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Cover Photo

Jade Smithard - Mojo Photography, Loreto College Ballarat Stained Glass Windows
Cover design Shona Hendley & Liz Francis

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Photo by Jade Smithard - Mojo Photography

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FEATURES

LORETO GIRL EMPOWERED 10

Through interviews, student work and a marketing campaign this Verity feature focuses on the empowerment of women, that is inherent within Loreto College.

THE FREEDOM TO GROW 28

An interview with past pupil, Caitlin Perry, whose Garden of the Grieving Mother co-design was officially opened this year in Ballarat.

TALKING THE TALK AND WALKING THE WALK 35

Scientist, teacher and past pupil, Colleen Filippa discusses her experience on the Homeward Bound Expedition to Antarctica and the role of women in science.

NO PLACE THAT I WOULD RATHER BE 50

A conversation with student, Isobelle DeLivera about her experiences and opportunities at Loreto College and how making the most of them can take you to places never thought possible.

A DECADE OF ROWING 24

A visual timeline of Loreto College's past decade within the BAS Rowing Program, culminating in this year's Head of the Lake victory.

EXPERT TIPS 40

Our Loreto Experts share their tips for the garden, technology, health and fitness and recipes to try at home.

From the Editor,

Welcome to the new look Verity. We know that 'Once a Loreto Girl, always a Loreto Girl', and as an editorial team our aim was to capture this unique spirit within the pages to produce a Verity publication that is relevant to all members of our Loreto community. After listening to reader feedback and adding some of our own on-trend concepts, Verity has been creatively restructured from cover to cover.

There are now two higher quality publications of Verity per year, supported by Loreto Gold Alumni eNews circulated three times per year. This edition is structured by the 2017 Loreto value of 'Freedom'. Within this issue our articles and content are linked by Mary Ward's interpretation of freedom.

Inside you will find some new sections including; 'Loreto Launchpad', 'Loreto Expert Tips,' 'Book Talk', 'Loreto Chapel Weddings', along with some reworking of existing sections which aims to offer content that is fun, informative, beautiful and relevant to read. The new Verity is now also a cross media experience with video content such as event videos and interviews aligned to the Loreto website and social media platforms.

We hope you enjoy the in-depth features that delve underneath the surface to explore the evolving world of current and past Loreto Girls. Your journeys are incredible to hear and interesting for others to read, so please contact us at Loreto College if you have an experience that you'd like to share, advertising that you would like to feature or any other feedback.

Shona Hendley and the Marketing & Development Team



Coming Up

JUL '17

24, 31

Careers Evenings

The first in what we hope to be an annual series of events, in which we invite you, our Loreto alumni, to share your insights and experience, with the next generation of Loreto Girls.

AUG '17

7

Careers Evenings

The first in what we hope to be an annual series of events, in which we invite you, our Loreto alumni, to share your insights and experience, with the next generation of Loreto Girls.

OCT '17

27

Old Boys BBQ

A great opportunity for Old Boys' to catch up and spend some time in the College grounds. Invitations with more information will be sent out later this year.



NOV '17

1

Golden Girls High Tea

(all alumni pre Class of 1967 welcome)
An enjoyable afternoon for our Golden Girls to get together over a cup of tea or coffee and reminisce about their Loreto days.

Past Pupils Mass of Remembrance & Past Pupils' Association AGM

24

First Year Out Reunion

A chance for the Class of 2016 to celebrate with their class mates and share experiences since leaving school.

MAR '18

24, 25

Reunion

Dawson Street Class of 1968 (Form 4)
Reunion
Reunion Coordinator – Yvonne McColl (Haintz). More details to come.
Save the date: March 24 – 25, 2018

Messages from Loreto



From the Principal

*"... an inner freedom, accepting of self,
open to others and trusting of life ..."*
(Loreto Schools of Australia Mission
Statement)

Our world continues to evolve and thus each year brings with it some purposeful changes, designed to support, guide, encourage and empower our students to engage actively in all aspects of life at school and beyond. Our students are the source of our inspiration through their enthusiasm, openness to others, involvement and cheerful approach. This year our attention is on deepening our understanding of the Loreto value of Freedom.

*"... this freedom includes the capacity
to face and learn from the mistakes and
failures that are a natural part of human
experience. In the same spirit, the
relationships in the school community
will be marked by ideals of mutual
respect, acceptance of difference and the
assumption of good will."*
(Loreto Schools of Australia Mission
Statement).

