal Children’s Hospital to seek treatment for her injury.

Maddi’s initial recovery has been long. She has endured several surgeries of her arm, as well as a ten hour operation that removed muscle from her back to create nerves on her arm in order to be able to move a prosthetic arm in the future.

“I didn’t talk, or eat for weeks. I felt so sick from all the medication and slept a lot, I was just in shock,” she said.

Although most of the major medical procedures are now completed, in many ways Maddi’s recovery is still ongoing. A traumatic event like losing a limb can change a person, physically but also much deeper than that; on an emotional and psychological level.

“My motivation has been impacted. It has really put me down,” Maddi said.

“It has been really hard, especially at first. The quick change from doing everything with one arm and hand was really difficult. Little things like opening doors, putting on clothes, even holding school books with one hand is hard as they are really heavy. I can’t even do my own hair anymore and this has been really frustrating! Doing everything with one hand is a lot different.”

Left: Maddi Lloyd with Bethany Hamilton



But despite the understandable impact that something like this would have on a person, Maddi still says she is "similar" to before the accident. "I have tried to not let it stop me. I obviously don't play netball anymore but I do a lot of running and other fitness, I have a personal trainer to help me."

Maddi attributes coming back to school as beneficial to her recovery as it enabled her to re-join a familiar community and routine. "Coming back to school was helpful because I was able to get my mind off things also being surrounded by my friends who are really supportive. They helped me get back into things but at the same time just keeping things the same as they were before." She

also said joining the school's rowing club was "important to get back into it and to keep my motivation going. The rowing squad were also really supportive. School and rowing helped me to keep my confidence up and to try not to be as self-conscious in myself."

Undoubtedly the biggest support in Maddi's recovery has been the Beautifully Flawed Retreat, through the organisation Friends of Bethany, which helps young women amputees by allowing them to share their trauma with others who have had similar experiences. Created by professional surfer, Bethany Hamilton who lost her arm in a shark attack in 2003 it allows a group of young people, mostly from the US, to "all

come together and learn tips and tricks and do things together. It was the first time I had ever seen an amputee so it was overwhelming seeing everybody but really good."

"You feel like you're not alone and that there are other people that are like you and understand what you are going through and what you are struggling with. It has been a real eye opener and Bethany is amazing and inspiring. And so are the other amputees that went to the camp. By hearing other people's stories you understand that they have all been through so much and that we are there to support each other," Maddi explained.

Maddi attended the 2018 retreat in San Diego and will attend her second this October. "I am really excited to see all my friends again," she said.

As well as the Beautifully Flawed Retreat, Maddi said her family has been a wonderful support for her and that the accident has brought them closer. "They always help me when I need it." Maddi's mum, Cindy also

shared this sentiment, describing Maddi as a "truly amazing young girl with such a positive vision. Her strength and power has helped us as a family to just get on with it! We're so very proud."

Maddi's journey is still ongoing, as she actively works towards healing in every sense of the word. But alongside this it is clear that the "confident, positive,

energetic" Maddi still very much exists and powers her on, setting goals for future. "I want to do something in a hospital and want to help people, especially now, maybe help people like me."

*Left: Maddi with Loreto Rowing Teammates  
Below: Maddi and her family*





# Friends of Music & Performing Arts

## THEIR ACHIEVEMENTS

The Friends of Music and Performing Arts is a volunteer support group open to any friends or families who are interested in supporting the music and performing arts program at Loreto College Ballarat. The support provided by the group aims to improve the equipment, facilities and opportunities that enhance program development, student enjoyment and foster community involvement. The Friends of Music and Performing Arts have consistently worked hard over the years to raise money for a number of key acquisitions including the those listed on this infographic.

### The latest Grand plan.....

Friends of Music and Performing Arts are now seeking your support to join their greatest effort to raise enough money to purchase a Grand Piano for the College!  
**We are now seeking new volunteers to join the group or you can simply donate via the weblink.**



2015 ~ Sconce Lights



2016 ~ 60 Musician Chairs



2019 ~ Stage Mmanagers Desk

2016 ~ Cordless Microphone System



2015 ~ Choral Riser



2015 ~ Glockenspiel



2015 ~ MMC Seat



2015 ~ Yamaha Pianos



Help us achieve our goal...  
**A Grand Piano**  
[events.loreto.vic.edu.au](http://events.loreto.vic.edu.au) or  
[development@loreto.vic.edu.au](mailto:development@loreto.vic.edu.au)



# HELLO



“

*“These are the morals I was raised by... I apply these everywhere I go and to everything I do.”*

Left: Hello Cowboy - Mixed Media and Collage artwork by Brigid (2016)

## Authentically Australian

Words by Mrs Shona Hendley

**Walking into the Saltbush Kitchen is an absolute experience for your senses – the fragrance of eucalyptus and native Australian spices, the uneven texture of bark underneath your feet, the music of birds whistling, all inside a rustic Buninyong cellar that has been splashed with a distinctive, bright, bold and colourful personality; a true reflection of its creator and owner, Brigid Corcoran (Class of 1996.)**

Brigid, welcomed me into what she describes as a “contemporary Australian” space with a pot of lemon myrtle tea and a welcoming smile.

“The experience of the Saltbush Kitchen begins with making people feel welcome and comfortable,” she tells me. “When people feel comfortable they are more likely to try new things, including different flavours and tastes they may not be familiar with.”

Brigid says the aim of her business is to share the flavours Australia has to offer, through bushfoods. Saltbush Kitchen explores how these connect with Australian society today, while delivering them in a contemporary Australian setting that tells a story in its own right.

It also has a lot to do with “learning more about our Australian Indigenous community and their cultures, to understand more and to learn how the world’s oldest, continuous,

culture can have a significant and influential role in shaping our nation for the future.

For me, this begins with food,” Brigid says.

Saltbush Kitchen creates bushfood products, including: Wattleseed, Lemon Myrtle Spice, Pepperberry and Strawberry Gum for you to purchase and try at home, or within its Buninyong home.

Saltbush Kitchen also partners with the Ballarat Tech School and other secondary schools to deliver bush food programs to students within the region.

Brigid’s journey to Saltbush Kitchen was unexpected and has taken her in many directions - at its most simple - down avenues of hospitality, community development, then back to hospitality.

But it was through the New Enterprise Incentive Scheme which Brigid undertook in 2012 that introduced her to bushfood.

“In 2012 I was researching a business concept involving spices and their origins, this research unveiled the vast disconnect between the Australian food industry and Australian native food.”

