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Cover Art

Loreto Family Portraits (L-R):

Mother Gonzaga Barry (supplied),

Simone Jans, Year 8 student Lexi Ryan,
Sr Trish Franklin, Judith Potter,
Proccacino Family

Photos by Michelle Dunn

Inside Cover Photo -
2018 Mother’s Day Mass

Photo by -
Liz Crothers

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Print

Revolution Print

Contributions to Verity can be sent to:
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CLASS OF '68 REUNION

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Past pupil, the Honourable Mary Delahunty, takes us on a journey to the Class of 1968 Reunion and the memories she holds so fondly.

LORETO FAMILY FOUNDATIONS

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The fascinating story of the Coghlan family and their association with Loreto since its foundation in Australia. This association now spans five generations.

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FOR EMMA-KATE

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A celebration of the life of Emma-Kate McGrath and the ways that Loreto College and her family and friends are keeping Emma's memory and legacy alive.

LORETO GIRL EMPOWERED

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Past pupil of Commercial College and nationally renowned leader, facilitator, author and authentic figure of women's empowerment in thought, word and action, Lee Squire features as our Loreto Girl Empowered in this edition.

From the Editor,

The Loreto Family - a warm, empowering, meaningful, faithful and unbreakable fabric that weaves throughout Loreto's history; crossing over and intertwining, joining all of Loreto's past, present and future together as one connected community.

Our second edition of Verity for 2018 is based around this key element of Loreto, what it is and who it is – a family of women and girls, men and boys, over its history, today and in the future. This edition insightfully explores some of the stories, events and people that create our Loreto Family and how unique, precious and empowering it is.

Our cover was conceived, planned and created with this idea at the forefront. It is an artistic representation of this idea – a selection of photographic portraits of selected individuals who are remarkable Loreto College family members in their own right but who also epitomise broader groups within the Loreto Community, including: past pupils, staff members, current students, Principals, family members and of course Loreto College founder Mother Gonzaga Barry.

Image 1. Mother Gonzaga Barry, Loreto College founder

Image 2. Current Teacher, Ms Simone Jans

Image 3. Current Student, Miss Lexi Ryan (Year 8)

Image 4. Past Pupil, Sister Trish Franklin

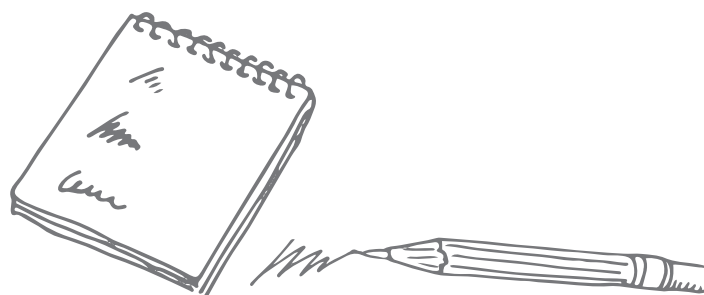
Image 5. Principal, Ms Judith Potter

Image 6. A Crowe – Procaccino family portrait to represent the lineage of many families who attend/ed Loreto

Photographed by the talented, Ballarat based photographer, Michelle Dunn. Each image is a creative and artistic representation of each individual who is also representative of these wider groups within the Loreto Family.

For our next edition, our theme will be based on the 2019 Loreto value of Sincerity.

Shona Hendley and the Marketing & Development Team



Coming Up

NOV '18

7

**Past Pupils' High Tea and
Mass of Remembrance**

An annual event for our past pupils to get together, share memories and catch up over a lovely high tea followed by Mass in the Chapel.

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**Class of 2017 First Year Out
Reunion**

A chance for the class of 2017 to catch up with each other and share experiences since graduation a full year ago!

MAR '19

8

**International Women's Day
Breakfast**

Our annual International Women's Day Breakfast is an empowering event where we proudly recognise and celebrate all the incredible women in our community. Past pupils are warmly invited to attend.



MAY '19

3

**Class of 2009 Reunion
(evening)**

4

**Class of 1969 &
Class of 1989 Reunions**

18

**Class of 1979 &
1999 Reunions**

Messages from Loreto



*Top Row: Left to Right: Mrs Tracey O'Neill, Mr Richard Robinson, Mr Luke Dunne, Mr Matt McCabe, Mrs Nicole Loader.
Front Row: Ms Janet Freeman, Mrs Geraldine Frantz (Chair), Mrs Maria Myers AC. Absent: Mrs Erin Taylor*

From the Board

As we draw towards the close of the very busy 2018 school year I pause to reflect upon my first year as Chair of the Board.

As a College, we have completed our project commitments in our previous Strategic Plan so this year has really been a year of review of the past and planning for the future. We are continually guided by the principle of providing excellence in education to best suit the needs and aspirations of our current and future students in an ever changing world. It has been an exciting year from this perspective and we look forward to presenting our new Strategic Plan in 2019.

College Board

Mrs Geraldine Frantz (Chair), Mr Luke Dunne (Deputy Chair), Ms Janet Freeman, Mr Matt McCabe, Mrs Maria Myers AC, Mrs Tracey O'Neill, Mr Richard Robinson, Mrs Erin Taylor and Mrs Nicole Loader.

Finance & Risk Committee

Mr Matt McCabe (Chair), Mr Shane Carey, Mr Stephen McArdle, Mrs Cathy Oakley, Mrs Nicole Loader, Mrs Tracey O'Neill, Mr Richard Robinson, Ms Judith Potter (Principal), Mr Jeff Primmer (Business Manager) and Ms Elizabeth Till (Executive Deputy Principal).

Property Committee

Mrs Erin Taylor (Chair), Mr Shane Carey, Mr Luke Dunne, Mrs Carmel Flynn, Ms Min Myers, Ms Judith Potter (Principal), Mr Jeff Primmer (Business Manager), and Ms Elizabeth Till (Executive Deputy Principal).

Marketing & Development Committee

Mrs Maria Myers AC (Chair), Miss Meg Barry (President, Loreto Past Pupils' Ass.), Ms Janet Freeman, Ms Katherine Gillespie, Ms Jan Stephen, Mrs Trudi Kannourakis, Ms Judith Potter (Principal), Mr Pat O'Shea (Deputy Principal Wellbeing), and Ms Judy-Ann Quilliam (Director of Marketing & Development).



I take this opportunity to thank my fellow Board and Committee members for their support and for their generous contribution of time and expertise as we work collaboratively to fulfill our Governance and strategic responsibilities of Loreto College. In particular, I acknowledge the following committee members. Mr Matt McCabe who is stepping down as Chair of the Finance & Risk committee at the end of this year after diligently conducting this role for the past five years. We are fortunate that he will remain as a member of the committee. We farewell Mr Shane Carey from the Finance & Risk

Committee after 11 years of exemplary service. We are grateful that he will continue to serve the College as a member of the Property Committee. We thank Ms Katherine Gillespie for her thoughtful and valued support to our Marketing and Development Committee during the previous school year.

I would like to acknowledge the tireless work of our Principal, Ms Judith Potter, her Leadership Team and the staff at Loreto College. Their ongoing commitment to providing a quality education and opportunities to the students is outstanding.

Finally, on behalf of the College Board, I congratulate all of our students for their 2018 school year. Well done to the 2018 Year 12 class for the final completion of your secondary school years. We wish you well in your ambitions and endeavours for the future.

By Board Chair - Mrs Geraldine Frantz

From the Principal

Justice, as Mary Ward describes it, involves personal integrity based on harmonious relationship with God, with other people and with the whole of creation.

It is expressed in "works of justice", in active participation in the struggle to bring about such harmony.

Looking back on the 2018 school year draws forth many wonderful memories of a multitude of faith, academic, House, curricular and wellbeing 'moments' in time, that together, in words and images, paint the picture of a rich and effervescent year at Loreto College Ballarat. The five Mary Ward values of Freedom, Justice, Sincerity, Verity and Felicity, drawn from the Gospel, underpin all aspects of life at Loreto Ballarat. The Mary Ward value which has been at the centre of our school life this year is that of Justice. Our focus on justice has been across all aspects of our daily life, within the walls of the school and beyond.

Educating for justice means helping people to recognise the inherent dignity of each individual and of the natural environment and to become aware of the rights and responsibilities of all.

Issues of power and the use and distribution of resources must also be addressed in ways that are appropriate to students' development. Without burdening them with guilt for the inequities of our world, we can encourage them to share and use their gifts purposefully in a spirit of gratitude, compassion and hope.



Our students and staff have been active in bringing matters of injustice to our attention, working collaboratively to inform our community of the issues and seeking avenues to address injustice. The leadership of JPIC (Justice, Peace and the Integrity of Creation) is to be celebrated as are the individual students and staff who have been moved by significant aspects of injustice and have both informed us and called us to assist with donation of goods or funds to provide support. I am proud to record that the qualities of Justice have been modelled on a daily basis through respectful, supportive and encouraging interactions among students and staff.

Our students have energised us, giving us much joy in their embracing of the diversity of programs on offer, balancing a serious approach to their studies with a delightful sense of fun. The glorious Loreto spirit has shone throughout the year, witnessed in their daily greetings, their support and encouragement of each other in the

classroom and in the myriad of programs open to all. They have engaged reverently in our Liturgies and Masses.

Quality learning and quality wellbeing do not sit separately but interconnect and are a catalyst each for the other. Thus, the Felicitous Life program has continued to be developed and embedded in our wellbeing and learning program. The academic program has remained a priority. The faith, co-curricular and House programs are integral to the wholistic learning of our students and support the development of many skills and competencies that will be essential in the future world of work of our students. Staff have modelled a lifelong approach to learning through their engagement in a diverse range of professional learning programs. We look back upon 2018 with gratitude and look forward to 2019 with excitement.

Loreto Schools of Australia Mission Statement
Ms Judith Potter, Principal

From the College Co-Captains

As our time at Loreto draws to a close, we reflect on the last six years and the incredible journey we have shared alongside our peers.

Bonding through our shared values of Mary Ward, we have met inspiring young women and others from our wider community. When we started in 2013, our blazers too big and shoes too shiny, we were nervous, yet excited about our future here. Over the last six years, we have learnt what it is to be a Loreto woman; someone who acts with humility and grace, embraces everyone and utilises their individual skills and talents.

Every day we have been surrounded by a unique mix of girls. We have grown to know their personalities and laughs, we have a support network which is paramount to the sense of community so many of us feel. We know that as the sun sets on our time as College Co-Captains and Loreto College students, we will still have an everlasting connection to this community, this Loreto family.

This connection has been particularly evident this year as we have grown accustomed to such great support from those around us. Our recent Gonzaga Barry Day highlighted our community's willingness to contribute and work together to achieve success. Afternoons of cutting out skirts in the canteen, sorting donations and threading stars filled us with a sense of community; everyone's enthusiasm to pitch in and help wherever needed. We always comment on how our Year 12 cohort truly is just like a family.

For all of our Years 12s, this year has been a test of our commitment to our studies and has, at times, proved to be a challenging balancing act. These girls have shown each other unwavering support. We believe it is so very important to unite as a whole school community. In this way we celebrate the diversity and talent of each and every student. As we take our last steps around the school we have grown in such a way that we know each other incredibly well – just like a family.

“

we have learnt what it is to be a Loreto woman...”

We truly have had an incredible adventure over the past six years, and we will take these lasting memories into our future. We might not know where we are going or for how long, but we know that we will always have a welcoming family here for us; a family which has equipped us with the tools and strengths to make our mark on the outside world, in whatever way that may be. As we walk through the gates one final time and bid farewell to all the things we love so much about this beloved College, we know that we will be 900 sisters richer than when we walked in.

Lizzy Clarke and Ruby Treweek



Around Loreto

Filming 'Ride Like a Girl'



The filming of scenes for the feature film, 'Ride Like a Girl', based on Loreto College "past pupil and Melbourne Cup winner, Michelle Payne, was a highlight of 2018. Over two days some of the cast and crew filmed scenes in the front gardens, Chapel and in other areas around the school. Students and staff were able to watch on behind the scenes and some even had roles as extras in the film.