We have the opportunity, as students, past students, parents and staff to model relationships (with self and with others) that take these words from the Mission Statement off the page and live them out on a daily basis. In the digital world, it would appear that many are happy to jump in and make judgements without first

seeking to understand and support. This diminishes others. Intertwining kindness and forgiveness with our value of Freedom will enrich and deepen relationships within the school and beyond.

I have witnessed the Mary Ward value of Freedom coming to life in many activities, programs and events thus far this year, with students and staff bringing these to life through word and action. I thank the many students, staff and parents whose cheerfulness and generosity have shone through their interactions and contribution across all aspects of our holistic Loreto Ballarat education.

Judith Potter
Principal

From the Board

There is always much to celebrate at Loreto College. Each member of the College Board embraces our responsibilities for the governance of this very special school. This year sees 142 years of Catholic education in the Loreto tradition at our school, one which is holistic and aims to empower each student.

While our primary focus is the education of young women, the safety and wellbeing of our students is also at the heart of all planning. Much time has been invested by senior staff in ensuring that our school meets Ministerial Order 870 which details explicit Child Safe Standards.

A comprehensive review of policies and procedures has been undertaken and a process of communication has commenced. Policies are in the first instance formulated by senior staff. These are then forwarded to the Finance & Risk Committee for consideration and, if approved at this level, then put forward to the College Board for consideration and approval. The members of the Finance & Risk Committee and the College Board are cognizant of their governance responsibilities in this key area.

Board Chair
Shane Carey

From the College Co-Captains

In this year of Freedom, as College Co-Captains we have both contemplated the value of Freedom, what it means, and how we can be truly free. Freedom is a much more difficult concept to grasp, than what it first appears. However, this year we not only want to implement the value of Freedom within our Loreto community, we encourage each and every one to strive to find their inner freedom and to be free. In the world we live in today, it can be challenging for us to be one hundred percent authentic and unique. At times we may find it easier to blend in and act the same as everyone else; and we may even feel judged for not conforming to particular social standards.

Yet as students of Loreto, we both feel highly privileged to be part of such an

inspiring and talented cohort of young girls. After a trip to meet the Year 7 students on their first school camp, we were both overwhelmed by the whole-hearted and eager nature they portrayed. Our hope is that this attitude will become a common theme throughout the year levels as we aim to more closely unite them. Walt Disney promoted the idea that once someone has tasted freedom they will never be content to be a slave. Not only does a person who is free radiate outwardly but stimulate a desire for those around them to be free. As Mary Ward said, "it is the truth that sets us free."

Ella Higgins and Maddy Veal
College Co-Captains



Around Loreto

Swimming Carnival



Loreto spirits were very high for the Annual Swimming Carnival as the girls competed in all events offered throughout the day program. There were traditional events as well as team novelty events and water polo, with many impressive performances across the age divisions. The highly anticipated final feature of the day - the Year 12 synchronized swimming, was entertaining as always, with Mulhall victorious this year. The results were very close throughout the day and Barry House was awarded overall winners for 2017.

Schoolies with a difference

In November, 2016, twenty-six Year 12 Loreto students, accompanied by staff, travelled to Cambodia for two weeks as an alternative to the traditional schoolies trip. Whilst away, the girls spent six days immersed in the daily life and traditions of a rural community in the Kampong Speu Province, assisting children with their school work, and working on a specific project to benefit the community.



Athletics Carnival

A strong head wind down the straight made it a challenge for the sprinters, however all competitors and staff had a thoroughly enjoyable day on the track, in the field and in the novelty team events of the 2017 Athletics Carnival.

Divisional results saw fantastic representation from all Houses, with Mulhall taking out the junior section (Years 7 & 8), Barry leading the way in the intermediate section (Years 9 & 10) and Ward victorious in the senior section (Years 11 & 12). The overall winning House on the day was Mulhall and the champions' trophy was graciously received by House Captains, Alana Spratling and Leah Hayes.



Easter Picnic

Members of the Loreto Community including current families, past and present staff and students came together for our annual Easter Picnic. The event was a day of relaxation in the beautiful Loreto grounds, listening to the music of current students and past pupils, Gemma Foord, Hannah Armstrong and Charlotte Crowley's band, Jam Packed. And for the smaller kids, an abundance of activities, topped off by an Easter Egg Hunt and a visit by the Easter Bunny! The event celebrates the Loreto Community and raises money toward a 3D printer for the College and our local St Vincent De Paul.