Brigid explained while looking at a map that showed commonly used spices and where they originate from around the world she noticed that there were none from Australia.





“The question arose - Why, as a country, don't we embrace our culinary history?”

“The question arose – Why, as a country, don't we embrace our culinary history? I started to look more into it into why we don't use them and there is that obvious connection around Aboriginal culture and our history and how little of that we are taught or learn about. It is an area where people don't want to go. But we need to. There should be a constant underpinning of education round Aboriginal culture and history which currently isn't there.”

Brigid began working with four or five bushfoods and through a process of experimentation, as well as trial and error or as Brigid said, “making a lot of mistakes and killing a lot of plants” she began discovering flavours and flavour combinations that tasted incredible.

“I found strawberry gum and I realised how amazing it was and then I got annoyed. I got annoyed because we have all of these native ingredients that people haven't heard of. I asked myself, how is it possible that I am Australian and I know nothing about this? I was so confused.”

The fact that our native Australian culture, from its people and history, to its food and flavours aren't integrated into Australian society and culture “as it should be” is a motivating factor to what Brigid does within Saltbush Kitchen, what she describes as a modern Australian identity and story.

This modern Australian story provides a focus on what is inherently Australian and always has been – its traditional owners, as well as the multi-cultural and vast heritages of other Australians, including her own Irish ancestry, even her Loreto history.

“I ask myself how do I want to live as an Australian? I want to live by being influenced by Aboriginal Australia and I want to know more. I want to be influenced by my Irish heritage and my school heritage. I am trying to find how I want to be an Australian.

I think we are conflicted about that. It is about food but it is about more than that it is connecting with the different ways Australia can be. It has taken me a long time to understand that.”

While Brigid wants to incorporate parts of Australian Indigenous culture into her business she says that she is very mindful that “It is not my place to speak on behalf of the Indigenous community. I am trying to listen as much as I can to influence what I do. I think that is important.”

As well as developing her successful venture into hospitality, Brigid's natural passion and talent for visual creativity is also very evident within the Buninyong space.

The walls and furniture are literally painted with bright colour creating a unique and striking contrast with the more earthy Australian references. Although she is adamant that creative design is her side

interest, it is clear it seeps into her work from the product packaging, the business space, artwork and jewellery available to purchase and the branding.

One of her frequently illustrated subjects, is a woman she calls the Saltbush Kitchen woman. Brigid describes her as “a woman with a red hat who has no name. She was a collage I did ten years ago in Newcastle before Saltbush Kitchen was even a thought bubble. She is fun, spunky, not too earthy and not too serious. She fits Saltbush Kitchen perfectly.”

Reflecting on her time at Loreto, Brigid laughed, “ I was more social than vocational. I had a lot of fun!”

Brigid says that although she had “a lot of attitude” it is unquestionable that her Loreto education shaped her pathway, particularly the value of social justice which is clearly evident within her business and the ethos behind it.

“I can see that in what I do now, the values that were set from school and family are still a part of what I do. Particularly the element of social justice.”

For Brigid, Saltbush Kitchen is inexplicably linked with her own identity. “Some business are entwined with the people that create them. I am completely wrapped up in it.”



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Saltbush Kitchen's bunza & waitressed custard tart.

Above Left: Brigid Corcoran  
Above Right: The Good Salt' - with native pepperberry (available to purchase)  
Right: Bush Seen Extra - original artwork





# Women in Time Inspiring Alumni

## Nominations Now Open (Closing on March 31 each year)

Please nominate a past pupil you know, now for consideration for our founding or future years.

Please contact the Loreto College Marketing and Development Office for any assistance, further information is available on the College website. Ph: (03) 5329 6137 or email: [development@loreto.vic.edu.au](mailto:development@loreto.vic.edu.au)

When a small group of Irish nuns arrived in Ballarat in 1875 under the leadership of Mother Gonzaga Barry, who could have imagined the influence they would have on Catholic education in Australia and all the young women attending Loreto schools throughout the country.

**Loreto Women in Time – Inspiring Alumni** will be a new feature on the walls around the College that will celebrate the outstanding achievements and contributions of extraordinary Loreto College Ballarat alumni who have become exemplars of Mary Ward’s vision that “women in time to

come, will do much”, women “apt for all good works”, and / or who “do ordinary things well”.

**Loreto Women in Time – Inspiring Alumni** will uncover and formally recognise and promote the actions and achievements of Loreto Ballarat alumni who have gone above and beyond what could be reasonably expected. The women featured will encourage aspirations and ideals of the highest community standards and values and will be an assembly of models of Loreto women who, in the spirit of Mary Ward and the Loreto Mission, have in their

time “come to do much.” It will be the College’s pre-eminent means of recognising outstanding achievement and contributions by past students.

The founding year of the **Loreto Women in Time – Inspiring Alumni** will seek to induct up to two nominees in each category, with between one and four inductees in total in each following year.

Please go to [www.loreto.vic.edu.au](http://www.loreto.vic.edu.au) or <https://pastpupils.loreto.vic.edu.au> for more details, selection criteria and nomination process:

### CATEGORIES INCLUDE:

a) Religious and Social Justice Leadership

b) Community Service & Leadership

c) Academic & Professional Excellence

d) Sporting Excellence

e) Arts & Cultural Excellence

f) STEAM & Innovation Excellence

g) Young Achiever & Entrepreneur

h) Verity Award





# From Mary Ward International

Words by Francesca Torcasio Barberis

(Francesca Torcasio Barberis is a MWIA volunteer, Loreto Toorak past student, St Omer Scholarship recipient and recent Monash Science graduate.)

Late last year at the end of my four-year science degree, I decided that my ten-year dream of becoming a veterinarian was no longer relevant. I chose to find work experience within the Loreto network, a community that has consistently provided me with support and opportunities to be an active global citizen.

After graduating, many people do not retain much of a connection to their old school but the favourite part of my Loreto education is that my experience extends beyond what I was taught in the classroom and is still strong five years after graduating. Since then, I have volunteered at the MWIA office in Melbourne, with the Loreto Sisters in India, and soon in NYC where I will work as an intern for Loreto at the United Nations.

Mother Gonzaga Barry said: "Leave something behind on which others can build." This quote always stands out for me. When I think about my career, I tend not to think about what I want to be or where I want to work, but the kind of impact that I want to have. I want the work that I do to be collaborative, foundational and adaptive.