VCE Visual Arts & Media Exhibition

The Loreto VCE 'Art All for One' Exhibition and Media Screening opened on Monday October 15. The exhibitions showcase and celebrate the art works created by current students studying Art, Studio Arts and Media in the Victorian Certificate of Education (VCE). This year we were excited to be able to present the Gillian's Media Screening Showcase for the first time on the big screen in the Loreto Abbey Theatre and finally the two events, Art Exhibition and Gillian's Showcase were 'All for One', together under the same roof on the same night.



VCE Runway Exhibition

The VCE Runway Exhibition, 'Sut Suj' premiered as a stand alone event this October, 2018.

The Mary's Mount Centre transformed into a dynamic catwalk for the VCE Product Design and Technology Units 1 – 2 and 3 – 4 students, who showcased their talent, skill and creativity through a variety of designs.



Beauty and the Beast

The College production of 'Beauty and the Beast' warmed audience member' hearts in May, as this magical 'tale as old as time' came to life on the Loreto Abbey Theatre stage. 'Beauty and the Beast' is a well-known classic; the story follows a young girl named Belle, played by Sophie Smith, as she ventures through life to find that "all is not always as it seems".

A dedicated team of students and staff once again proved what can be achieved through hard work, talent and persistence. Directed by Joshua Vucicevic and produced by Marcia Phillips and Marcella Crowley, 'Beauty and the Beast' played to full houses throughout its season.

Arts Festival

Arts Festival 2018 was aptly themed 'Shooting Stars' as we saw many of them take to the stage over two nights in September.

The event was a culmination of many weeks of auditions by over 140 girls to create a final show of some of our greatest Loreto College performers.

Congratulations to all of our 'Shooting Star' Loreto girls who have been involved in many and varied ways in performance and backstage; we can't wait to see where the performing arts take you in the future.



'68 Reunion

Words by Hon. Mary Delahunty G.A.I.C.D



It's the voices I notice first. They don't change. They still murmur with concern or peal with laughter, even after fifty years."

It's the voices I notice first. They don't change. They still murmur with concern or peal with laughter, even after 50 years. Yes 50 years, half a century since we sallied forth from the gates of Loreto into the world. This weekend we returned, first for a lunch by the lake, and Helen Spring's daughter joined us in her honour. A lake that shimmered for us today as it did all those years ago enticingly for boarders as we hung over the Matric balcony. Esther Purruntutameri, a boarder for many years a very long way from home on Bathurst Island, returned to Loreto for the first time. She proudly wore a 1960s school boater and chortled at meeting 'her gang, her mob' again.

1968 topped a tumultuous decade of social change and political upheaval. Australia's Prime Minister drowned swimming alone at Cheviot Beach, Martin Luther King Jr. and Robert Kennedy were assassinated in America, the National Library of Australia opened in Canberra to hold the nation's stories, the National Gallery of Victoria opened in Melbourne to hold the State's art and a sexual revolution swept the western world. The flame of feminism flared. Tucked in behind the tessellated walls of Loreto on the lake we were prepared for this changing world. 50 years on, we reunited with gentle reckoning.



At the Archives Centre, in our time the kindergarten, Sister Pressie greets us. Actually a hologram image of much loved Sister Presentation who for years met our parents in The Parlour and boarders in the pantry. There was always a 'broken biscuit' for a homesick girl. Inside the Centre we trawled through the marvelous memorabilia of founder Mother Gonzaga Barry, the Irish leader who had a vision of education for girls in Australia that flourishes still. What a woman. She negotiated to buy land in every state, had astronomy taught to the girls and worried the German government into releasing bequest funds to build the most beautiful school chapel in the country.

Much changes at this school but the heart of Loreto does not change. It rings with the wisdom of Mary Ward, founder of the Loreto Sisters who was booted from the Church for her heretical views on women's place in the world. "Women in time to come will do much," she said and hundreds of years later the Class of '68 have done just that. I love her bronze statue positioned towards the main gate, satchel on her back, as though striding confidently out into the world.

This reunion day we focused in, with a tour of the old and the new at Loreto graciously guided by student leaders Hannah and

Sienna. And we let the memories free, flowing like honey, or mustard, through 50 years; in the Gothic wing St Anne's dormitory with its floral bedspreads, now an efficient classroom; the once bare Quadrangle, scene of stirring netball games now wrapped in plantings; Boarders refectory where sweet Loreto Bread was served on Saturdays, now a smart canteen for a much expanded school. In our former Year 11 and 12 classroom-now an airy staffroom - we debate our teachers with gales of laughter and gratitude. Maths teacher 'Gerry', Sr Bernadette Zeising, 90 at Christmas and 70 years a nun, is with us. As is Sr Carina Flaherty and Sr Denise

Desmarchelier, Mistress of Schools, her voice and authority calm and not to be trifled with still. We are blessed that they are here.

From the classroom through the class doors to the balcony, scene of our longing for the Lake and its freedoms and a posed picture of prefects, produced today by Bernie Flynn.



*Much changes
at this school
but the heart of
Loreto does not
change."*

We peer into the photo and time evaporates. There are 9 of the 11 in that picture here today. We linger in the Mary Ward wing, opened in 1966 and so fresh and modern to us then. A spin through the science block prompts memories of Miss Montgomery and her erstwhile instruction, 'On to it there'. Whatever it meant we always got the gist.

Down the wooden corridor of the original school with its honour boards and sepia pictures of girls in long skirts and wide hats practising archery or examining the sky through a giant telescope. We remember what was once a library, scene of silent boarders' homework and free reading. I read about President Kennedy's assassination in that safe place. We pass the front parlour, 'Pressie's' pantry and find ourselves in the stunning 21st century performing arts space.

Through its elegant glass façade Loreto original is reflected. I'm struck with the longevity of this beautiful school. Opened by Gonzaga Barry and her intrepid team of seven Irish nuns and two postulants in 1875, our classes frolicked here some 90 years later. Returning 50 years beyond that I see that we were at the beginning of a new flowering of Loreto education as it expanded into the centenary Gonzaga Barry wing and Antoinette Hayden Library (honouring the 60s Principal and Mother Superior). Later the stunning Year 9 Learning Centre, and now Mary's Mount the name of the school when we attended. Champagne flowed here and more stories of friendships formed and fostered over 50 years.

We end up in the sacred heart of Loreto Ballarat, indeed I would argue Loreto Australia, the incomparable Children's Chapel. We don't know why young Countess Elizabeth Wolff-Metternich found her way to Loreto Abbey in 1898 but we are all the beneficiaries of her extraordinary gift. Sadly dying on the boat back from Germany, the young aristocrat left half her estate to Loreto. Gonzaga Barry masterfully ensured that war in Europe did not impede the flow of funds to Ballarat and set about a project worthy of the generosity of the Countess and the soaring aspirations for Loreto education in Australia.

As our classmate Sr Trish Franklin led us through prayers and the sweet nostalgic sounds of 'Queen of Loreto', we savoured the unchanged beauty of this chapel. Happy eyes windows and the softest of powder blue walls and ceiling, with stars that Gonzaga Barry insisted would sparkle there so 'country boarders would feel less homesick'.

We relished readings for absent friends, teachers and our indigenous community from Chris Moroney, Esther, Joan Kennedy and Gen Ryan. The family of Susie Redford lit a candle. And finally, from our 1968 Head Prefect Helen Goodman, still our anointed leader. 'Hard role to shake' she acknowledged to warm laughter. That was the cue for spirited singing of the Holiday Hymn. All six verses.

We lingered longest in the chapel. I recalled the delightful practice of listing names of the girls whose birthday it was, whatever the year, on a neat sheet attached to the wall above the holy water font as we passed through the cloister outside. It was a thrill to see your name there, your friends, your cousins, your mother. Some kind soul, probably Pressie, trawled through the archives and every day gave us this gift.

We left Loreto as the sunlight was leaching away over Ballarat and the lake looked like a silver platter. We drove through a brilliant autumn sunset to dinner. Catered and casual more stories flowed, a deeper sharing. Each part of this reunion had a different meaning. Chris, Goodie, Joan, our lynchpin social secretary, and Trish reflected on its success. The warmth of the group; girls who had been distant re-engaged; creation of new little communities of support all over Victoria; a contact list with almost total coverage.

Today in a school for over 900 girls, Loreto Ballarat continues to 'educate young women of influence', preparing them for life beyond Loreto. The class of '68 has been living that life for 50 years and this weekend we acknowledged our gratitude.

To Loreto and to each other.



What's New



Mother's Day Mass Video

Filmed at this year's Mother's Day Mass in May, the stunning video captures the significance of our Loreto College family, focusing on the special relationship between mother and daughter. Highlights include footage of our Liturgical Choir performing in the Loreto Chapel. You can view the video via our website.

Mary's Mount Centre Seat Plaques

The curtain is coming down...one final chance to make a Seat Dedication!

If you are a new family to the school, or missed out last time, you can now reserve your place in Loreto history by making a personalised seat dedication in The Mary's Mount Centre.

The plaques are a meaningful way to commemorate your or a family member's time at Loreto College and, with only limited opportunities still available now, make sure you order one quickly. To make your seat dedication fill out the form mailed out with this edition's Verity or visit our website.



Educate Plus Awards

Loreto College Ballarat were recently nominated as finalists at the International Educate Plus

Conference Awards for Marketing Campaign and Alumni/Community Publication.

The Alumni/Community Publication nomination was based upon the restructure of Verity, from its previous to current format, content and design.

The Marketing Campaign nomination was based upon both our Loreto Spirit

and Loreto Girl Empowered campaigns of 2017/2018.

The Marketing and Development Team were extremely humbled and proud to be recognised for our work and bring finalists in the International Awards.



Raising adolescents can be a particularly challenging task.

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Loreto Family Foundations

Words by Ms Robin Scott, Mr Matthew Roberts & Mrs Judy-Ann Quilliam

Special thanks to Coghlan family descendants - Clare Tuohy, Robert Hutchison and Rita André



*Families
continue to be
of paramount
importance
to the Loreto
community.”*

The name 'Loreto' was given to the first Irish home of the Sisters of the Institute of the Blessed Virgin Mary, a branch of Mary Ward women. Now, our name equates with a global family.

The Irish branch of Mary Ward women was named after the pilgrimage site of the home of the Holy Family, the Basilica della Santa Casa in Loreto, Italy. This was the house, originally in the town of Nazareth, where Mary had been born, received the Annunciation, and lived during the childhood of Jesus and after his Crucifixion and Ascension.

Legend has it that, in 1291, when threatened with destruction during the Crusades, the house in which the Holy Family had lived was miraculously carried by four angels from Palestine to firstly Tersatto in Croatia and then, in 1294, to what was to become the City of Loreto. The appearance of Mary and numerous miraculous cures had confirmed the site as a popular place of pilgrimage from the 14th century.

Mary Ward added 250 miles to her first journey by foot in 1621 from Brussels to Rome to visit the Shrine of Loreto to seek guidance and counsel for her nascent Institute. The hope and encouragement that Mary Ward received in what she believed to have been this holy but humble home was to support her in the struggles that were to come.

The name 'Loreto', or 'Loretto' as it was then, was given by Frances Teresa Ball to the first Irish foundation at Rathfarnham in 1821, perhaps because their home, like the Holy Family's home, had three members. 'Loreto' was to be applied to all foundations of the Irish Branch, in Ireland and throughout the world. (A serendipitous connection to Mary Ward's visit to the Shrine of Loreto, as it would seem that not only had Teresa Ball not known about Mary Ward's visit but also she would not have known of Mary Ward, whose status as founder had been suppressed along with many of the original houses.)

When a Loreto foundation was made in Australia in 1875, founder, Mother Gonzaga Barry, also aimed to make a home here for herself, the nuns and the students, whom she believed would achieve best results, academically and personally, within a family atmosphere.

Families continue to be of paramount importance to the Loreto community.

Recently, Ballarat's Coghlan family has reconnected with a donation made by Mrs Rita André. The Coghlan family has been associated with Loreto since its foundation in Australia with family members being educated at Mary's Mount, Dawson Street, Loreto Portland, and Loreto Mandeville Hall. This association now spans five generations.

oreto

WALLACE J. BEECHER



The family's patriarch, James Coghlan, born in 1827 in Wexford, Ireland made the journey to Ballarat in 1853 where he originally found work as a gold miner. After spending time in Melbourne, James returned to Ballarat and established himself as a notable figure within the community as a businessman and owner of the Phoenix Brewery. He was an ardent supporter of M. Gonzaga Barry and his daughters, Margaret and Maude Coghlan aged fourteen and eleven respectively, were the eighth and ninth pupils to be enrolled at Mary's Mount on November 2, 1875.