International Women's Day

Loreto College joined with thousands across the globe to celebrate International Women's Day (IWD), through our annual IWD Breakfast held at Ballarat Golf Club. Past Pupil, Colleen Filippa (Class of 1977) spoke about her extraordinary experience as a member of the Homeward Bound Project, a ground-breaking women's scientific expedition to Antarctica in 2016. The Loreto IWD Awards sponsored by Fernwood Fitness and Regent Cinemas were also presented. Loreto Woman of the Day was awarded to Ailish Murphy-McKay and Hayley Ryan was awarded the Loreto Community Achiever Award.



#loretogirlempowered

There is something unique about a Loreto Girl...and like any great story, it starts from the very beginning.





Loreto College has proudly unveiled a new campaign to uncover, share and celebrate the authentic and unique identity of Loreto College Ballarat. Introducing **#loretogirlempowered.**

The first of the Loreto Schools in Australia, Loreto College Ballarat aims to value, engage and empower young women to take their place in a global world. Notably, the founding values that underpin education at Loreto College, are as relevant today as they were back in 1875 when the school was first established by Mother Gonzaga Barry. Mother Gonzaga's enduring words of wisdom and inspiration continue to grace the walls of the most contemporary learning spaces within the College, and the five pillars of Freedom, Justice, Sincerity, Verity and Felicity stand refreshingly steadfast at the heart of a Loreto Education; continuing to guide staff and students to flourish in life and learning in the twenty-first century.

One cannot deny the sense of beauty, heritage and serenity that radiates when you enter the grounds of Loreto College Ballarat. Within the historic fences, there is more than a touch of magic in the stunning grounds and spirited Catholic education provided by Loreto College for almost one hundred and fifty years.

A graduating Loreto Girl will go on to use her individual gifts with confidence, creativity and generosity in loving and responsible service, knowing that she is supported and networked with a growing

global Loreto Community. The significant connection of the Loreto Graduation Ring remains synonymous with a valued Loreto education throughout the world.

The founder of the Loreto Sisters, Mary Ward, once said, "I hope that it will be seen that women in time to come will do much." And indeed they have, and they continue to do so in the Loreto way. In the spirit of our founders, there is something unique about a Loreto Girl... a Loreto Girl is empowered by her past and present, for her global future, she is a **#loretogirlempowered.**

In line with the vision of the College, **#loretogirlempowered** seeks to uncover, share and celebrate the unique identity of Loreto College Ballarat through the communication of authentic images, stories, features and promotions on a diverse array of platforms. The campaign also seeks to uncover, support and encourage our past and present Loreto community's success, adventures and pathways. To introduce this campaign, enjoy these two very different, and empowering features, one an interview with two past pupils, the other a speech written by a current Loreto Girl, both Loreto Girls Empowered. Look out now for features on other communication platforms, contact the Loreto College Marketing and Development Office if you have a story that you would like to share and follow us... **#loretogirlempowered**

#loretogirlempowered

A Tale of Two Mollys

Words by Molly Cove and Molly Dean with Judy-Ann Quilliam

Molly Cove grew up surrounded by family and friends who supported and encouraged her to be 'who she wanted to be'. The Loreto values and the importance of the education and empowerment of women naturally impressed upon her from the moment she stepped through the front gates of the College as a Loreto student. Six years later, Molly Cove and her close friend, Molly Dean, were empowered to act on their mutual desire to share their education and life skills with other women in need.

Before Molly graduated from Loreto College in 2016, a Global Vision International women's empowerment volunteer program in Kerala, India had caught her intrepid eye. Molly was seeking a volunteer opportunity that helped underprivileged people and this program immediately piqued her interest and resonated with her values. However, venturing off to India solo was a daunting step, so she sought a like-minded travel companion in her fellow class-mate, Molly Dean. The two Mollys then worked hard to plan and finance the entire trip themselves.

When the young women arrived in India they found life very different; cars without

seat belts, driving on roads without rules, most shops didn't open till noon and then closed late at night. However they were warmly welcomed and adapted quickly to begin their first project, visiting a home for pregnant teens; a home where teenage girls had been placed because either their families didn't want them or social workers thought it would be a safer place.

The young women worked with men, women and children of all ages and religions to promote the empowerment of women through education. They facilitated discussion on the topic of women's rights and helped young children with physical education, English and interconnectedness. Molly Dean explains, "For kids to understand what we wanted to teach them about women's empowerment we needed to lay down a base of knowledge of English, to help them understand what we were saying when the classes reached more complicated content. We also needed to teach interconnectedness to help the kids understand that they are all connected, they needed to realise that one action can create a rippled effect. This was very important to instil, especially in the boys." When they were talking to older classes they touched on more complicated

subjects associated with women's empowerment. They discussed topics such as the freedom of women, what the girls wanted to be when they were older and the safety of women; not just in the streets, but within their homes as well.