It is that quote by Gonzaga Barry, as well as my experience with MWIA in both India and Melbourne, that drove me to apply for an internship at the United Nations in New York, supervised by Loreto Sister, Cecilia O'Dwyer. I completed my studies in Science Advanced - Global Challenges with Honours at Monash University. The course aims to equip young leaders with communication, entrepreneur and leadership skills to tackle adaptive challenges where there is no clear or rational solution. I became aware of the importance of multidisciplinary

action when mitigating such issues and developing solutions using not only science, but social sciences, culture and economics. I am excited to work on different issues, affecting different people and places, and working towards developing policy that is considerate, actionable and sustainable.

Earlier this year, I assisted MWIA Projects Manager, Kirstin Del Beato in preparing and reviewing internal policy for the organisation. The MWIA office in Melbourne

“

*“Leave something behind on which others can build.”*

is shared with other members of the Loreto Centre. I was able to engage with and get to know the Sisters and staff who work in all areas of Loreto. Although the team is small, the reach, impact and ambition of MWIA is incredible.

This wasn't my first experience volunteering for MWIA. At the end of 2016, I boarded a plane to India where I spent a month living with the Loreto sisters in Siliguri and working with the Darjeeling Mary Ward Social Centre. Throughout high school I was always involved in extracurricular and social justice activities that raised money for the work

that Loreto does globally. However, being able to witness the impact firsthand in India showed me how sustainable the projects run or funded by MWIA truly are.

I'm writing this article at a cafe in Islington, London, at the tail end of a four-month solo trip through Europe. In some ways, I feel a little bit like Mary Ward, who told us to "be seekers of truth and doers of justice". Throughout this trip and through my experiences with MWIA, I have sought new and challenging opportunities to broaden my knowledge, understanding and experience. I continue my journey to New York as a doer, being a part of a community working towards equality and justice, especially for women and children.

Being a part of the Loreto community means that throughout this trip, I have never felt alone. Whether it be the 30+ Toorak past pupils I met at the London reunion in June, the Loreto and CJ Sisters and staff throughout Europe, or even the Loreto subway station in Paris - the strength and stretch of the Loreto community is comforting, inspiring and encouraging.

I always admired Mary Ward at school. Her story was present in our school values, celebrations and songs; however, it has been through my experiences with MWIA that I feel as though I truly understand her. I am sure that most within the Loreto Network recognise the Mary Ward quote "Women in time will come to do much." I remember it posted on the far wall of our auditorium throughout my time as a student at Loreto Mandeville Hall. For me, now more than ever, it feels like that time.



# Works by Loreto Students

## Integrity

Below are Loreto College student works relating to the value, Integrity.  
The works are representative of student's creative and artistic interpretations of this theme.

### Year 11 Art - 'Rare Personalities'

by Heidi Eichler



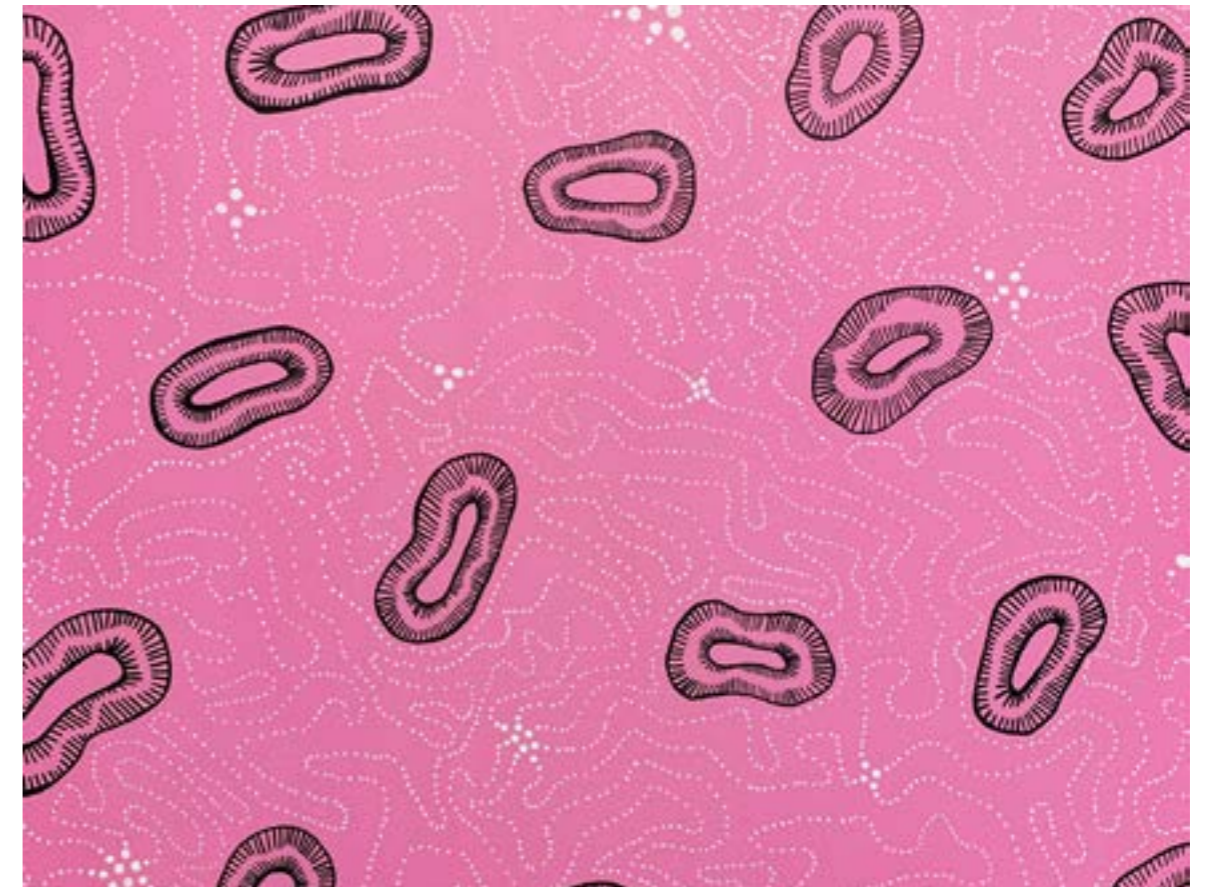
## Year 12 Art

by Giorgia Myrianthis

“

*My work explores the ways to view beauty through a conceptual and symbolic design rather than a traditional form.*

*I have been inspired by personal memories and experiences as well as contemporary Australian female artists that have helped to inform the style of my artworks.”*





# Ride Like a Girl Premiere

Words by Mrs Judy-Ann Quilliam

Loreto College proudly hosted the public opening night screening of Ride Like a Girl on Thursday 26 September at Regent Cinemas Ballarat. Following a series of regional premieres by Transition Films, it was finally our turn to see our much loved and famous alumna, Michelle Payne's extraordinary story on the big screen.