James is well remembered for his charitable work and his strong connection to the

Church. His name can be found on the brass plaque in the Chapel listing its benefactors. Upon his passing, the Bishop, speaking as a dear friend of 40 years, tendered his deepest sympathy to Mrs Coghlan and family, expressing a fervent hope that the spirit of Mr Coghlan would remain with them in the lesson of practical Christianity, honour, and integrity, which characterised his life. In accordance with this message, James' wife, Mary Coghlan, kindly donated the alter rails to the Chapel in his memory. This generous spirit has since continued throughout the generations of the Coghlan name.

Circa 1890, James was conferred a Knighthood of St Gregory by His Holiness

Pope Leo XIII. The medal, relating to the title, has most recently been in the care of James' granddaughter Rita André (nee O'Sullivan). Rita first attended Loreto St Albans and Bexhill-on-Sea in England before attending Loreto Mandeville Hall. One of James' great granddaughters, Clare Tuohy (nee O'Brien), recently returned to the school to deliver the medal on Rita's behalf. Clare Tuohy is reportedly the fiftieth member of James Coghlan's descendants to attend a Loreto school, having been a boarder here at Mary's Mount from 1965-1970.

In September 2018, Rita André visited the College with Robert Hutchison (great

No	Age	Name	Residence	Spouse	Deceased	Married	Married	Deceased
1	16	Anna Callaghan	Geelong	28 Oct 1857	Aug 1877	Mr James Rogers	17 April	
2	17	Anna Ellis	Geelong	27 Oct -	Dec 1877	Mr John		R.I.P.
3	13	Annalyn Weston	Compton Street, Portland	-	1878	Mr John		
4	13	Margaret Hudson	-	-	-	Mr Thomas		
5	13	Anna Thomas	St. George's, South Yarra	29 Oct -	Aug -	Mr Thomas	17 April	
6	14	Tilla Curran	Langston's, Pleasant	-	1880	Mr John	20 Jan	
7	14	Lizzie John	Deakin Villa, Deakin	-	Dec 1879	Mr J. & M. Thompson	17 Aug R.I.P.	
8	14	Margaret Coghlan	Kewdale	2nd Dec -	Dec -	Home		
9	14	Maude Coghlan	Kewdale	-	Dec 1877	Brigadier General	15 Sept R.I.P.	
10	14	Bessie Magill	Ballarat	-	1877	Home		R.I.P.
11	15	Margaret Gibson	Stewart	27 -	-	Home		
12	15	Bessie Thomas	Melbourne	17 Feb 1876	-	Wife of Henry, Albany St	27 Jan	
13	15	Bessie Byrne	-	-	-	Home		
14	16	Mary Byrne	-	-	-	Mr St. Maura	15 Sept R.I.P.	
15	16	Anna Beattie	Geelong	-	-	Home	16 Feb	
16	16	Margaret Beattie	Geelong	-	-	Mr Ryan	Dec 1877	
17	16	Anna Connel	Donald Hill, Ball.	-	-	Gen. Magill near Hill	17 Dec, April 1880	
18	16	Mary Mackay	Kewdale	-	-	Home		
19	17	Ellie Connel	Melbourne	-	-	Home	27 Dec 1880	
20	17	Mary Grogan	Ballarat	24 July -	-	Home	15 June R.I.P.	
21	17	Emily Grogan	Hamilton	21 Dec -	-	Home		
22	12	Mary Connel	Ballarat	-	-	Home		
23	9	Josephine Connel	Ballarat	-	-	Home		



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grandson of James Coghlan and past pupil of Mary's Mount Kindergarten). Robert and Rita toured the grounds and Chapel and provided a greater insight into the plaques on the Chapel wall, including the reference to the sanctuary window in the Chapel that was erected by Rita's mother, Isobel O'Sullivan (nee Coghlan) in loving memory of her brother Arthur Coghlan. Robert graciously also donated the official document from His Holiness Pope Leo XIII to James Coghlan relating to the Knighthood of St Gregory; and gifted a beautiful photo album of Loreto memories from Robert's mother, Mary André, who attended the school from 1920 to 1924.

Alongside the medal, Rita has also kindly donated her mother's, Isobel (Daisy) Coghlan, First Communion and Confirmation Certificate, dated 1899. Daisy had been a student here from 1899 – 1903. These generous donations are a welcome addition to the archival collection and are an expression of the philanthropic culture to which the Coghlan Family name is associated.

The most recent family of Coghlan descendants to attend Loreto Ballarat are the Moran family and the Berry family sisters including Leanne, Stacey and Kellie. Their mothers, Teresa Berry and Julie Moran (nee Holmes), also attended the College from 1970 – 1975, as did their mother Beatrice (Margaret) Coghlan, from 1938 – 1945. Recently, Kellie Berry returned to spoke at our annual, 'We've Been in Your Shoes' careers evening to pass on her experiences to the current generation of Loreto girls.

Left: A copy of Mary's Mount register and a photograph of Daisy Coghlan

Above Right: Rita André and Clare Tuohy, Right: The Berry family sisters - Leanne, Stacey and Kellie.



A Loreto Family Tree

The Coghlan Family – Five generations of family descendants at Loreto Mary's Mount.
 This infographic features those who attended Loreto Mary's Mount secondary school.
 There were many descendants of the Coghlan family, both male and female who attended Loreto Kindergarten and other Loreto schools around the world.



**Sarah
Margaret
MORAN**

**5th Generation of
Coghlan Family Descendants**

Attended Loreto
Mary's Mount /
Loreto College Ballarat
1977 - 2007

**Leanne
Nichole
BERRY**

**Stacey
Teresa
BERRY**

**Kellie
Louise
BERRY**

1st Generation
Family patriarch and ardent
supporter of
M.Gonzgaga Barry -
Loreto Chapel benefactor -
conferred a Knighthood of
St Gregory by
His Holiness Pope Leo XIII
MR JAMES COGHLAN
Margaret O'Connor /
Susannah Griffin /
Mary Cox



The Knighthood of St Gregory Cross
given to Mr James Coghlan by
His Holiness Pope Leo XIII now in the
Loreto Archives Centre, with thanks to
Coghlan family descendants.



Fly
Emirates

Fly
Emirates
Emirates Melbourne

19
PRINCE OF PENT

Film

Like a Girl

Words by Mrs Shona Hendley

“

The choice to use Loreto really showcases the significance of the College on Michelle and the pride and fondness she has for her Loreto family. ”

For me it was like Christmas. A self-confessed ‘media geek’, looking down from my office balcony at the filming of a feature film. Amongst the abundance of cast and crew that stood below were Rachel Griffiths, Sam Neill, Theresa Palmer, Magda Szubanski and of course the rising star, ‘Stevie’ (Stevie Payne). What made this experience even more special was that the scenes being filmed were about Loreto’s own Michelle Payne, who less than three years ago became the first woman to win The Melbourne Cup. Now one of Australia’s own Hollywood stars, Rachel Griffiths was layered up in a black puffer jacket and beanie in the Ballarat Autumn, making her directorial debut with ‘Ride Like a Girl’ a film about Michelle’s life, filming in the Loreto College front gardens.

On the iconic Loreto driveway sat a 1970s converted ambulance, a replica of the Payne family vehicle that was used to drive around the family of ten children. Sam Neill (playing Paddy Payne, Michelle’s father) sat in the front driver’s seat, staying warm with a blanket and hot water bottle in between takes; his character was dropping off Michelle (played by actress, Theresa Palmer) for her first day of school at Loreto. Theresa Palmer confidently jumped out of the back of the car, giving Stevie (played by himself)

a hug on her way out to start her journey as a Loreto girl. Theresa was outfitted with a Loreto College uniform, her hair in a high pony tail that swung from side to side as she walked. Playing the part of a teenage girl looked effortless from the 32-year-old mother of two young children; something she attributed to “significant makeup” especially under “her eyes.” In a handful of takes the scene was complete and a little bit further down the driveway the next scene was set up.

Behind the camera and equipment stood a large number of the film’s crew, all performing their specialised roles to make ‘movie magic’. What stood out for me though was the handful of Loreto students, who took turns in small groups to watch the filming throughout the day. An idea from Rachel Griffiths and the crew themselves provided an incredible, once in a lifetime opportunity for the students to watch a feature film being made. In addition to this, a group of students also took part in the filming itself as extras within the various scenes filmed at the College; Michelle’s past teacher and current teacher at Loreto, Roger Morris, also filmed a cameo. Although the cast and crew only filmed over the course of two days at the College, it felt like we were welcomed within the ‘Ride Like a Girl’ family.

Left: Sam Neill and Magda Szubanski film a scene in the Loreto front gardens.

“

The tenacity, strength and love that they share, that has kept the family together through tragedy is an exceptional story... ”



Right: Teresa Palmer (playing Michelle Payne) filming a Melbourne Cup scene.
Photography courtesy of Tracey Mair Publicity

The film, which is due for release early next year, was partly filmed in Ballarat, Michelle’s home town. The choice to use Loreto really showcases the significance of the College on Michelle and the pride and fondness she has for her Loreto family. Her strong feminist stance and belief in women’s ability to achieve anything they set their minds to is another clear nod to Michelle’s experience at Loreto, something which made the film’s director, Rachel Griffiths really take notice. As well as Michelle’s gutsy performance to win The Melbourne Cup, it was her post race comments that Rachel Griffiths said pioneered the way for a “global and significant conversation” in regard to women in sport and the barriers for women in general.

“I want to say to everyone else, get stuffed, because they think women aren’t strong enough but we just beat the world.”

This statement, Griffiths argues, is what made Michelle a “trailblazer for women in sport”. Women achieving their personal best and striving for excellence has been fundamental to the Loreto education, so being an active part in Michelle’s story, both through her schooling and in the telling of her experience in film, seems like a destiny being fulfilled – just as it should be.

Director, Rachel Griffiths, describes ‘Ride Like a Girl’ as “the great Australian sports story” and it is arguably our first ever ‘great’ Australian sports story told through a feature film. The fact that this story is one about a female athlete, the first female athlete to win the most prestigious horse race in the country in a field where she was the only female, in a sporting industry that is significantly male dominated and now her story is being turned into ‘the Australian sports story’ in unfathomable. To further cement this story’s exceptionality is the fact that the film is being directed by a female director (another traditionally male dominated role) making her directing debut; it is almost poetic and it speaks volumes

about the significance of Michelle Payne and her influence. After her Melbourne Cup win Michelle described the sport as “chauvinistic”, she said she hoped that her win would “help female jockeys.” It is clear that it has done this and more.

As well as focusing on Michelle’s legendary Melbourne Cup win and her post race speech, ‘Ride Like a Girl’ also explores the Payne family. The tenacity, strength and love that they share, that has kept the family together through tragedy, is an exceptional story in its own right and is something Griffiths wanted to touch on to show Michelle’s personal motivation and drive to succeed. “I think that message will resonate with all cultures, with all languages across the world. We feel like this film, with its emphasis on community, on faith, on resilience, [has] got this true Australian grit,” Griffiths said. For the Loreto community, the awareness of Michelle’s personal challenges, her honest and humble nature and her efforts in giving back to the Loreto community since her iconic win have already secured a legion of fans who will no doubt line up to see her story light up the big screen.

As the film crew began to pack up their gear on the last day of filming at Loreto College and the actors were walking through the quadrangle to finish their last scene, the screams of “Sharon” (Magda Szubanski’s iconic character in the TV show ‘Kath and Kim’) rang loudly through the space. This was followed by a swarm of Loreto girls (and some staff), phones in hand, photo ready. Magda (dressed as a Sister) accommodated their requests, as did Theresa Palmer and director Rachel Griffiths. For about ten minutes the joyous chaos brought smiles to the faces of both the Loreto students and staff and the film cast and crew alike, capturing what had already been an unforgettable experience in the memory of the Loreto family forever.