For both Mollys, the most memorable experience was speaking to a large group of teenage Muslim girls. They asked the girls questions about their everyday lives, future goals and fears, and like most young women, they expressed a great desire for their futures. They wanted to continue into higher education, to gain employment and help within their community. However, when they were asked 'What their future holds?' rather than 'What do you wish for the future?' their answers were very different. Their answers changed to, "I am going to clean the house", "I am going to look after the children", and "I am going to cook". These statements really expressed what many in this community see as their reality.

A private question box was left behind at the end of this session for the teenage girls to write any question they may like answered. Most of the questions left in the box were, "Why do we have no freedom?"



It was at that precise moment, (reading the written questions) that both Mollys knew they were truly making a difference to lives of these young girls, and that their value of women's empowerment had been passed on to others, to make a difference in the world. Not only had they inspired these teenage girls, but the girls had inspired them.

Molly Dean shared, "It was so inspirational meeting these girls, the other volunteers,

and all the staff. I loved helping the girls understand their potential."

Molly Cove shared, "After this incredible experience, my knowledge of the world has been enlightened and I see the world from a new perspective. I now understand some of the struggles and discrimination that women face in developing countries. This has inspired and empowered me to use my voice louder and give my voice to others who don't have one."

This is really just the first chapter in this tale of two Mollys, Loreto Girls empowered to act in our global world. As they now follow their chosen study and career paths, influenced by this life-changing experience, the second chapter is certain to be intriguing.

Like a Girl

A Speech by Miriam Litwin (Year 10)

'Like a girl', you have probably heard this statement before. Think back to where you've heard it, was it used to praise, or condemn? I've heard people say 'you throw like a girl' or 'you run like a girl', but when did 'like a girl' become a substitute for words like slow or bad. Since when did like a girl become a derogatory term? I am a girl and I run, but in our society does it mean I run, like a girl? The time has come ladies and gentlemen to decide that 'like a girl' isn't an insult that restricts girls; the time has come that like a girl means incredible feats.

It was a chilly Saturday morning when I was walking through the park with my friend Maybelle. I had a dog lead in one hand and a soccer ball in the other. A group of teenagers were playing soccer on the oval, a mix of boys and girls. One of them called out to another 'you kick like a girl', laughed and carried on playing as if what had just come out of his mouth was okay. Yet what I observed demonstrated the opposite. Slowly the girl walked from the pitch and sat down. As I looked over throughout the morning she never stood back up and played again. Clearly those 5 simple words 'you kick like a girl' had a deadly impact. When a person tells someone to 'man up' or 'be a man' they want them to be strong and independent, yet 'like a girl' means weak and submissive?

A US company called 'Always' has decided the time has come to change the way we think of 'like a girl.' In their research they discovered that 84% of women aged 16-24 had a negative association with the phrase and 9 out of 10 said that these words were harmful. The researchers videoed a group of teenagers and adults, male and female, doing activities 'like a girl'. It comes as no surprise they all ran slowly flipping their hair. They threw with no power, giggling. The participants were not instructed to do this, it simply came into their head when they heard 'like a girl.'

In the second half of the video girls aged 5-13 were asked to act like a girl. The results were worlds away from how the teenagers and adults responded. The girls sprinted and threw their hardest. The director asked 'What does it mean to you to run like a girl?' They simply replied 'to run as fast as you can.' This is because to younger girls, being a girl is equal to being a boy, as it should be and being like a girl is being themselves. The statement 'like a girl' had no negative meaning. In fact the phrase is perceived completely differently. To put it simply, these young girls have the right perception.

So what can we do? Women have been fighting to overcome derogatory terms for centuries. Consider the positive use

of the word bachelor and the negative spinster. From Mary Ward who valued the education of women to the suffragettes who fought to give women the right to vote, they never stopped fighting. We are not saying women are better than men, nor that women deserve more power than men. All we are saying is that women are people, and deserve to be treated equality. Next time you hear someone use the statement 'like a girl' tell them how destructive it is. Tell them it is not okay.

I run like a girl, I walk like a girl and I even brush my teeth like a girl, that is because I am a girl and I am not ashamed of it. In fact I am here today speaking like a girl because I know that we need change and I am ready to make a difference. So my advice to people who are told they do something like a girl? Embrace the term because the time has come that like a girl means incredible feats. And next time someone says 'you run like a girl' simply reply 'run a little faster and you would too.'