We loved hosting the cast and crew on site at Loreto College in 2018 for the filming of the movie, and it was wonderful to see our beautiful school on the big screen. The Loreto Chapel was majestic for the wedding scene and many of our students delighted in finally seeing themselves as extras in the film.

Over 600 of our Loreto community past and present snapped up the opening night tickets for the Loreto Blue Carpet event; whilst the students and staff that featured as extras in the film relished their moment in the spotlight as movie stars with a limousine arrival. Many stayed on to enjoy drinks and nibbles afterwards in the Marble Room.



A true Loreto girl at heart, Michelle's Payne true story is one of great sincerity, integrity, passion and commitment, against all the odds. Testament to her character, many of her best friends to this day, are still her friends from her days at Loreto and she has willingly given her time on many occasions for Loreto events throughout the country. A true inspiration and a fine example of an empowered Loreto Woman, Michelle continues in her quest to achieve, unite and strengthen women's roles in sport.

All proceeds from the evening went towards establishing the new Loreto Aspiring Dream Scholarship. In the spirit of our founders and alumni role models such as Michelle Payne, who aspired to win the Melbourne Cup, this new scholarship endeavours to support a graduating or leaving student each year to pursue their dream.

We extend our heartfelt thanks to Stephen and Sue Anderson and the Anderson family for their generous support of the College by hosting this event at Regent Cinemas.

If you would like to support a graduating or leaving Loreto girl to achieve a dream, please share your gift now and help our graduating Loreto Girl's to "go forward and set fire to the world!" A link to the donation page is on the Loreto website:

<https://events.loreto.vic.edu.au/#events&fundraising>



Above: On the 'Blue Carpet' Ride Like a Girl Premiere attendees

**REGENT CINEMAS**  
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# 'Be To Thy Children a Mother Indeed' - the Hayden Family at Loreto

Words by Mr Matthew Roberts (Loreto Ballarat Archivist) & Ms Robin Scott (Province Archivist)

“

*“She gave much to all girls placed in her care; most of her gifts came from her inner sanctity, self-discipline and deep respect for the integrity of each person...”*

The Hayden family has deep roots in Ballarat and Loreto. Their Loreto connections reach back to 1880, only five years after Loreto was established in Australia. Laura Hayden (nee Higgins) was enrolled at Loreto Convent Dawson Street (Loreto's Day School) 1880-1883 and then boarded at Mary's Mount 1884-1889.

Generations of Hayden girls (and boys), right up to the present day, have been educated at Loreto, absorbing Loreto's values and vision and continuing to contribute to family and society.

One of the Hayden family, Laura Hayden, entered the Loreto order, becoming Mother Antoinette. Laura began her education at Dawson Street, as did her mother and siblings. She joined the Loreto order in 1933. Mother Antoinette was an inspiring teacher. Her subjects included Christian Doctrine, History, Chemistry, General Science and Botany.

While Mistress of Schools (Principal) at Mary's Mount, 1956-1960, Mother Antoinette was a founder of the Ballarat Girl's School Sports Association and an innovator in the design of the sports uniform. Shorts were introduced for the first time. In 1959 the first B.G.S.A. Athletics was held at the City Oval.

In 1970 Mother Antoinette became the 8th Province Leader of the IBVM in Australia. In this leadership role she was a builder and

a communicator. She saw to an expansion and redevelopment of the Mary's Mount site with the building of the Mary Ward Wing and the Science Block. She built the innovative Junior School at Loreto Claremont in Perth, 'Koolyangarra', and established the mission to Broome. Also during this period Loreto Kirribilli expanded with the building of the Science Block and Junior School, Loreto Normanhurst built new classrooms, Loreto College Coorparoo, a new residence for the Sisters and Dawson Street expanded with new classrooms.

Mother Antoinette was passionately interested in the poor and the new migrants of South Melbourne and as part of the Albert Park Community would spend Saturdays counselling, guiding and supporting.

Her sudden death in Rome en route to the 1974 General Chapter initiated an outpouring of tributes to her character and works.

A past student wrote "She gave much to all girls placed in her care; most of her gifts came from her inner sanctity, self-discipline and deep respect for the integrity of each person. She set high standards for a Loreto girl and her displeasure if we failed was not that we were failing her but that we were failing ourselves. Her respect for us taught us respect for ourselves and for one another. Mother Antoinette was what she



Right: Lauren McKenzie (Granddaughter of Pauline McKenzie) and Pauline McKenzie with the Hayden Family cut glass vase.





hoped each one of us would grow to be, a compassionate, concerned, committed woman."

Soon after her death, the new library in the Mary Ward Centre was opened and named in her honour.

In her memory, the Hayden family has recently donated a cut glass vase in memory of Mother Antoinette. This is particularly appropriate because in her botany classes, Mother Antoinette engendered a love of plants and the environment in her students. The vase will hold many beautiful flowers.

Mrs Pauline McKenzie (nee Hayden) (Mary's Mount 1960-1963), 3rd generation of Hayden family to attend Loreto, visited her old school in August this year and shared her memories of school days and her family and work.

Mrs McKenzie was Mother Antoinette's niece and was at school at the same time as Mother Antoinette was Mistress of Schools and Superior. Pauline says that, "I loved every second of my years at boarding school. I was so fortunate to be able to go to my cousins house every Sunday." She became School Captain in 1963. She remembered being at school with her Hayden cousins, the friendship of the nuns who taught her and the lasting school

friends that she made. There was warm Loreto brown bread for breakfast and singing of 'The Holiday Hymn'.

The Catholic Faith, Ethics and concern for social justice were instilled in the Loreto students as they are today and Pauline has continued to practice these values in her work in Papua New Guinea for the Australian Volunteers Abroad Scheme, regular fostering of children, organising aid for countries suffering natural disasters, establishing the Pregnancy Help Geelong Centre, helping out in her local parish and lobbying on behalf of refugees as a 'Grandmother Against Detention of Refugee Children' campaigner.

Pauline was awarded the Order of Australia in 2005 for services to the community through support for social welfare and disability services and through promotion of international humanitarian aid. In 2016 she was named Victorian Barnardos Mother of the Year.