Reference: www.abc.net.au



From Mary Ward International

Words by Ms Heather Kitscon (MWIA Communications Officer)

This little girl lives in Timor Leste and has been given the greatest gift of all - an education. Hand in hand with an education comes a future, thanks to you...

The Loreto education you have chosen for your daughter looks beyond itself and, as its foundress, Mary Ward, asks, 'goes to where the need is greatest.' Loreto Ballarat, with the wider Loreto Community, fundraises through Mission Days, donations and events such as the Loreto Ballarat Walkathon.

The girls invested huge efforts into finding sponsors, baking, providing drinks and food, organising prizes for raffles, selling raffle tickets, creating elaborate costumes and then walking an impressive 12 kilometres. All their efforts ultimately gave this little Timorese girl an opportunity to overcome the disadvantages placed on her, by being born in one of the most impoverished nations in the world.

95% of schools in Timor-Leste were destroyed during post-referendum violence in 1999. In fact, much of their infrastructure was destroyed, including the electricity grid, the irrigation and drinking water systems.

Two thirds of the population are currently under the age of 25 years and more than 58% of the population is illiterate (UNHCR).

Mary Ward International Australia (MWIA) is part of the wider Mary Ward International Network. The Loreto Sisters, and their colleagues, work across 20 countries and MWIA raises funds to support their projects.

In 2014, at the invitation of the community, two Loreto Sisters took up residence in Gari-uai, Timor-Leste. In 2018 Sr. Aithien Nguyen ibvm writes, "It's a beautiful sunny morning at Gari-uai. Children in their classroom sing Bondia (Good Morning) as I reflect...

"In less than two years, under the guidance of the Loreto Sisters, Gari-uai boasts a new purpose-built school and community centre providing for 70 students under the age of six years. There are three teachers, three classroom assistants, a cook and a recently widowed mother is employed to assist in the kitchen.

The Loreto ibvm Constitution states: "in a world of inequality and injustice we stand with the oppressed, the disadvantaged and those exploited in any way by unjust systems." MWIA supports these goals in

very practical ways by accessing project applications, seeking funding for projects, organising the international transfer of funds and reviewing every project. MWIA also creates ways for people to collaborate with this mission for justice and development by providing opportunities for volunteers.

Find out more about MWIA or subscribe to our magazine SUSTAIN at <http://www.mwia.org.au/our-work/projects/>

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Works by Loreto Students

Loreto Family

Below are Loreto College student works relating to the theme, Loreto Family. The works are representative of students' creative and artistic interpretations of this theme.

Portraits

by Year 7 Students



“

Year 7 Art students have been inspired to create their own versions of famous portraits. Each portrait has been created with oil pastels and shows similar characteristics to the artists they have studied, including: Frida Kahlo, Pablo Picasso, Vincent Van Gogh, John Brack, Brett Whitely and Alice Bailly.”

Great Grandfather's War with the Leg

by Davin Murray, Year 8

The ship was about to dock in the bay of Germany. Eric Victor Edmondson, my great grandfather, stepped off the large vessel and followed the groups of men to Base Camp. Guns in hand the group of broad men were on the prowl searching for enemies sneaking around them, they were very cautious and quiet. My great grandfather strode on the ground being as quiet as a mouse, each step as quiet as the next. Men behind him lingered back in suspicion, lurking in the grass. Suddenly, gunshots were fired only seconds away; the bullets flew through the atmosphere, and they were already being ambushed by the Germans.

Eric Victor swerved around and loaded his gun as he was running towards an enormous boulder to hide behind. Men were knocked to the ground by the touch of a silver bullet, which was forced out of a PPSH-41 which kept firing at each and every single soldier that became a threat to the opposing soldier.

Soon enough, Eric hid behind the boulder and set up his rifle on a higher stable rock and shot three men before he had to reload his bullets again. All was silent except the heavy breathing Eric made behind his rifle and the boulder. BANG! One more bullet was fired, this time behind him. The man who held the PPSH-41 shotgun knelt beside my great grandfather and looked at his leg which was oozing blood from the shin.

Eric Victor was screaming as quietly as he possibly could so he didn't attract more attention to himself. The German turned

away from my great grandfather and sped off in sorrow. Eric's leg was in excruciating pain as he hobbled in what he thought was the direction of Base Camp. As he limped, bullet sunk in leg, his eyes drifted across the wet grassland looking for any enemy soldiers that were lurking in the bushes.

He saw a large tent in the distance where grass would crash against the white fabric; he assumed it was Base Camp. His leg was grazing against the long green grass under the bright blue sky, and all had seemed like the perfect day but all was not so perfect when you look into the details of the day. The large tents he saw were getting closer and louder, the sound was the yells and screams with him himself screaming with them, the pain urged him to run towards the large tents and trenches with news and wounds.

Eric Victor Edmondson, my great grandfather's life was saved that day. When he got to Base Camp, men and nurses rushed to aid his wounds. They lifted him into a tent and urgently amputated his leg from the knee down because the bullet led to an infection in the shin; they replaced the muscle and bone with a metal leg, which he used for 20 – 30 years naming the leg Jake, which was the name of the man who came to his rescue that day.

Although my great grandfather isn't with us today, his story will still be commemorated and passed on within my family and outside of my family for generations to come.

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For Emma-Kate

*In memory of Emma-Kate McGrath (Class of 2016).
A special thank you to Mrs Abby McGrath and the McGrath family,
Lucy Loader and 4EK, Jess Grant and Hannah Armstrong.*

Emma-Kate McGrath's (Class of 2016) life and sudden passing from Meningococcal Septicaemia in 2017 has forever touched the Loreto family and broader community. Her smile is eternally etched in our hearts and now a 4EK Facebook and crowdfunding page has been set up in her honour. In this special feature we celebrate the life of Emma-Kate and the ways that Loreto College and her family and friends are keeping Emma's memory and legacy and alive.

Emma-Kate McGrath was a perfectly healthy, happy, bright, fun loving nineteen-year-old who had just begun her study of Nursing/Paramedine at ACU after completing VCE at Loreto College in 2016. Emma was loved by everyone and she made the world a better place for all who knew her. However, on 3 May 2017, her life was tragically cut short when she lost a sudden battle with Meningococcal Septicaemia - Strain W, in just under 24 hours.

Fond memories of Emma-Kate flow easily; she was a much loved and valued member of the Loreto family. Class member and close friend, Jess Grant, shared her memories of Emma-Kate and their spirited days at Loreto College...

"Emma was always the friend you could turn to for help. She had advice on every situation and would never shy away from helping others, especially her friends. This is something I miss greatly now, but we were all so lucky to have had the opportunity to spend six lovely years at Loreto with Em and that is something I will always be grateful for. We miss her so much, but are so lucky to have made so many memories with her." (Jess Grant Class of 2016)

Year 12 Coordinator in 2016, Mrs Mandy Carroll, shared how Emma-Kate embraced her Loreto education...

"Emma-Kate seized the opportunities provided here at school and there was a discernible hunger within her to not waste a second of her day. She immersed herself in the performing arts, in acts of social justice, in gala events and liturgies and in volunteer projects. She loved her teachers and worked really hard to achieve the grades needed to enter ACU. She adored her friends. Emma-Kate embodied the Mornane motto that her House teacher Shane Nankervis drummed into his House Group almost daily; that girls who get involved get ahead. The energy and vitality with which Emma-Kate approached everything endeared her to everyone who met her."

At Emma-Kate's memorial service in August last year, Mrs Carroll reflected that since her passing, we have undergone a transformation...

"We have had to dip into our own well of faith, in order to come to some understanding of God's plan for us all. Our lives are so much the richer as a result of knowing Emma-Kate, of teaching her and being her friend. Her legacy lives on in the dance studios of Ballarat and on the stage of the Mary's Mount Centre, in classrooms of the College, in a remote orphanage in Cambodia, in the Lap of the Lake and the lecture halls of ACU. The fact that we cannot control our destiny should not lead to despair. Emma-Kate reaffirmed life and embraced the joy of living. In taking her lead, it is possible to find a way forward through the pain caused by her passing."

Mrs Carroll shared the words of Julian of Norwich:

"And all shall be well and all shall be well and all manner of things shall be well."



“Right,
what can
we do?”

“Right, what can we do?”

How the Loreto Community can make a difference in Emma’s memory...

Over the past year, people have asked constantly how they can possibly assist Emma’s family! The reality is, there is nothing the family needs or wants apart from a miracle that would bring their beloved daughter and sister back to them.

Emma’s mother Abby McGrath shared,

“Whenever Emma saw a problem or need, Em would just say, ‘Right, what can we do?’ And that is part of the profound effect that she continues to have on people! What happened to Emma could have happened to anyone, and part of the healing process for us all, is continuing that attitude.”

So, a very close group of friends and family founded the 4EK Facebook page to promote awareness of Meningococcal and

encourage vaccination, to ensure that this heartbreaking loss does not happen

to another family. The page now has over 8,000 followers and the administrators receive messages daily saying that the page inspired people to get themselves and/or their children vaccinated. Visit the 4EK Facebook Page: www.facebook.com/4EKMeningoccalawareness/

The 4EK administrators recently opened a “Go Fund Me” page to raise money directly towards research, awareness and promotion of vaccinations for Meningococcal. The addition of the crowdfunding page has now given the kind friends, family and strangers who wish to help a fund to which they can contribute directly to make a difference in Emma’s memory. From initial launch, the page has been an enormous success, with over \$10,000 raised in a short space of time. The page is still open as people keep donating! Visit the 4EK Go Fund Me Page:

au.gofundme.com/meningitis-australia

The money raised from the “Go Fund Me” page has been directed to three causes:

- Meningococcal Australia
- Meningitis Australia
- Violet Foundation

Young people are spreading the message far and wide!

The largest early donation came from Loreto College following the Walk/Run 4EK fundraiser, organised by current Loreto student and close family friend, Ellie Beaston. Purple ribbons (the colour that represents Meningococcal awareness) were sold to students and staff and a sea of Loreto girls adorned purple ribbons to walk or run a lap of Lake Wendouree for Emma, followed, of course, by the traditional Loreto Bake sale. A very special inclusion was Emma-Kate’s mother, Abby, wearing her daughter’s Class of 2016 sweater to join the Loreto family on the inaugural Walk/Run 4EK.



I hope that in years to come we can look back on our lives and feel that Emma would be proud of us."



After unforeseeably losing Emma-Kate, one of her best friends, St Patrick's College Class of 2016 graduate, Nathan Hucker, ran in the Melbourne Marathon on October 14 specifically to raise awareness and funds for Meningococcal Australia. Nathan was driven to continue Emma's passion for helping people and set up a "Go Fund Me" page dedicated to the cause. Nathan also inspired Emma's mother, Abby, and a team of runners to run a half marathon in the Melbourne Marathon Running Festival. www.gofundme.com/marathon-4-meningococcal-australia

Emma-Kate's family have always been heavily involved in the sporting community throughout the region, so there have been lots of football, netball and other sporting teams around the Ballarat region who have also held fundraisers with players wearing purple shoelaces and ribbons to help raise funds for the cause. Most of these were inspired and organised by young people who knew Emma or the family and remain committed to her attitude, passion and cause.

Stephanie Clifford (Class of 2016) and two other Deakin University students were tasked

to create a documentary around the theme of change for an assignment. Stephanie pitched the idea of the story of Emma-Kate and 4EK to explore the change in close family and friends since her passing. The documentary was shared on Facebook on conclusion and the team hope it tells Emma-Kate's story and provides greater awareness to those who are not informed of the dangers of meningococcal. The documentary has become much more than just an assignment, and the team hope they have told a beautiful story that reflects the life of a much loved member of the community.

"I hope that in years to come we can look back on our lives and feel that Emma would be proud of us."

Loreto College Ballarat and the Loreto family continue to keep Emma's memory alive; she will never be far from our minds and hearts.

- A dedicated seat and plaque has been placed in a new past pupils' memorial garden. This special dedication was organised by close family friend, Olivia Loader and the Class of 2017 Student Senate.