What's New

Verity Reloaded

Enjoy the new and improved Verity with an abundance of new sections, updated existing sections and a brand new look.

Loreto Expert Tips - find suggestions from our own group of experts in areas of health and fitness, garden and home, recipes from the Loreto kitchen and technology tips from our media guru.

Enjoy writing and artwork from Loreto students based on the edition's theme.

Loreto Launchpad - a section where we share a past pupil's small business story, celebrating and promoting their business endeavours.

Book Talk - A selection of books reviewed by our Librarian, Mrs Marcia Philips that relate to our edition's theme of Freedom. With so many books to read we need you to write in your reviews. The second edition of Verity will be based around the theme of 'Global'.

We need you! Verity would not be possible without our current and past Loreto community. If you have had a Loreto Chapel Wedding, have a small business you would like featured, are a past pupil and would like to share your experience/s. Please contact verity@loreto.vic.edu.au

Videos

#LoretoGirlEmpowered

#LoretoGirlEmpowered is the first tier of the Empower marketing campaign introduced in 2017 to the Loreto Community. A television commercial and social media videos featuring twelve of our own empowered Loreto girls have been released. The strong and distinctive productions represent what it means to be a Loreto Girl. View the videos online via our website.

Loreto Voices - Colleen Filippa Interview

Loreto Voices, our online celebratory archive of past pupils, continues to grow. Past Pupil and 2017 IWD speaker Colleen Filippa (class of 1977) was interviewed for this edition of Verity and in greater depth for Loreto Voices. Sharing her life changing experience at Loreto and her pathway since leaving school, this is an insightful and relevant video for any past or present Loreto community member or those interested in STEM careers. You can find the interview on the Loreto Voices page of our website.

International Women's Day Event Video

Loreto College Ballarat has held an International Women's Day (IWD) Breakfast for the past nine years. To showcase and capture the energy of this annual event, a short event video was made from the 2017 IWD Breakfast. Featuring highlights from the event as well as vox pops from staff, students and past pupils, it beautifully represents the spirit of meaning of IWD.

Empower Our Girls Video

Empower Our Girls is the second tier of the Empower marketing campaign. One of the hallmarks of a Loreto education is paying forward the gift of learning and this video uses historically poignant and beautiful photographs from over one hundred years, with soundtrack and voice-over, to celebrate the philanthropic culture of the College. The video highlights how supporting our girls financially through education, no matter how little or how much, will uphold the values of the school and continue to Empower Our Girls into the future.



Welcome to Our Loreto Kitchen

'Our Loreto Kitchen' opens the doors to the warm, nurturing and generous culinary adoration that has been at the heart of Loreto College Ballarat for over one hundred and forty years. This love has infiltrated the recipes created and developed by its community, evident within the vast collection included in this publication. More than a cookbook; it's an insight into a Loreto history, a time capsule of a time gone by, through to today.

Within the pages are a selection of recipes from Sister Sylvester O'Malley's recipe book 'From the Loreto Pantry', revealing the historical nature of the book and providing some steadfast recipes that have stood the test of time. Sr Sylvester was a true 'Loreto

Girl'. She attended Mary's Mount in 1920, completing her matriculation at the Loreto Convent in Dawson Street before entering the Loreto order in 1932. Her meticulously handwritten recipes have been treasured and are still looked upon with admiration and fondness.

From the past to today, 'Our Loreto Kitchen' features the tried and tested recipes from the Food and Technology faculty at Loreto College Ballarat. Including; pastries, muffins, cakes, biscuits and classic main meals, they are all favourites from the staff, students and Loreto community, including the famous Raspberry Swirl Cheesecake.

To compliment the recipes, and making this publication as much a keepsake coffee table book, as a recipe book, are historical photographs, stunning imagery of the College and images of a selection of the delicious dishes cooked by Loreto College students. Looking through 'Our Loreto Kitchen' will be a tantalising visual journey.

The book is available now, raising funds for Loreto College and for local and international non-for-profit organisations working to address inequity in resources (such as St Vincent de Paul, Mary Ward International and Caritas).