In that year, addressing Loreto students, she said that, "I realise how truly blessed I have been. To be female and to be educated is a great privilege. To be educated at Loreto is even a greater privilege. I think my education at Loreto taught me to respect myself as a person, to realise who and what I was, to aim high and to always learn from my experiences both good and bad."



Top: Hayden Family at opening of the Antoinette Hayden Library, 13 June 1975.

Bottom right: Mother Antoinette Hayden (1911-1974)

# insert

9-11 October 2020 in your diary!

Don't miss the 2020 Loreto Federation - 'Inspire' - to be held at Loreto College Marryatville, South Australia.

We invite past Loreto alumni, family and friends from all around Australia to come together to be inspired by a diverse range of influential speakers who will share their unique perspectives on the theme 'Inspire.'

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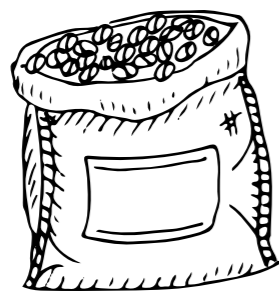
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# Expert Tips

## Better Gardens

with Dennis and Andy



### What's behind the fence?

Behind the rowing shed sits the elusive 'Dennis and Andy' fence.

The place where gardening and maintenance supplies are kept and grounds keeping ideas are conceived, it is the place where the magic begins.

But what exactly lies behind the fence?

- A mini plant hospital - with potted plants, seedlings, plant off cuts and horticultural first aid implements
- Many a shovel of different sizes and purposes
- Dennis' bike and kayaks - key for his work, life balance
- Ladders big and small
- A ride on mower, push mower and supplies to create those perfect Loreto lawns
- Eric the Eagle and Fred the Falcon garden ornaments-keeping a watchful eye over everything.

## Fun Facts from the Archives

With Robin Scott, Loreto Province Archivist

- There are more than 50 angels in the Chapel
- Loreto' used to be spelled with a double 't', 'Loretto'.
- Loreto was one of the first schools in Australia to have a school magazine.
- A 2002 film, 'Dalkeith', was filmed at Loreto College Ballarat.
- The first student to be enrolled in a Loreto school in Australia was Alice O'Callaghan from Gordon.

## Tech Tips with Mick

"Integrity online."



Personal integrity and morality are constantly challenged in the online world, and individual users have more power than ever to set the agenda and force change through the weight of public opinion. On social media platforms, fine lines have been created between what is personal, what is public, and what actions can be deemed morally right or wrong. So what are some strategies that individuals can use to ensure that they maintain their online integrity while not crossing moral boundaries?

### Speak honestly:

The internet is full of fake news, and individual contributions to social media can be misleading, deliberately inflammatory, and financially motivated. With some degree of caution applied, honesty is still the best policy in an online space.

### Speak with respect:

Social media is a melting pot of ideas, opinions and values, which allows for interesting debates and a high level of social and cultural diversity. With this in mind, posting, commenting and sharing divisive content can upset users, and create unwanted attention. Contribute with the knowledge that what's said might be visible forever.

### Regulate your responses to others:

When confronted with antagonism, trolling or morally questionable views on social media, our first instinct is often to bite back-adding fuel to the fire and often satisfying those who thrive on controversy. And while it's important to call out inappropriate behaviour, ask yourself:

1. Is it worth it?
2. Will your contribution only inflate the level of attention that harmful views are receiving?
3. If you must respond, how can you illustrate your point tactfully?
4. Is there another avenue, such as reporting posts or individuals through mechanisms provided by the platform?

## Carmel Parker's Health & Fitness Tips

### Intensity

In this issue of Integrity let's talk about Intensity! To give something integrity can mean to do something the right way in a reliable manner. We can apply this to our physical activity.

Many of us are aware of the importance of regular physical activity to promote optimal health and wellbeing. This important fact is a key understanding that is at the heart of our Health and Physical Education Program at Loreto College. So, what has intensity got to do with it? Well, to achieve maximal benefit from your physical activity sessions understanding and achieving the required intensity is very beneficial. Let's look at the Australian Physical Activity Guidelines. It is recommended that women undertake 150 to 300 minutes (2 ½ to 5 hours) of moderate intensity activity or 75 to 150 minutes (1 ¼ to 2 1/2 hours) of vigorous intensity activity each week.

A quick way to test your exercise intensity is using the talk test.

When exercising can you:

- Talk or sing comfortably? You are probably exercising at a low intensity.
- Talk comfortable but not sing? You are exercising at moderate intensity.
- Neither talk nor sing comfortably? You are working hard at a vigorous/high intensity

When exercising, try the talk test to see whether you are working at the recommended intensity. Notice that the harder the intensity the fewer exercise minutes you need to meet the guidelines. Perfect for busy schedules!



## 5 Minutes With....

Miss Sophie Molan (Year 12)  
AFLW 2019 Draftee - Richmond

### Q: How long have you been playing football?

A: I started doing Aus Kick when I was about six or seven. I officially started playing when I was 8 for the Mount Clear Junior Football Club with the boys.

### Q: When did you first realise that you might be able to make a career out of football?

A: At the start it wasn't really on my radar because there was no AFLW or any competition for girls really so I kind of just did it for fun and focused on basketball. But it was probably last year in my bottom age year, I had played Rebels for two years prior, we had a new coach and I had been told he wanted me to become a midfielder instead of a back pocket. I had a pretty good year that year and made my first Vic country appearance. But seeing my teammates and very close friends get drafted last year made me believe and want it even more.

### Q: How did it feel when your name was called out as pick No7 for Richmond?

A: Going into the day I wasn't too nervous but when they started announcing the picks I got really sweaty hands. As I was projected to go around pick six or seven to either the Bulldogs or Richmond,

I was getting pretty nervous as my name wasn't read out as the Bulldogs selection for pick six. Then, when I heard my name it was like a sigh of relief, I was sooo happy and it was even better having my brothers, parents and my coach from the Rebels there with me.

### Q: What do you think your biggest challenge will be in your first year in the AFLW?

A: I definitely think pre-season will be the first challenge, we will be training four times a week and that's nothing that I've been through before.

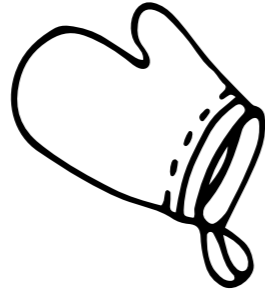
But I think once you get through pre-season it'll probably be proving yourself to your teammates and yourself. Getting the trust from your teammates and belief within that you are capable at the next level.