- A very special memorial, the "Emma-Kate McGrath" Award will commence this year, which is a \$750 donation and a trophy donated by 4EK and the Loader and Beaston families to a graduating Loreto student who consistently exhibits the felicitous, optimistic, friendship and 'can do' values of Emma-Kate.
- Ellie Beaston (Class of 2018) organised the inaugural Walk/Run 4EK, which she hopes will become an annual Loreto College fundraising and awareness event in memory of Emma-Kate.
- In 2019, 4EK are planning to hold an open walk in memory of Emma-Kate. The walk will be called "4K's 4EK @ 4" and will be a 4 kilometre walk around Ballarat's Victoria Park at 4pm in the afternoon. The entire Loreto and Ballarat community will be invited to participate and 100% of funds raised will support research into Meningococcal and Meningitis via Meningitis Australia.



Our final words are from Class of 2016 College Co-Captain, Hannah Armstrong, who shared how Emma-Kate has forever influenced their lives...

"Loss is something so foreign to many people our age, and it is for this reason that I believe Emma's death struck us all so deeply. I have experienced the death of a number of grandparents yet never expected to go through something like Em's death, at such a young age. She was so full of life and happiness, and embodied Loreto's core values, especially freedom and felicity. Her passing came at a crucial time in our lives. Many of my friends and I had begun our first semesters of university and it felt like the world was our oyster, especially Emma's. She was studying nursing and paramedicine at ACU, working towards a future career that suited her empathy and willingness to look out for others.

Her death took us so unexpectedly, and it left us so vulnerable. It was said that Em was the glue that held our friendship group together; she still is and forever will be. In the months following her death I struggled with university and I kept questioning everything. I was so determined to find my

'purpose' in life. I was leaning towards a major in Engineering, but this did not seem appealing. Before I returned to uni after Em's funeral, Abby McGrath pulled me aside and told me to make the most of all of my opportunities in Melbourne. At the start I felt like I was being selfish, how could we continue to enjoy our lives, when life was so harshly taken from Emma? Over time I realised that it would be selfish not to live out our best selves; we need to live on for Emma.

I decided that engineering wasn't for me. Luckily, my course, Science at Melbourne University, is very flexible and I am now working towards a career in Medicine or Medical Research. When Emma passed away she took a little piece of us all with her, I don't know if anyone affected will ever feel the same way again. However, I believe she also left a small piece of herself with us and the change in my career direction is my way of living through that tiny piece of Emma. We have all been so lucky to be touched by her beautiful smile, warmth and caring nature. I hope that in years to come we can look back on our lives and feel that Emma would be proud of us."

From the McGrath Family

I would like to take the opportunity to thank Loreto for their support and commitment to Emma-Kate's memory and their support to our family.

Thank you also to the Loreto community for your support of the 4EK Facebook page and for getting awareness of this horrible disease out there.

I know that if this was someone else's family, Emma-Kate would do everything she could to help. So thank you from the bottom of our hearts.

Abby McGrath and family

On the following page we have shared the heartfelt words from Emma-Kate's mother, Mrs Abby McGrath, from the memorial service held in the Loreto College Chapel. Abby shares what Loreto College meant to Emma and how it was such an important part of her life.

Once a Loreto Girl, Always a Loreto Girl

Emma-Kate McGrath Memorial Service

15 September, 2017

Words by Mrs Abby McGrath

Hi my name is Abby, I'm Emma-Kate's mum. I would like to take this opportunity to thank Loreto College for giving Emma every opportunity to be the person she became.

When Em was in Grade Three or Four, thanks to Mr Foord (Science teacher), Emma first came to Loreto College on a visit with Buninyong Primary School to do some science experiments. She came home and said, "Mum, I'm going to Loreto!" I told her, "I would love you to go there, but we have to apply and see how we go."

Em said, "I'm going!"

Emma-Kate went for her interview in Grade Six with Miss Potter. She sat there just beaming at Miss Potter, so excited just to be in the school. Em did an amazing job (of her interview), we were so proud of her. On the way out she said, "I will be here next year!"

When Emma got her letter to be accepted into Loreto, she rang to tell me. I was so excited she got it, and all she could say was, "I told you I would get in!" From that moment, Emma-Kate embraced everything Loreto had to offer her.

Thank you to every teacher that has taught Em, who gave her the confidence to push herself that little bit harder. Thank you to Mr Nankervis for being there for her since Year 9, who could read her like a book and helped show her she could achieve anything. Mr Morris, you found a new friend in Cambodia! Em would ring or message to

tell me all the things you had all done, and I would giggle to myself because you went from being Mr Morris, to Roger, to Rog, by the end of the trip.

To Miss Till, for all the lunch time meetings to either solve biology problems or to solve the problems in life. I do remember Emma jumping in the car after school one day; she told me, "I was in Miss Potter's office today." I looked at her and said, "What for?" Em said, "Mum, I had to see Miss Till, she is Acting Principal!" She just gave me a look, and I think by the end of that term, Emma was on a first name basis with Miss Potter's Personal Assistant. That was our Em!

To all of the young women out there, to the girls that are still here, to the ones that are about to leave, to the ones that have left; take everything you have learned from being with these teachers and friends and this school! Embrace everything; as we have learnt, you never know what is around the corner.

Another thing I have learnt, is that I have always heard the saying, 'Once a Loreto girl, always a Loreto girl'; but I have seen this first hand in the last couple of months. So, thank you to Loreto for everything! I know Emma is always here and that she is with everyone in your hearts.

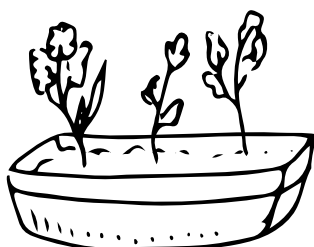
In ten years, 20 years...I just ask you to remember the girl with the big ponytail and the beaming smile! To always remember, 'Once a Loreto girl, always a Loreto girl!'



Expert Tips

Better Gardens

with Dennis and Andy



Secrets of the Box Hedge

The stunning grounds and gardens of Loreto College are admired by all however there is one prominent feature - the Loreto College Box Hedge - that requires some extra special attention to keep it so green and perfectly aligned all year round!

What are the secrets to the Loreto College Box Hedge?

1. Any hedge requires light trimming often
2. In springtime the Loreto College hedge letters require trimming at least every four weeks, this slows down with the growth pattern when the weather warms up
3. The leaves bronze off a little in winter which is normal.
4. Dolomite Lime applied early in spring will help 'green' the leaves if the soil quality is lacking
5. Apply granular fertiliser in early Spring (Organic Life Pellets)
6. The greatest tip is to prune lightly, often to keep in shape

Dennis and Andy also keep the hedge looking spectacular by planting seasonal flowers around the perimeter of the hedge letters. It is a highly photographed, cultivated artwork that greets our Loreto family day after day, season after season, reminding us of the exquisite beauty of nature.

Fun Facts from the Archives

With Robin Scott, Loreto Province Archivist

- When Mother Gonzaga Barry and the pioneer Sisters came to Australia in 1875, they were given champagne on board the ship to counter sea sickness.
- Loreto brown bread, an Irish soda bread, was served to boarders for breakfast.
- During WWII soldiers camping in Vic Park came to Mass in the Chapel.
- There was an old mine shaft near the Archives Centre, into which the chickens belonging to the caretaker would occasionally fall.

Tech Tips with Mick

"There's an app for that."



Communication is at the heart of the family, and technology can help us connect in a variety of ways with our nearest and dearest. Whether it's making plans, keeping track, or just catching up for a good old chat, there has never been an easier time to link in, sync up or reach out. And, as the saying goes, whatever it is you want to do, "There's an app for that."

Apps can build better connections in your family in the following ways:

- **VIDEO CHAT:** Video chat applications allow for convenient communication with loved ones. Whether they are only a few blocks away, or halfway round the world, face to face contact can bring everyone closer. Apps: Skype, Messenger, Google Hangouts
- **BUDGETING APPS:** Effective budgeting apps can keep the family finances in check and help you to achieve your long term purchasing goals. Apps: Good Budget, Pocketbook
- **LIST APPS:** Want to create a to-do list for an upcoming event that everyone can contribute to? How about a synchronised shopping list that leaves no one in any doubt about what needs to be picked up from the shops? There are a wide range of apps that allow families to divide and conquer important tasks. Apps: AnyList, Wunderlist
- **COLLABORATION APPS:** Grand plans and adventures start with big ideas. To get everyone in the family on the same page, consider a range of collaborative apps that allow for the sharing of concept boards, artwork and designs. Apps: Pinterest, Houzz * Note: Apps are provided as examples only. Research any app purchases you make, and take note of associated terms & conditions.

Carmel Parker's Health & Fitness Tips

Move more, sit less and live longer!

The average adult spends more than half of their day sitting. Due to the 'electronic age' we are sitting more at home, during travel and at work. This is an important health issue to be aware of because recent studies have found that adults who sit less throughout the day have a lower risk of developing cardiovascular disease and live longer!

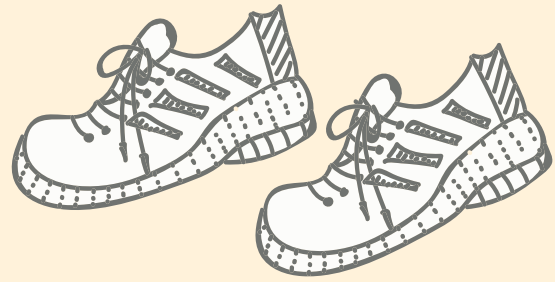
So how much of your day is spent sitting? The average is a phenomenal 15 hours of accumulated sitting time!

It is recommended that we seek ways to sit less and avoid long periods sitting every day.

Here are some tips to help you:

At home:

- Walk during commercial breaks
- Stand while you read the paper, taking phone calls or checking your phone
- Stand up to do chores



At work:

- Always use stairs (avoid the escalator)
- Take a break from your computer every 30 minutes
- Arrange walking meetings
- Use a stand-up desk
- Walk to deliver messages rather than phoning or emailing
- Stand during presentations

While travelling:

- Walk or cycle part of the destination
- Stand on public transport
- Plan breaks on long trips

5 Minutes With....

Miss Mia Clack (Year 11)
NASA Space Camp 2018

Q: How would you describe the experience of Space Camp?

A: This trip was a once in a lifetime experience! The very busy, jam packed and fun filled first week had some very unique experiences, such as what life as an astronaut would be like, including completing three space missions throughout the week.

Q: What was the highlight?

A: The highlight of Space Camp would be scuba diving where we experienced the feeling of zero gravity.

Q: What other activities were you able to take part in?

A: We then headed to Washington DC where we were privileged enough to have a tour of the Whitehouse and see the city lights of Washington come alive on a night bus tour of the city. Concluding our journey in Orlando, we spent a day at Kennedy Space Station and another day at Universal Studios.



From Thea's Kitchen



Apple and Blueberry Crostata

Method

1. Cut the 60gms of chilled butter into 2 cm cubes.
2. Place the flour and salt in a large bowl, add the chilled butter and rub using your fingertips until mixture resembles breadcrumbs.
3. Slowly add enough water to form a soft dough, mixing with your hands.
4. Turn dough onto a lightly floured surface, gently knead and then place on a sheet of baking paper, Roll the dough into a rectangle.
5. Remove the frozen butter from the freezer and grate.
6. Place 1/3 of the butter over the bottom 2/3 of the dough.
7. Fold down the top third and then fold up the bottom third over this section of pastry.
8. Turn the dough 90 degrees so that the folded edges are to the side and re-roll dough into a rectangle. Using another 1/3 of the frozen butter, repeat the process of rolling and folding.
9. Repeat the process once more making sure to work quickly.
10. Wrap the dough in Glad Wrap and place in the fridge for 30 minutes before using.
11. Preheat oven to 200°C.
12. Peel, core and quarter the apples, then cut each quarter into 4 slices.
13. Place apples, blueberries, sugar, cinnamon, lemon juice and zest in a large bowl and toss gently to combine. Remove pastry from fridge.
14. Roll out the pastry on a sheet of baking paper to form a 30cm square or circle. Prick pastry with a fork, and lightly brush with egg white. Sprinkle the centre with almond meal.
15. Arrange apple mixture over pastry, reserving any remaining syrup, leaving a 6cm border around edge.
16. Roughly pleat pastry edges to encase the mixture, leaving the centre exposed. Brush pastry with remaining egg white and sprinkle with Demerara sugar and scatter the flaked almonds over the fruit.
17. Bake for 30-35 minutes, turning the temperature to 180C after 20 minutes to allow the apples to cook. The pastry should be golden brown and puffed.
18. Dust with icing sugar, drizzle with any remaining syrup and serve with ice cream or Mascarpone cheese.