Book Talk

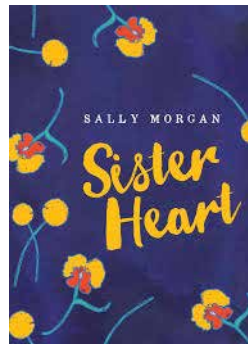
with Marcia Phillips



THE EYE OF THE SHEEP:

Sophie Laguna

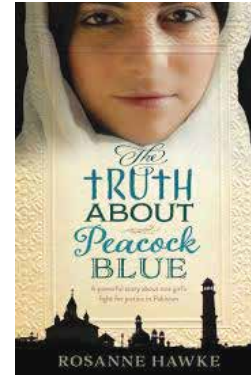
The winner of the 2015 Miles Franklin Award, *The Eye of the Sheep*, is the poignant story of Jimmy and his family, struggling to cope with the challenges that life presents. Six year old Jimmy struggles to understand the world around him. His home life is both loving and violent and the loss of his mother causes intense feelings of bewilderment and abandonment. This is an extraordinary and compelling story of identity and acceptance and the character of Jimmy will linger long in the memory of the reader.



SISTER HEART:

Sally Morgan (Middle Years)

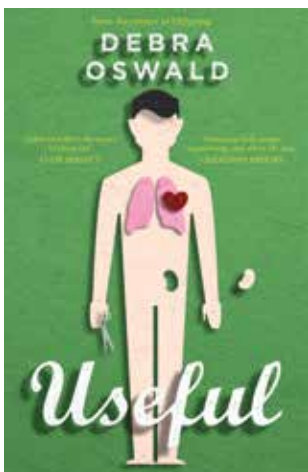
Sally Morgan's *Sister Heart* was awarded the 2016 Prime Minister's Literary Award for Children's Fiction and is a verse novel based on the Stolen Generation. It tells the story of Anne, a young girl removed from her family and sent to a government institution in Western Australia. Anne struggles to cope with the loss of family and country but it is her friendship with Janey and Nancy that provide her with support and kinship to survive the difficult and challenging times in the home. It is an emotional story of hardship, loss and deprivation but also of hope and survival.



THE TRUTH ABOUT PEACOCK BLUE:

Rosanne Hawke (Young Adult)

Based on the experience of Asia Bibi, a Christian woman on death row for blasphemy in Pakistan, *The Truth About Peacock Blue* explores issues of freedom, justice and human rights. Aster is a young Christian girl living in Pakistan who has the opportunity to further her education at a Muslim school. Unfortunately, not all at the school welcome her and it is a teacher who accuses Aster of blasphemy resulting in her imprisonment. Aster faces an uncertain future and possible death because of her beliefs. Realistic and chilling this is a story with power and resonance.



USEFUL: Debra Oswald

Debra Oswald is better known for her involvement in the television industry, mainly for her work with *The Secret Lives of Us* and *Offspring*. In *Useful*, Oswald explores themes of identity, personal freedom and redemption through the character of Sullivan Moss. Sully is a man still living the carefree and careless life of his twenties when in reality he is soon to turn 39. Employment, relationships and friendships are all a shambles until Sully hits rock bottom and subsequently embarks on a plan for becoming 'useful'. His solution is drastic but ultimately he does find a pathway to acceptance of self and personal freedom.

Useful offers the reader perceptive and insightful glimpses into a character that is flawed but totally engaging. All characters in the novel are fully formed and recognisable. This is a novel which resounds with humour and pathos.





EMPOWER
OUR GIRLS



WHAT WOULD IT BE LIKE TO BE A LORETO GIRL?

[#loretogirlempowered](https://www.instagram.com/loretogirlempowered)

View video online
www.loreto.vic.edu.au



Loreto Chapel Weddings

The First Loreto Chapel Wedding

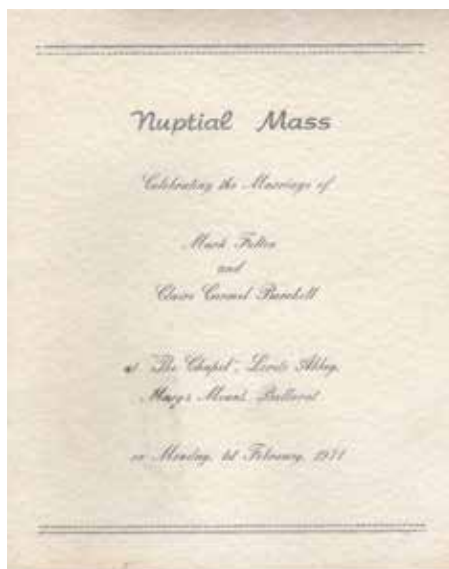
Words by Robin Scott





Photo: Mrs Claire Fulton and her husband, Mr. Mark Fulton looking at the Marriage Register in the Loreto Chapel.