## From Thea's Kitchen

### Spanakopita



#### Method

1. Preheat the oven to 200°C
2. Line a medium pizza tray with baking paper
3. Prepare the filo pastry by sifting the flour and water into a medium bowl, combine the flour and water until it forms a soft dough. Knead the dough for 5 minutes, wrap in glad wrap and rest for 10 minutes.
4. Wash, pat dry and roughly chop the spinach, dice the brown onion, finely chop the spring onion and slice the bacon into strips.
5. Finely chop up the dill.
6. Melt the oil in a non-stick pan, add the onions and bacon and sauté until lightly browned. Add the spinach and allow to wilt cooking for 1 minute.
7. Remove from heat and place in a medium sized bowl, allow to cool.
8. When the spinach mixture has cooled add the dill, semolina, crumbled feta cheese, ricotta cheese, egg and milk. Combine well using a fork to incorporate ingredients. Set aside.
9. Prepare the filo pastry by melting the butter and dividing the dough into 16 even sized pieces. Roll each piece into a ball.
10. Use a rolling pin to roll out each ball into thin round discs, as thin as possible (about 12cm diameter)
11. Brush 7 each disc with butter and stack eight discs into a pile to result in eight layers, do not brush the final layer. Repeat with remaining dough until you have 2 stacks.
12. Roll the two stacks using the rolling pin until they are about 2cm bigger than the pizza tray.
13. Place one sheet of filo onto the pizza tray. Top with the spinach mixture leaving a 2cm gap around the edges. Grease the edges.
14. Place the remaining filo pastry on top of the filling and roll the edges to seal the fillings.
15. Brush the top of the pastry with the remaining butter and bake for 20 minutes or until golden brown on the top and base.

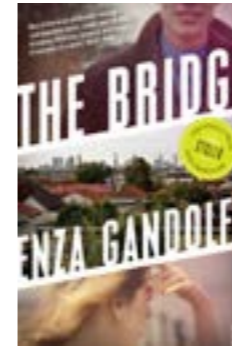
#### Ingredients

- 1 cup of plain flour
- 1/4 cup of water
- 2 cups of fresh spinach leaves
- 1/2 small brown onion
- 1 spring onion
- 1 bacon rasher
- 1 tablespoon of olive oil
- 1 tablespoon of dill
- 1/8 cup semolina
- 125 gms feta cheese
- 1/4 cup ricotta
- 1 egg
- 30 mls milk - 1 1/2 tbs
- 60 gms butter



# Book Talk

with Mrs Marcia Phillips



#### THE BRIDGE:

##### Enza Gandolfo

Melbourne author Enza Gandolfo's novel *The Bridge*, is a moving and compassionate story set in the Western suburbs of Melbourne with the shadow of the West Gate Bridge ever present. It tells the stories of Antonello, a former rigger on the bridge at the time of the collapse in 1970 and Jo, a Year 12 student, living in the shadow of the bridge. Antonello has suffered from post-traumatic stress syndrome since the accident that took the lives of thirty-five men and has shaped his life and that of his family's. Eighteen-year old Jo, with insecurities that threaten to overwhelm her, is involved in an accident that has dramatic ramifications for both her family and Antonello's.

*The Bridge* is a powerful and emotional story of family, love and loss, community identity together with post World War Two migration.



#### THE SHEPHERD'S HUT:

##### Tim Winton

As we have come to expect, Winton's main characters are flawed and damaged by their life experiences. Jaxie is still a boy but has been subjected to horrific abuse by his father. His mother is dead and his only source of love and companionship is with his cousin Lee, who now lives hundreds of kilometres away. After an accident claims his father's life, Jaxie goes on the run, fearful the police will suspect him of killing his father. His goal is to reach Lee and it is while on foot in a hostile environment with barely any provisions, he sees the old shepherd's hut and his life takes another dramatic turn.

*The Shepherd's Hut* is a raw and brutal story with strong language and adult themes but Winton's compelling characters and dramatic storyline made this novel almost impossible for me to put down.



#### ONE RUNAWAY RABBIT:

##### David Metzenthen and Mairead Murphy

*One Runaway Rabbit* is a gorgeous new picture book illustrated by Mairead Murphy, former Loreto student and daughter of long serving educator at Loreto Ballarat, Ed Murphy. Mairead has achieved considerable success as an interior architect but she has a promising career as a children's book illustrator.

*One Runaway Rabbit* has been written by talented Melbourne author David Metzenthen, who is best known for his young adult novels but who is also very skilled at delivering a story with very few words. The pared back text, together with full page double spread illustrations, convey the story of Lulu, a pet rabbit who escapes the hutch one evening and sets out to explore the neighbourhood not realizing a suburban fox is on her tail. Lulu realises she is being pursued and finds a very clever solution to her dilemma.



#### THE SCHOLAR:

##### Dervla McTiernan

*The Scholar* is the second murder mystery novel by Irish author Dervla McTiernan who now resides in Australia, and once again featuring Detective Cormac Reilly. Reilly's partner, Emma comes across the body of a young woman late one evening and the ensuing investigation leads Galway police to suspect Emma as the possible murderer. Once again Reilly's integrity is questioned as he fights to discover the truth of who killed the young university

student and why. His ongoing battles with the police hierarchy and fellow officers make his investigation a difficult one.

This is a tautly written thriller and will appeal to those readers who love a good 'who dunnit'.





# Service of Sincerity and Integrity

Words by Mrs Geraldine Frantz, Mr Jeff Primmer & Mrs Judy-Ann Quilliam



1961 Dawson Street, Junior Boys - Stephen, second row from back, fourth from left.



*“To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.”*

Douglas Adams

2019 retired Board Members, Stephen McArdle & Tracey O'Neill exemplify sincerity and integrity in thought, word and action. Stephen McArdle is a proud Loreto man with a special connection and outstanding record of service and commitment to Loreto College and the Ballarat Catholic Community. Tracey O'Neill's generosity to serve extends to the state and national Catholic Community.

Integrity is often defined as 'the quality of being honest and having strong moral principles;' perhaps this noted quality of the Loreto value, Sincerity, was first nurtured in Stephen McArdle as a young boy by the Loreto Sisters in the early 1960s, when he was a student of the Dawson St Kindergarten. Loreto kindergartens were located at both Dawson St and Mary's Mount and there are a number of men from Ballarat who share that same early connection, however, few who have continued the connection and given back to Loreto Ballarat and the wider Ballarat Catholic Community in

the way that Stephen McArdle has continued to do so.