Ingredients

Rough puff pastry:

- 350g plain flour
- ¼ tsp salt
- 60g butter, chilled
- 1/3 cup water, chilled
- 120g butter, frozen

Filling:

- 4 golden delicious apples
- 1 cup blueberries
- ¼ cup caster sugar
- ½ tsp cinnamon
- Zest and juice of 1 small lemon
- 1 egg white, lightly beaten
- ½ cup almond meal
- 1-2 tbsp Demerara sugar
- ¼ cup flaked almonds
- Icing sugar and vanilla ice cream or crème fraiche, to serve



Book Talk

with Mrs Marcia Phillips



THE YELLOW HOUSE:
Emily O'Grady

The Yellow House is a compelling family drama narrated by ten-year old Cub. Cub's shambolic life is recounted in her utterly compelling voice and the reader is given an insight into her damaged family. We learn Grandfather Les was a serial killer in the small rural community where the family reside and this has had a devastating and lasting effect on his family who live on the derelict farm where the killings took place.

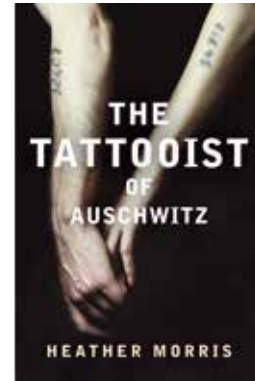
Underpinning the story is an overwhelming sense of menace and foreboding. As each piece of the puzzle is revealed we learn more of how the gruesome murders have plagued the family who cannot escape the world they inhabit. They are powerless to change their path and the lives of their children.



THE NOWHERE CHILD:
Christian White

The sudden disappearance of a toddler from her home in a small town in Kentucky, USA is the focal point in this 2017 Victorian Premier's Literary Award-winning novel for an unpublished manuscript. The mystery of who took two-year-old Sammy Went and why, propels the fast-paced narrative. Two parallel stories unfold and tension builds as the reader discovers, along with the character of Kimberly Leamy, the answers to the big questions of who took this little girl and why.

The novel questions the belief systems and practices of a church that gives hope to some but drives other members of the church to despair causing families to fracture and be irrevocably damaged.



THE TATTOOIST OF AUSCHWITZ:
Heather Morris

Author Heather Morris has been entrusted with the life story of Lale Sokolov, an Auschwitz survivor who together with his wife, Gita, made Melbourne their home. It is an extraordinary story of survival against the odds and although much of the subject matter is harrowing, it is a story predominately of hope and the strength of the human spirit to survive and help others to survive.

Despite the brutality and knowledge the reader brings to the story, it remains a positive and uplifting recount of a compassionate and courageous man who refused to give up hope for his future.

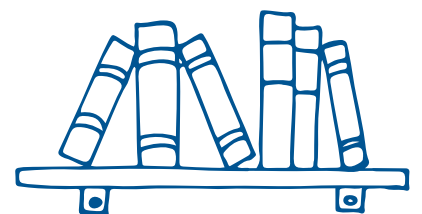


THE RUIN:
DERVLA MCTIERNAN

The crime thriller genre has a new and promising writer in Dervla McTiernan, an Irish woman who now resides in Australia. In this tautly written thriller we are introduced to policeman Cormac Reilly, who is forced to revisit a case he first encountered as a young police graduate. What seems to be a straightforward suicide is challenged by the deceased's long-lost sister and she will not let his death go uninvestigated. Reilly, in his new posting in Galway, battles his colleagues and his own self-doubts, whilst trying to unravel and piece together the many conflicting pieces

of information accumulated by those involved in the deceased's life.

What ensues is a thoroughly engaging and intriguing story which hurtles along at a fast pace leading to a surprising ending.



The Pioneers of Loreto Rowing

Words by Ms Kate Elliott (nee Wise - Class of 1975) & Mrs Judy-Ann Quilliam



A Loreto family story that must be shared... Past pupil, Kate Elliott (nee Wise - Class of 1975), read with interest the 'Decade of Rowing' feature celebrating Loreto College's ten years of official Ballarat Associated Schools Rowing (May 2017, Verity). Kate contacted Verity to share her memories of the history of rowing at Loreto (before it became an official sporting program at the school). We thank Kate for sharing her memories and a great untold story on the first Loreto family of rowers, dating back to 1974.

Kathryn (Kate) Wise was a member of one of the very first groups of Loreto girls to take to the waters of Lake Wendouree in 1974 to learn the sport of rowing, discovering a newfound passion and lifelong love of the sport and the lake, that would later see her formally recognised as an athlete and ambassador for rowing in this region.

On the world stage in rowing, 1974 was the first year that women competed in the World Championships. In Australia, there were dual Men's and Women's Rowing Associations

organising and holding separate regattas for men and women; and locally in Ballarat, the first women's club formed in 1971 (Begonia City Ladies Rowing Club) rowing out of Ballarat City Rowing Club. Therefore, women's rowing at that time, was very much in its infancy.

In the winter of 1974, Physics and Maths teacher, Mr Russell Foley, obtained permission to borrow rowing equipment from St Patrick's College, to encourage students to expand their horizons beyond traditional sport. Using a heavy borrowed boat, 'the Barge,' and restricted times of use (6am in the middle of winter), there were about ten girls who were brave enough to become the first Loreto girls to learn to row. From the original ten students, only two continued with rowing to join a club and race at regattas; and of those two, Kate Wise forged a very successful competitive rowing career that spanned over 30 years.

"The Barge was a rectangular pontoon with conventional sliding seats and riggers - four on either side and a walkway down the

middle - so the coach/instructor could walk up and down to coach. It did have a rudder but as it was so heavy to move it, in any direction, it took a supreme effort of will. We rarely rowed enough strokes in unison to have it move in a straight line at any sort of speed; the vital element of rhythm mostly absent from our outings.

"But on a foggy winter's morning flailing through the pre-dawn mist and watching the sunrise over the enchanting Lake Wendouree - I was hooked! Being short-sighted, I was hopeless at ball games and so ruled out any sort of traditional sports. However, here was a sport which, if I practised, poor eye-hand-coordination was not a barrier. Here was something I could work on as part of a team, enjoy and not worry about letting my team/crew down by missing a catch or not hitting the ball. It was exhilarating, it was freedom, it was equality and it was truly pioneering. Only a handful of females had thus far graced the waters of the lake in rowing boats at Begonia City, but we were the very first school girls to take it on."

Sadly, Term 3 ended and so did their time as 'rowers', and it was suggested that the girls continue rowing with Ballarat City, which a couple of them did, including Kate. The girls trained for a few months before becoming the first Loreto girls to compete in a regatta in Geelong, in a boat with two other Sacred Heart College students.

After this, nothing happened at Mary's Mount regarding rowing for another ten – fifteen years. Ballarat Grammar, Ballarat High and Ballarat Clarendon College eventually entered girls to compete in the Ballarat Associated Schools (BAS) Head of the Lake in 1980. However, it was many years and efforts later before the formal structured rowing program, including entry in BAS Head of the Lake commenced at Loreto in 2007.

The pioneering Loreto family of girls that Kate can remember from 1974 were: Mary Daniel, Jo Thomas, Mary-Ellen Harty, Judy Van Den Brule, Anne Maree Terry, Jo-Anne Noonan, Kerry Whiting and Kate. There may have been others, but Kate could not recall their names – these were the 'regulars'.

"Our group in 1974 truly did go where no Loreto girls had been before and I am very grateful to Russell Foley who encouraged us, because I have had a lifetime of enjoyment and achievement from rowing that I would not have had from any other sport."

Later in 1974 Kate Elliot (Wise) joined Begonia City Ladies Rowing Club (amalgamated with Ballarat City Rowing Club in 1978) and went on to become Ballarat's first female sculler, winning nine Victorian Championships in single and double sculls over a competitive career that lasted until 1995. She took on the role of the club secretary in 1979 and filled that role for 34 years. She was the first female rower from Ballarat to be selected to represent Victoria at the King's Cup and National Regatta in 1984. From 1990-1995 she organised and coached Victoria's only regional Talent Identification Program. Rachel Taylor, a graduate of this program, went on to win an Olympic Silver medal at



the Sydney 2000 games. She still coaches and trains regularly and has been a lifelong advocate of women's participation in the sport of rowing.



It was exhilarating, it was freedom, it was equality and it was truly pioneering."

Excerpt from the 1974 School Annual – Mary's Mount

Rowing

The north wind doth blow, and so does the south, east and west, when six energetic females and one lethargic male set out on a voyage – testing phenomenal strength, incredible fortitude, however we must clarify that these qualities pertain only to the ambitious vigorous females not to the male.

The competent six succeeded in accomplishing the master feat of obtaining ten strokes in unison – an achievement unequalled in the history of pre-liberation for women.

By Mary Daniel, Jo Thomas, Liz Sheehan, Mary-Ellen Harty

Wellbeing in Cyberspace

Words by Mr Pat O'Shea, Mr Kevin Robillard and Mr Shane Nankervis

Twenty years ago, a fourteen-year-old girl might contact five or six other people after ten o'clock at night. Today, a fourteen-year-old girl can contact five billion, many with criminal records, many with false identities and her parents will be completely oblivious to this contact. The software she uses might be designed by a criminal group who cannot be traced and are not subject to the laws of any country.

Absurd as this scenario is, it is the reality faced by schools and parents in 2018. The variety of potential issues is high, the technology used is continually evolving and whatever you did two years ago counts for nothing, as a new generation of adolescents is on your hands.

Schools cannot and should not bury their heads in the sand. They need to be creative in highlighting the benefits of technology while ensuring that students maintain positive social relationships built on respectful communication.

The challenge might be daunting; however, considerable hard work by our Loreto staff is ensuring that our school is at the forefront of responsible technology use. We have moved from the use of random visiting experts, to develop a comprehensive, sequential program that operates in a proactive rather than reactive fashion.

Three years ago, in a concerted effort to address the growing complexities of wellbeing on a whole-school level, Loreto College introduced Felicitous Life, a Positive Education Program, which aims to empower girls to flourish in education and life. The Felicitous Life program is aimed at improving the perseverance, self-awareness and respectfulness of students as well as developing a sense of

gratitude and resilience. One aspect of the program includes teaching students about the dangers and responsible use of digital communication and image-based bullying. There is a strong link between our behaviours in both how we interact in person and how we act online; and our positive education lessons give an opportunity to explore these concepts and develop good practice.

All Year 7 students complete the VIA (Values in Action) survey to determine their character strengths and to understand and control behaviours associated with these traits. In subsequent years, various aspects of personal development are explored, including gaining a better understanding of how our behaviours are linked to our emotions and developing positive relationships with others, as well as surviving and thriving in the digital world. The explicitly learnt skills will not only support individual wellbeing practices but students will also develop interpersonal skills desired by future employers.

The themes of the Felicitous Life program, such as respect and gratitude are linked in student Mentor Groups to the way in which students communicate. Students are encouraged to listen and to accept the diverse viewpoints of their peers.

In 2018, Loreto College was the first school in Australia to trial the Alannah and Madeline Foundation's new 'Selfie' program, which saw a facilitator from the Foundation visit the school and work with each Year 8 class on the key topic of 'sexting' over the course of two days. This program is a response to statistics indicating a 'staggering increase' in sexting complaints involving teenage girls. The complaints involve girls aged between thirteen and seventeen being pressured

to send explicit photos of themselves, prompting calls for victims to come forward.

The approach used by the facilitator was to pose sexting case studies to the students and to have them assume the roles of different people involved: the boy, the victim, the friend and the parent. At the end of the program, the students made a pledge to protect themselves online. The Foundation is visiting again next month to follow up how the students have progressed since the first meeting. Themes of 'respect', 'seeking help' and having the courage to say 'No' are highlighted. This program has attracted considerable media use with ABC radio, the Ballarat Courier and the on-line Educator site reporting on its progress.

Year 8 students also complete a unit on protecting yourself online. This is part of the Health curriculum. A visit by Brainstorm Productions (running an anti-bullying role-play) is an annual event.