Within the Loreto Chapel's Marriage Register a record of over 830 Loreto Weddings are listed. A significant celebration of the love and commitment between hundreds within the Loreto community. The first on the list, and the first to be married in the Loreto Chapel are Claire Burchell and Mark Fulton, who married on a hot humid day in February 1971 and who donated the the Chapel's Marriage Register to commemorate the occasion.



In 2016 the couple returned to this much cherished location and shared some of their memories with Loreto Archivist, Robin Scott.

Before 1971 the Chapel was a private Chapel for use of the Sisters and students but Vatican II opened the doors to a more inclusive use.

Claire and Mark were advised by a past teacher that it would now be possible to be married at the Chapel which was so familiar to them both. Mark's family had a long family association with the School and Claire and her sisters were past pupils. Claire had been a boarder and so Mary's Mount had been her home away from home and the Chapel a daily place of worship.

The wedding had to take place in the school holidays before the students were back, so early February was the date chosen.

The presiding priest was Fr. Tom Kiniry and Mark's brother, Fr. Bill Fulton, and good friend, Fr. Burgess assisted.

To commemorate the occasion, the newlyweds donated the Chapel's Marriage Register, which records 830 Loreto weddings. Including those showcased in this edition of Verity.

Jennifer Edwards (Class of 2003) married Huw Rouse on November 26, 2016.

Photography by One Point Photography



Jennifer Edwards (Class of 2003)
married Huw Rouse on November 26, 2016.

Photography by One Point Photography



Ashleigh Hill (Class of 2006)
married Adam Briggs on November 19, 2016

Photography by Michelle Dunn Photography



Angela Crowe (Class of 2003) married Darren Inglis on December 2, 2016.

Photography by Peter Kervecac





A DECADE OF ROWING

2017 marks ten years since the first Loreto rowing crews participated in the BAS Head of the Lake. The amazing success of our crews this year can certainly be seen as the culmination of many years of hard work, commitment, and determination from all members of the Loreto Rowing Community. Here we look back and celebrate our joint successes over the years, and the part each individual has played in the amazing journey of the Loreto Rowing Club.

PRE 2007

The Head of the Lake

Prior to our entry into Head of the Lake in 2007 many Loreto students rowed out of the Wendouree Ballarat Rowing Club. These young ladies are acknowledged as being the pioneers that forged the way for rowing to become a regular program within the school.



2007

5 Crews. Loreto College entered The Head of the Lake for the first time, with our Open 1st Crew entered into Division 2. The first year of Loreto's involvement in Ballarat Associated Sports (Rowing).

“*With no water in Lake Wendouree long hours were spent on the road travelling to water at Beaufort*”

Jim Quinn, Rowing Co-ordinator, 2007.

2010

11 Crews



2011

16 Crews. Loreto College placed first in three races at The Head of the Lake, the first time Loreto College had ever won a race at the regatta.

Purchased the 'Felicity' Open 1st boat.



2014

14 Crews. Purchased two new motor boats and three new motors, meaning our coaches could now coach in the latest motor boats with ease. It also meant that each rowing boat that went out on the water would have a coach with them in a motor boat.



2015

19 Crews. Head of the Lake Premiers for the first time. Open 1st crew place second in Head of the Lake, best result to date in this race. Placed within the top 16 Schoolgirl Crews in Australia. 'Mary's Mount', a new Open 1st boat, and an 'eight' boat purchased, allowing junior rowers more stability as they learn to row.



2008

7 crews. Loreto College entered a crew into The Open 1st race at The Head of the Lake for the first time.



“*Rowing is not just a sport that creates athletes, but also a sport which relies on teamwork and builds strong friendships across all year levels*”

Caroline Geoghegan, Year 12 Rower 2008.

2009

9 Crews. Year 9 began their involvement within the Loreto College Rowing Program. The team increased to 9 crews.

The first Loreto College Ballarat medal at The Head of the Lake Regatta was won this year by the Open Division.

2012

17 Crews. The first year Loreto College could row out of its very own rowing shed for the entire season.

The Head of the Lake was held on Lake Wendouree for the first time in years, elevating the involvement of the Cheer Squads.

The 'Loreto Gold' tub boat was purchased. This was the second brand new boat purchased for the program. It was named 'Loreto Gold', after the parent support group adopted this name for their group. They referred to the girls at Loreto as being made of Gold.

2013

16 Crews. The Loreto Rowing Program moved into the current Rowing Shed on the back of the Loreto oval, giving us our very own space. Purchased 2 new motor boats and 3 motors.