A traditional Catholic family with strong principles, Stephen's father, Dr Frank McArdle was the much-loved GP who cared for all the Loreto Sisters. Stephen fondly remembers the many hours as a child visiting the nuns and meandering around the gardens, he formed lasting friendships with the Sisters who will always hold a special place in his heart. In particular, he recalls the anxious childhood wait each Christmas Day to open family presents, as none could be opened until the visit to all the Sisters and all clergy had taken place.

Dr Frank McArdle sadly passed away suddenly at just 53 years of age, leaving Stephen's mother Patricia to raise the family of seven children. Stephen speaks fondly of how his mother shaped his first impression, and subsequently epitomised the strong, empowered woman as she worked to raise,

support and educate all the children. Stephen's three sisters, Mary, Fiona and Jacinta graduated from Loreto College; with Jacinta going on to study education and returning to teach English at Loreto for many years. The boys all graduated from St Patrick's College.

Stephen is more recently a proud Council, Committee member and past parent of the College. His two daughters Caitlin and Clare, graduated in the Classes of 2003 and 2006 respectively, and he has been a long-term, valued member of the College Council (now College Board) and Committees.

In 1994, Stephen joined the inaugural Loreto Ballarat School Council, and in 1997, he began membership of the Finance and Audit Committee, of which he Chaired until 2005. This significant 11-year period saw great progress and change under his leadership

and watchful eye, until he retired from the School Council in 2005. However, testament to his commitment to Loreto, he remained on the Finance and Audit Committee until his recent final retirement from the College at the end of 2018.

Throughout this time, Stephen maintained critical oversight of the components of many building and refurbishment projects, including the Science Wing, the Antoinette Hayden Library, the Mary Ward Centre and most recently, the Mary's Mount Centre performing arts building. To enable these College capital projects, a strong focus on rigorous financial management and good insight into making the best of funding opportunities was required. Stephen's background as an accountant and connection to the Ballarat Catholic Diocese, through his membership of the Diocesan Finance Committee and leadership of the Catholic

Education Office Ballarat Audit and Risk Committee, enabled him to consistently give sound advice and leadership; this included the strategic decision to move all Loreto students onto one site at Sturt Street.

Having worked as an accountant, with an astute eye and mind for money for all these years, Stephen is the first to say, "money does not make you happy!" He has travelled extensively and says the children he has seen from the poorest countries are often the happiest. His advice to all is to try and keep life fun! Life is short, have interests and have fun!

Stephen leaves to carry out his role as a founding member of (DOBCCEL) Diocese of Ballarat Catholic Education Limited, thus continuing his lifelong service to the Ballarat Catholic Community with his fine qualities of sincerity and integrity, that we have come to know and love.



Mrs Geraldine Frantz, Board Chair (centre), Mrs Tracey O'Neill and Mr Stephen McArdle (Retired Board Members, June 2019)

Tracey O'Neill first joined the Finance and Risk Committee in 2014 and the College Board in 2015. Tracey came to Loreto College with a background as a highly experienced lawyer working in her own Practice and has been a member of Ballarat Diocesan Schools Advisory Council, Chair of the Victorian Catholic Schools Parent Body, member of the Catholic Schools Parents Australia, and proud parent canteen volunteer.

The Board was enriched by Tracey's extensive knowledge and experience in Workplace Law, risk assessment and prevention and her insight into the role of parents in the broader conversation of Catholic Education. Tracey has spent many hours diligently checking the wording and content of a myriad of school policies and documents in supporting the Board's role of Governance of our College. Tracey O'Neill leaves Loreto College a bigger

and better place, for having been part of it. Tracey leaves to step into the inaugural role of founding Chair of (DOBCCEL) Diocese of Ballarat Catholic Education Limited, thus continuing her significant service to the Ballarat Catholic Community with a deep integrity and sincerity that is to be celebrated.



# Dora O'Sullivan Bursary

Loreto College is delighted to announce the establishment of a new ongoing bursary, courtesy of the incredible generosity of a family with significant historical connections to the school.

The Dora O'Sullivan Bursary has been established by Rita Andre' (nee O'Sullivan), to perpetuate her sister, Mary Madelaine Theodora O'Sullivan (Dora)'s memory in a meaningful way and to acknowledge her determination and leadership.

Dora and Rita are proud members of the Coghlan family whose connection and generosity to the school has spanned five generations; beginning with their Grandfather and family patriarch, James Coghlan, who was an ardent supporter of Mother Gonzaga Barry and their mother, Isobel (Daisy) Coghlan, who attended Mary's Mount between 1899 and 1903. Dora was both a past student of Loreto Mary's Mount and St Albans in the UK and she went on to play a pivotal role in the Victorian Red Cross during the 2nd World War.

Dora was described as one of the most compassionate, kind-hearted, loved and respected persons in the Victorian Division of the Red Cross. These qualities, combined with her practical, hard-working ethic and marvellous sense of humour made her a very special person indeed.

In her lifetime, Dora was awarded a Red Cross Honorary Life Membership in 1981 for 40 years of selfless service, the Queen's Jubilee Medal in 1977, the British Empire Medal in 1978, the Medal for Meritorious Service in 1965 and Distinguished Service Award in 1962.

The new Dora O'Sullivan Bursary will be awarded from the 2020 school year to support a student each year who may not otherwise be able to attend the College and will be administered by the Principal. The College will ensure that all beneficiaries are made aware that they are recipients of the Dora O'Sullivan Bursary.

To be eligible for consideration as a recipient of the Dora O'Sullivan

Bursary, students must be from families encountering financial difficulties which may otherwise prevent their daughter from attending Loreto College Ballarat. Eligible candidates may be current students or prospective students at any year level.

The belief in a Loreto education and profound generosity of the O'Sullivan sisters and the Coghlan family has ensured their connection to the College will now span future generations. We hope the family's generosity inspires other members of our community to make arguably the greatest gift that can be given to a young woman, a Loreto education and support.

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*Anyone seeking information on how to make a tax deductible donation to a College Bursary, Scholarship or Building Fund is urged to contact: [development@loreto.vic.edu.au](mailto:development@loreto.vic.edu.au) or phone 53296137.*





Above: The late Dora O'Sullivan



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# Loreto Chapel Weddings



Claire Keppel (Class of 2004) married Mark Steele on March 23, 2019

Photography by One Point Photography

Tegan Benfield (Class of 2011) married Nicholas Locondro on February 23, 2019

Photography by Samci Photography





# Alumni Updates

## Emily Delahunty (Godfrey) (Class of 2007)

Emily was a recent recipient of the Ian Hansen – Victorian Association for the Teaching of English Award, for the 2019 Dux of English at University of Melbourne’s Graduate School of Education. This prestigious award recognises the achievements of the top first-class honours student in the Masters of Teaching (Secondary) degree within the English Learning Area.