In Year 9 this year, Year Level Co-ordinators, Mr Shane Nankervis and Ms Kelli Baird are introducing students to a program they have developed and called 'Digital Detox', where students are challenged to restrict phone and social media usage. At Loreto, we are empowering students to become critical users of phone and social media use. As adults, we have little influence or say on how social media develops or the etiquette and social norms surrounding it; unlike our students who possess the opportunity to shape what communication and social interaction will be like for generations.

Prior to the Digital Detox, students completed a recall survey regarding their phone and social media habits and parents also completed a survey regarding their daughter's phone and social media habits.

The Year 9 Committee were then the first to take part in seven days of reduced phone and social media use before sharing their findings and outcomes with the rest of the year level. The Year 9 Committee then led the Year 9 cohort to participate in the program.

The aims of the peer led Digital Detox program are:

- Students to gain an awareness of how much time they spend on phones and social media.
- Students to unplug and take part in activities other than social media.
- Students to increase peer relationships through genuine verbal communication.
- Students to experience what it is like to have less pressure to respond to messages and social media.
- To decrease students' stress and anxiety surrounding the pressure to keep up with what peers are doing throughout each moment of the day (in home, community and school environments).
- To create an environment that enables students to think about social etiquette and cultural norms revolving around phone and media use.
- To raise awareness regarding harmful habits, develop routines and mindfulness practice.

The school is also tackling the issue of sexting through peer tutoring, in which older students at the school prepare a presentation about sexting and associated legal issues. The students ran these forums for younger students in small groups. We learnt a long time ago that students always listen to each other more than they do to us adults!

All in all, it has been an exciting time for Wellbeing staff at Loreto. We are not naïve enough to think that we are eliminating all potential issues but we are proud of the 'can-do' attitude that has characterised our endeavours.



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A bride and groom are standing in a church aisle, smiling at each other. The groom is wearing a dark suit and the bride is wearing a long, white, lace wedding dress with a long train and a veil. She is holding a bouquet of flowers. The background shows the interior of a church with arched doorways and framed pictures on the walls.

Loreto Chapel Weddings

Kylie Blomeley (Class of 2005) married Eric Blachon on February 24, 2018.

Photography by Pretty Falmingo

Elizabeth Keenan (Class of 2000) married
Andrew Cousins March 3, 2018.

Photography by Ryan Wheatley



Remi Briody (Class of 2004) married
Tim Squire on February 17, 2018.

Photography by One Point Photography



Alumni Updates

Dr Margaret Heffernan O.A.M., PhD (Class of 1970)

Dr Margaret Heffernan O.A.M., PhD (Mary's Mount boarder 1967-1970) was recently awarded 2018 Distinguished Alumna of the Year (Federation University Australia), recognising the impact of her work on society, particularly in the area of women's health. After Loreto, Margaret graduated as a teacher from Federation University, and with life-long learning culminating in a PhD from the University of Melbourne in 2011 which explored diverse community attitudes toward the cervical cancer vaccine.

Margaret's work, which was awarded an Order of Australia Medal in 2006, characterises the qualities envisioned by Loreto founder, Mary Ward ibvm, of educated women as 'seekers of truth and doers of justice'.



Past Pupils' Association

Greetings from Ballarat as Spring bursts into our gardens after the cold winds of Winter as past pupils are warmly invited to gather at forthcoming events. On October 20, 2018 we welcomed past pupils along to the reunions for those who attended the Loreto Kindergartens of Ballarat and the young women who trained for their pre-computer age careers at the Loreto Commercial College. Such reunions are an opportunity to share memories of those days.

The Loreto Ball, held on October 13, 2018 was organised by an enthusiastic group of younger past pupils led by Faith White (Austin) Class of 1995. An informal cocktail style evening and dancing was

enjoyed by all as they caught up with old school friends and met Loreto girls from other years.

It was with great disappointment because of ill health that I was not able to represent Loreto Ballarat past pupils at the Federation conference at Normanhurst in May. My thanks to Trudi Kannourakis (Delegate) and Geraldine Frantz (Observer) who graciously stepped in at short notice.

In June, together with Trudi and Noela Morgan I had the privilege of sharing in the celebration of Marion McLeod's 100th birthday.

On November 7, 2018 we look forward to welcoming past pupils to the

annual High Tea and Annual General Meeting to be followed by the Mass of Remembrance in the Chapel. At the Mass we remember in our prayers those past pupils who have died during the past year. The Year 8 students who received our Performing and Visual Arts scholarships for 2018 will entertain us.

May I remind you to notify the Marketing and Development Office (development@loreto.vic.edu.au) of the names of past pupils who are now at rest so that we may include them in Verity and during the Mass.

Miss Meg Barry
President

Births

Lilly Baxter (2014) and her partner
Brendan Masters welcomed their first child
Noah Leigh Masters on May 5, 2018

Justine Henderson (nee Barnes,
Class of 1997) and her husband Cameron
welcomed their son George Thomas on
April, 16 2018. A new brother to Oliver.

Judi Sacco (2005) and her husband
Luke welcomed their daughter Amelia
Judith Sacco on 15 August 2018.

Marriages

In the Loreto Chapel:

Remi Briody (2004) married Tim Squire on February 17, 2018

Kylie Blomeley (2005) married Eric Blachon on February 24, 2018

Elizabeth Keenan (2000) married Andrew Cousins on March 3, 2018

Rachel Niahli (2002) married Stephen Bairstow on April 2, 2018

Gemma Sandlant (2009) married Dean Carlson on October 6, 2018

Deaths

Carole Steenhuis (nee Conlan) Class of 1955. Sister of Angela Walsh. Mother of four daughters and grandmother of five - all Loreto girls.

Kathryn Young (nee Canny) Class of 1977.

Patricia Sanders (nee Hardie) Class of 1980.

Carmel Grace. Class of 1956 Loreto Dawson Street. Sister of Sister Joan (Pauline) St. John of God. Western Australia.

Angela Kennedy ibvm, known to Ballarat past pupils as Mother Hilda.

Rosanna Perovic, much loved sister in law of Christine Perovic (Hogan).

Judith Torpy (Nee Allan) 80, mother of past Junior School (Dawson Street) attendees Kevin, Phillip and William passed away peacefully on Monday 9 July.



Above: 2018 Loreto Federation, Loreto Normanhurst

Notifications are listed as gratefully received from the Loreto Community.

Contributions to Verity are welcome through the Marketing and Development Office - verity@loreto.vic.edu.au

Marion's 100th Birthday

Happy 100th Birthday Marion McLeod (nee Dolan)



In 2000, Marion McLeod came from South Australia to attend the Loreto Federation and to meet her old schoolfriend Sister Sheila Hynes (Mother Magdalena). Her husband Don asked if she would like to move to Ballarat. As her answer was in the affirmative the couple returned to the city where she had spent some of her school days at Loreto Abbey, Mary's Mount in the 1930s.

Marion renewed her connection to her old school and became a familiar figure at reunions of past pupils. We heard her stories of life at Loreto and her after school life as a draughtswoman, an unusual career for a woman at that time; for Marion was a talented artist and studied art at the School

of Mines. This interest was re-kindled at the Art Gallery of Ballarat where she attended classes as a very mature-age student in her eighties. In December 2011 she was awarded a third prize for one of her works in an exhibition at Heidelberg. She is also a member of the Womens' Association of the Gallery and regularly attended the last Sunday of the month concerts and showed a keen interest in the young performers. Past Pupils' Association Committee member, Noela Morgan, generously drove her to these functions as her eyesight began to fail.

On June 1, 2018, Marion celebrated her 100th birthday with family and friends at the Royal Freemasons' Ballarat Aged

Care where she had recently become a resident. Among those attending were three Loreto Ballarat past pupils, Meg Barry (President of the Past Pupils' Association), Noela Morgan and Trudi Kannourakis and representatives of the Womens' Association of the Art Gallery. Thank you to Jan Stephen, a member of the Past Pupils' Association, who arranged cards from dignitaries including Queen Elizabeth II, the Governor General and the Prime Minister. Marion also received a visit from Judy Ann Quilliam, Director of Marketing and Development and Year 11 student Tess, who presented flowers on behalf of the Loreto College community of 2018. Happy Birthday Marion, once a Loreto girl always a Loreto girl.



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Loreto Launchpad

Words by Olivia Brown (nee McLean) Class of 2000 – Global Village Women



Physical Education. Information Systems. Psychology. Art. Health & Human Development...My choice of VCE subjects was quite mixed but I chose them because I was individually drawn to each one and I decided not to be beckoned by the promise of extra points for the 'hard' subjects. The strategy paid off as I loved my final year of school and was offered pathways to follow my next learning journey. So off I went, armed with a foundation of belonging and Loreto-girl confidence, to face the real world moving to Melbourne to start life outside the nest.

Fast forward 18 years, I can look back and say I made some pretty good choices. This time a year ago I had celebrated fifteen years with Mercedes-Benz and was leading teams across Australia and New Zealand, delivering digital, data and customer focused marketing solutions for the world's

most recognised brand. But for all the opportunities and love I had of the job, I still needed something more. So, to the great shock of my colleagues, friends and husband, I resigned. I handed back the keys to the company cars and said good bye to a regular income. For something else had lit a fire in my belly.

A few years earlier I'd met a powerhouse of a woman called Natalie. Bonding literally over spilt milk, dummies and the transition into motherhood, little did I know that six years later I would be calling her my business partner and co-founder of a company that aims to improve the lives of millions worldwide.

You see, Natalie has a vision to re-create the sense of village society lost long ago. The type of village where there were trusted confidants who were easily

accessible yet outside your sphere of 'nearest and dearest'. She wants to build an online village where the notion of 'stranger = danger' is flipped on its head through the sheer power of technology and design. I was instantly drawn because I know humans are more digitally connected with more friends and followers than ever before, yet we're often emotionally disconnected. I believe modern society has a skewed definition of what success is and sadly the world has suicide rates and mental health issues to match. Did you know the World Health Organisation predicts that depression will be the largest health risk on earth by 2030 and it is twice as common in women?

So, I officially came on board as a Co-Founder and Natalie and I incorporated Global Village Co. We continued our research with over 500 women and kept

finding that there are too many barriers for women to receive support any time they need it. Support for times women need advice or to simply feel they are not alone in their situation. We've spoken to homeless women, migrant women, women who've experienced domestic violence, women diagnosed with illnesses, women challenged for their specific birth choices, highly skilled professional women who suffer anxiety...the list goes on.

We found women were often not sharing openly with those closest to them. For fear of judgement or being a burden or that friends and family simply would not understand.

Harvard University Sociologist, Mario Luis Small and author of: 'Somebody to talk to', agrees our findings match his, stating, "At one time or another, we all need access to support and advice from others. While our dearest can be useful, these people are often too close for comfort, too close to the issue or too vested in our situation. At times, the most useful people are

strangers, especially those who, though different from us, nonetheless share an understanding of our predicament."

So where is that one place women can go, any time, without barriers to receive this support? Well it doesn't exist yet.

That's why we are building Global Village, a Peer-2-Peer marketplace for human support. Where users can connect by asking a question or giving support. In an interesting twist we will be less focused on positioning ourselves as the world's most trusted destination for women to receive support, and more focused on becoming the world's easiest platform to give. And flipping the assumption that we need time or money to give back. In today's harried life, we need other ways to connect and support one another.

Numerous wellness experts identify how profound giving and being of service is for you. Arianna Huffington, CEO Thrive Global, believes that giving is a critical pillar of wellness, stating, "We mostly focus

on the good giving does for others – for our community. But just as profound is what it does for you."

You may not have realised it yet, but your Loreto education provides gifts that are more enduring than the results achieved in your final year. Amongst others, I've found them to be the value of being of service and the importance of community. Steve Jobs once said, "You can't connect the dots looking forward, you can only connect them looking backward" and looking back on my Loreto years, the subjects I chose and my professional experience, I can't wait to see how Global Village could flourish into the apotheosis of all those years.


If you'd like to know when we are live, JOIN via our webpage and find out about the other exciting projects we are working on; we'd love to connect!

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www.globalvillagewomen.com

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A woman with short, layered blonde hair is smiling warmly at the camera. She is wearing a black, ribbed, textured jacket over a black top. Her arms are crossed, and she is holding a black leather bag with gold hardware. The background is a plain, light-colored wall.