Emily also holds Executive Master of Arts and Bachelor of Arts degrees. She has worked in education across primary, secondary and tertiary environments, locally and internationally. Emily returned from England in 2016 to take up a position at Wesley College and embark upon further study.

Currently, Emily is a Residential Tutor and the Pastoral Care Coordinator at Janet Clarke Hall, University of Melbourne.



## Births

Faith Austin White and Paul White welcomed Joseph on 10/03/19, brother for Sam.

## Marriages

### In the Loreto Chapel:

- Emily Tempany (Class of 2012) married Samuel Hines on February 16, 2019
- Tegan Benfield (Class of 2011) married Nicholas Locondro on February 23, 2019
- Rachel Reid (Loreto Portland) married Daniel Blood on March 3, 2019
- Claire Keppel (Class of 2004) married Mark Steele on March 23, 2019
- Amelia Frantz (Class of 2010) married Stephen Reeves on April 27, 2019
- Amy Collins (Class of 2011) married Jack Brook on October 12, 2019
- Lauren Buttler (Class of 2011) married Carl Smith on October 19, 2019

### Other weddings:

Amy Lawry (class of 2007) married Thomas Trindall on September 14, 2019 in Brighton, Vic.

## Deaths

- Phoebe Starck (nee Kritzer) December 17 1968-April 10 2019
- Sr Josie Jeffery ibvm died 4 August 2019
- Patricia (Troy) Hart 1930-2019 (9th of July)
- Barbara (Tobin) Prior passed July, 2019 in Perth
- Joan O’Keefe (nee O’Donohue) died on April 24 2019
- Violet Mary Fleming (Spittle) 1924-2019

## Past Pupils’ Association

When you read this edition of Verity past pupils will have gathered for our annual November High Tea, Annual General Meeting and prayed for members of the Loreto Family at the Mass of Remembrance. It is a time when the past, the present and the future come together. We recall our school days, exchange news of families and friends and careers and travels. It is always a delight to introduce the recipients of our annual Year 8 Visual and Performing Arts scholarships, to hear of their dreams for the future as they perform for us and display their art works.

The Annual General Meeting reinforces the strong links between Loreto Ballarat and past pupils. During the year your Committee appreciates invitations to such college functions as the February Academic Assembly during which the College Dux Award sponsored by the Past Pupils’ Association is presented.

The Arts Festival, the annual theatre production, the Runway showcase are always enjoyable evenings and we follow our rowing crews in the Head of the Lake. We read with interest in Verity and in Loreto e-News-and, perhaps, with a touch of envy-of the breadth of opportunities open to the students of today. It is heartening to know that there are many past pupils on the College Board and its Committees - a strong link between past, present and future.

On all of these levels the presence and the spirit of Mary Ward and Mother Gonzaga Barry from the past is so alive in the present. Both these dynamic women were firmly present in uncertain and challenging times in history but focused on a better future. As you walk through the front gates of Loreto you are greeted by the sculpture of Mary Ward striding into that uncertain future. Now we have

the opportunity to support her Cause for Beatification and to ensure that this remarkable woman will, at last, receive due recognition from the Church which she served so faithfully.

You can join members of the global Loreto family in prayer for the Cause and to write a short submission on what the example of Mary Ward and your Loreto education means to you. Details may be found on the Loreto Australia and South East Asia website at [loreto.org.au](http://loreto.org.au) Best wishes for a Christmas time of peace and joy and may that peace remain with you during 2020. Save the date of the Loreto Federation conference to be held in Adelaide on 9th-11th October 2020.

**Miss Meg Barry  
President**

*We rely on the individual, a family member or representative, funeral director or legal counsel to formally advise the College the details of any births, deaths or marriages to be published in Verity. Only confirmed members of the Loreto Community will be published. We invite deaths notices to be included and commemorated at our annual Past Pupils Mass of Remembrance in November. Contributions gratefully received to [verity@loreto.vic.edu.au](mailto:verity@loreto.vic.edu.au)*





# STRATEGIC GOALS 2019 AND BEYOND

LORETO COLLEGE BALLARAT



## The Time is Now

In 2020, we embrace an exciting new decade, one in which Loreto College will celebrate 150 years of Loreto education in Australia. In accordance with the Loreto Mission, a Loreto education has changed significantly over the years to ensure that the education provided is congruent with the times; and there is an exciting future ahead.

On Tuesday 25 June 2019, the College Board released My Loreto, the Loreto Strategic Goals for 2019 and Beyond. The My Loreto booklet contains the big picture goals that value our past and present and identify an exciting future for the school amidst the rapidly expanding Ballarat region.

Mary Ward famously said, "that women in time will come to do great things." Loreto College says that time is now, and the Board is currently leading an investigation into the contemporary re-introduction of Mother Gonzaga's founding establishment of integrated pre-school, primary and boarding education, with an expanded secondary option. As Verity goes to print, we are waiting with great anticipation on the forthcoming supporting strategic plans that have been a significant work in progress for the past few years.

As My Loreto states, with Mother Gonzaga Barry as a role model for expansion and innovative change, Loreto College is now poised to step courageously forward and,

over the next five to fifty years, meet the flourishing need for a Catholic education in the Loreto Tradition.

For more information or a copy of the Loreto Strategic Goals 2019 and Beyond, please refer to the College website or contact [myloreto@loreto.vic.edu.au](mailto:myloreto@loreto.vic.edu.au)

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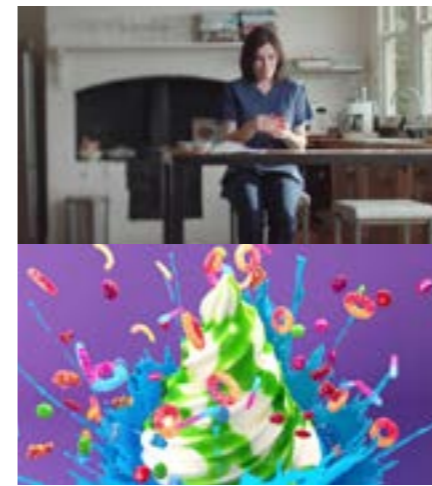
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