Falling
Forward
to be
Living in
Fulfillment
and
Success

#loretogirlempowered

Words by Lee Squire (Loreto Commercial College, Class of 1981)

This year we celebrated the first formal reunion of the Loreto Commercial College. The highly regarded College opened at Loreto, Dawson St in 1962 and officially closed in 1996. Many Loreto girls attended for one or two years before being offered prime secretarial, administrative and executive assistant roles throughout the region on or before graduation.

Our #loretogirlempowered featured past pupil for this edition is a proud Loreto Commercial College past pupil, ongoing generous supporter of Loreto College and nationally renowned leader, facilitator, author and authentic figure of women's empowerment in thought, word and action. All is not always perfect on the path to empowerment and we thank Lee Squire for sharing her heartfelt story.

'Failure is the opportunity to try again more intelligently.' – Henry Ford

I remain forever grateful to my late parents for the opportunity to attend Loreto Commercial College in 1981. Loreto Commercial College graduates were highly sought by local employers because of the impeccable reputation the College held in the wider business community. I met many life time friends during my time at Commercial College and maintain a long-term association with the school, as a proud major sponsor of the annual Loreto College International Women's Day Awards.

I was due to sit my final exams at Loreto Commercial College when I received two messages that would change the course of my destiny forever. The first phone call was the shocking news that my ex-boyfriend had tragically taken his own life. I was crying uncontrollably when I received a second life changing call with the exciting news that I was the successful applicant for a secretarial role and they wanted me to start the next day. In retrospect, the focus of commencing full time employment gave me my first compelling reason and lesson- to remain strong in the face of adversity.

My secretarial career thrived with credit due to the strong foundations, business ethics and skills acquired during my time with Loreto Commercial College under the watchful eye of our principal June DeBeer. In 1985, at just 21 years of age, after only three short years as a secretary, I was promoted to the role of Regional Victorian Manager for a national Sydney based catering company. I learned fast from my early mistakes and my confidence grew with each accomplishment, gaining valuable business experience and resilience along the way.

I was committed to success and I devoted the first seventeen years of my career to the company, including a failed marriage in my early twenties. However, I wasn't passionate about the catering industry. I was passionate about the fitness industry

and in my spare time I fulfilled my passion for dance, teaching up to fifteen aerobic classes each week and rehearsing four nights to dance in local theatre shows.

In 2003, my husband and I were offered the opportunity to purchase the local Fernwood Women's Health club franchise. I fell in love with the idea of owning our very own health and fitness club because my passions aligned with the Fernwood value, 'empowering women to shine'. I took a leap of faith and trusted that this was the next step in my journey, and vowed to find a way to somehow balance my family life, finances and business.

Naive and too trusting, I had not anticipated the impact of the new business venture on our lives. I thought I was prepared for my own business after years of working in the corporate world and high-profile gyms; however, the growing business and family blurred together in a blizzard of busyness and it was our family life that suffered most.

From the outside I looked happy and successful, a national award-winning business leader and an innovator in women's health and fitness. But the truth behind the mask was that I wasn't coping personally with the lows, the constant unexpected setbacks, the late nights and early mornings, the blood, sweat and tears. Spread too thin, juggling my precious time between motherhood and business



She could never go back and make some of the details pretty. All she could do was move forward and make the whole beautiful."

- Terri St. Cloud

Quote shared by Lee Squire

demands without a thought for my own wellbeing, I was consumed with worry over mother guilt and money. I began self-medicating with a mask of alcohol to suppress and numb the discomfort that had brewed from a life of early loss, divorce, guilt and business adversity.

The first step was to decide what I wanted before anything could change. I learned the hard way about the importance of setting personal boundaries and practising self-care to prevent feeling fragmented and scattered. Creating awareness around my weaknesses so that I could leverage and delegate without depleting my energy and choosing my priorities and eliminating distractions, letting go of all those habitual diversions I once made so important. I've silenced my inner bully voice and harnessed my inner strength to change the course of my daily life.

My inner critic is always with me; however, my emphasis is now on my strengths; always accepting my progress not perfection through consistent small daily actions. I accept that I am completely responsible for my decisions and work harder to manage my emotional state and place so that I can nurture the richness in my love for what really matters most, my family. From my heart place I feel peace, and my family is the greatest blessing in my life.

My advice to women is to never give up on your dreams because you just never know how close you really are. The Loreto Sisters taught me back in 1981 that the secret to living is giving, and now I share my advice for overcoming adversity and my very personal journey in a new book, which is designed to inspire and help women break through and break free. The purpose of my book, titled, 'Anything's Possible - Freedom from Alcoholism', is to express and share my gifts with the world. I am excited to pass on my passion and purpose from 37 years' experience in fitness and business as a mentor, educator and passionate speaker.

I am proof that your past does not determine nor deter, your future. Your ability to learn to strengthen your resolve and never give up is the difference to how well you walk through fire and learn to fall forward to live a life of fulfilment and feel magic and success in life. I value my ongoing contribution to Loreto girls and all young women, hopefully inspiring them and providing a platform to empower themselves to feel magic and success in life. I remain eternally grateful for my time at Loreto Commercial College, for playing a significant role in my success. Little did I know that the synchronicities in life would ensure my association with Loreto College and the empowerment of women would span over many decades.



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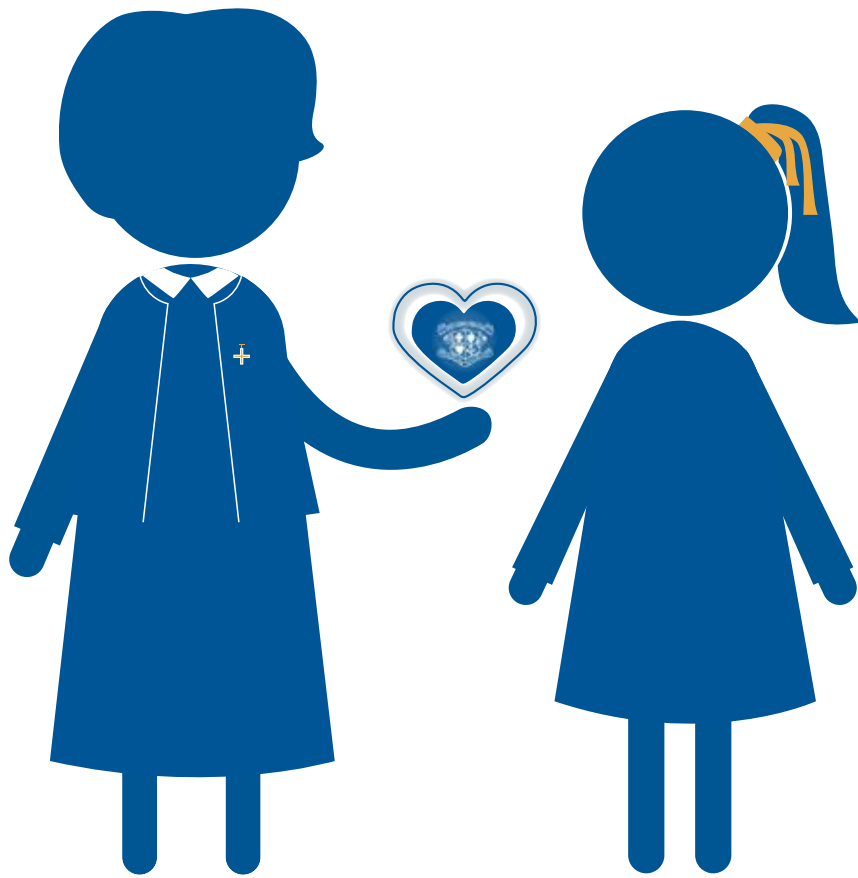
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We wish to thank and gratefully acknowledge the Loreto Community and the following individuals for their generous contributions to the Annual Appeal this year. We also wish to thank our donors who wish to remain anonymous.

Thank you

- Mrs Chris Barr
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Reunions



Class of 1968



Class of 1978



Class of 1988



Class of 1998



Class of 2008



*Dawson Street
Form 4, 1968*



*Class of
2013 - 5 Year
Reunion*



Staff Reunion



*Commercial
College
Reunion*



*Kindergarten
Reunion*

Staff Farewells

Emma Wakeling

It is often said, "Once a Loreto girl, always a Loreto girl"; this applies to our past pupil and valued colleague, Emma Wakeling. After eleven years of teaching Sociology, English, Religious Education and leading the Humanities faculty at Loreto College, Ballarat, Emma has moved on to explore other ways to contribute to society.

Emma has been a dedicated educator and leader, with a strong sense of social justice. She has decided to share her gifts and talents as an educator to assist the Solomon Islands Education Department to create curriculum documents for their schools throughout the island. Our loss is certainly their gain, but we are very grateful for Emma's strong commitment

to the pastoral care of her Mornane students. Her colleagues valued Emma's leadership and the way she empowered others to lead with her support. We wish Emma all the best with this new adventure and know that she will succeed where ever she goes.

Ian Burrows

The retirement of Ian Burrows as Laboratory Technician this year brought to an end a remarkable eighteen year contribution to the College. Once the science staff realised Ian knew more about each branch of science than we did, we learnt to harness his creativity, resourcefulness and understanding. Ian regularly invented, designed and constructed laboratory equipment, often at a fraction of the cost

of commercial versions. Some of his standout devices include a small car to test student reflexes, a class set of colorimeters, light transmission devices, a vacuum filtration unit, a mass spectrometer and a polarimeter. It is rare for a laboratory assistant to influence the Victorian Science Curriculum but the interest in Ian's work from other schools ensured that his impact was significant

in many schools. Westlab for example, marketed a number of his designs, he presented to a group of 50 science teachers at the annual science teachers conference at La Trobe University and he chaired a laboratory assistants' network. Several of his projects were published in LabTalk. Ian leaves Loreto College with the utmost respect of his colleagues, both as an educator and as a gentleman.

Mary Dow

After nearly 22 years, our most valued and respected teacher and colleague, Mrs Mary Dow, has decided to retire from Loreto College, Ballarat. Mary has demonstrated her love of Loreto in word and action, she has lived and breathed our values. Mary is a true Mary Ward woman. The two values of felicity and sincerity best sum up Mary's attitude and disposition. She is always happy to be at school, teaching her girls and she always graciously helps on any occasion.

While working at Loreto, Mary has been an exemplary teacher and leader. She has held several leadership positions, including Year Level Coordinator, Head of House, Daily Organiser and LSAC representative. Mary's insights and strategic thinking advanced the work of the College Leadership Team. Mary's chairing of the Uniform Committee, in particular, with the review of the previous uniform and implementation of the 'new' Loreto College uniform, stands as an

example to all. I read a quote once that said, "If you can learn that is good, but if you can teach that is life changing." Mary's teaching career has been life changing for many of her students; her influence as an educator will last forever. We are eternally grateful for her conscientiousness, her thoughtful discernment and her excellent leadership in, and service to, the College.

Graham Thurgood

During 2018 Graham Thurgood retired from Loreto after 35 years of service. He was a much loved and valued member of the Science and Maths faculties and his passion for his subjects and his care for

his students will be greatly missed. He taught thousands of girls and even some of their daughters; giving all of them the gift of his vast knowledge. Graham is the only Science Teacher at Loreto College

to have taught Physics, Chemistry and Biology at the Year 12 level, as well as sharing his joy of numbers in his Maths classes. We wish him all the best for his much deserved retirement.

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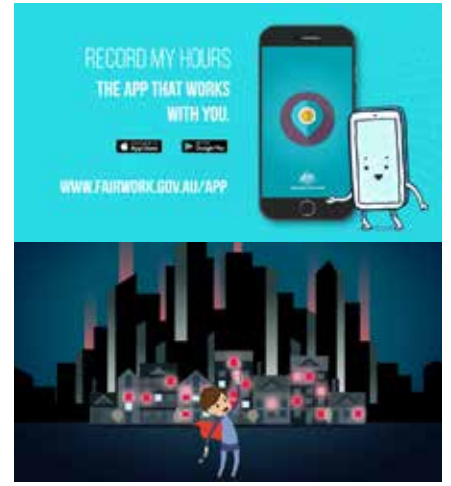




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