2016

16 Crews. Purchased our very own boat trailer, allowing the rowing program for the very first time to be fully self-sufficient and not relying on the good will of the rowing community around the lake for which we are most grateful.



2017

16 Crews - 80 Rowers & Coxes - 20 Coaches. Open 1st crew wins the Head of the Lake, and Loreto are overall Head of the Lake Premiers again. The 'Loreto Sisters' Tub Boat, is purchased. Interchangeable riggers allow for the boat to be changed from sweep (one oar in hand) to quad (two oars in hands), furthering our girls' rowing opportunities. Loreto places 3rd in the National Schoolgirls Four in Sydney – the first time we have won a medal at a National Competition. The only Victorian Schoolgirls Crew to win a medal in any boat class.



Academic Awards



VET Awards

- Eliza Burge: 2016 Athlete's Foot VET Sport and Recreation Award
- Ebony Costigan: 2016 VET Community Services Award
- Ashol Manok: 2016 VET Music Performance Award
- Georgia Parkin: 2016 VET Hair & Beauty Award - Sponsored by Touche Hair, Skin & Body

VCE Baccalaureate Students who studied a language and a high level of mathematics:

- Julia Cann
- Annaliese Cosgriff
- Charlotte Crowley
- Ally Dower-Cook
- Grace Mulcahy
- Rebecca O'Dowd

VCE Highest Study Scores

- Art - Karina Price - Sponsored by RADMAC
- Accounting - Abbey Smale & Sarah Taylor - Sponsored by Carey Accounting and Business Services
- Biology - Madelyn Rothe - Sponsored by University of Notre Dame
- Business Management - Brianna Baird - Sponsored by The Integra Group
- Chemistry - Grace Mulcahy - The Melinda Unmack Chemistry Prize, sponsored by Melinda Unmack (Class of 1984)
- Dance - Tahnee Simpson - Sponsored by Lou Lou's Florist
- Drama - Emily Beggs
- Drama - Stephanie Clifford - Sponsored by Regent Entertainment
- Product Design & Technology - Grace Mullins - Sponsored by Noone Imagewear
- English - Alice King - Sponsored by Past Pupils, Anthea and Greta Stevens
- English Language - Jasmyn Dawkins - Sponsored by Jan Stephen (Class of 1965)
- French - Charlotte Crowley - Sponsored by Lifestyle Travel
- Further Mathematics - Jasmyn Dawkins - Sponsored by Basilio Sourdough
- Health & Human Development - Katherine Baxter - Sponsored by Peter Ford Catering
- History: Revolutions - Olivia Henderson - Sponsored by MSP Photography
- History: Revolutions - Karina Price - Sponsored by Sovereign Hill
- Interactive Digital Media - Jasmyn Dawkins - Sponsored by Big and Small Productions
- Japanese - Grace Fry - Sponsored by Lifestyle Travel
- Legal Studies - Brooke Castleman - Sponsored by BJT Legal



*your moments here are numbered,
and are therefore valuable currency.
While the future excites me, I'll miss this
school beyond measure. Please cherish
every second, because often, you don't
appreciate what you had until suddenly
you're staring at a sea of blue uniforms
and you're not wearing one yourself.*

*Thank you to the class of 2016, and to
those who helped us to achieve so much."*

Dux 2016 - Charlotte Crowley

- Literature - Olivia Henderson - Sponsored by Mrs Maria Myers AO (Class of 1964)
- Mathematical Methods - Charlotte Crowley - Sponsored by John Thomas Electrical
- Media - Jasmyn Dawkins - Sponsored by Big and Small Productions
- Media - Stephanie Clifford - Sponsored by Loreto Development Office
- Music Performance - Rebecca O'Dowd - Sponsored by Morton Dunn
- Physical Education - Hannah Armstrong - Award sponsored by Bakers Delight (Eastwood St)
- Physics - Grace Mulcahy - Sponsored by Avis Car Rental
- Psychology - Grace Fry - Sponsored by Mrs Maria Myers AO (Class of 1964)
- Religion & Society - Molly Cove - Sponsored by Mrs Maris Myers AO (Class of 1964)
- Sociology - Eva Gillett - Sponsored by Professor John McDonald, Executive Dean – Federation University
- Specialist Mathematics - Charlotte Crowley - Sponsored by Carey Accounting and Business Services
- Studio Art - Adelle Gleeson - Award sponsored by Revolution Print

Academic Honours – Over 90

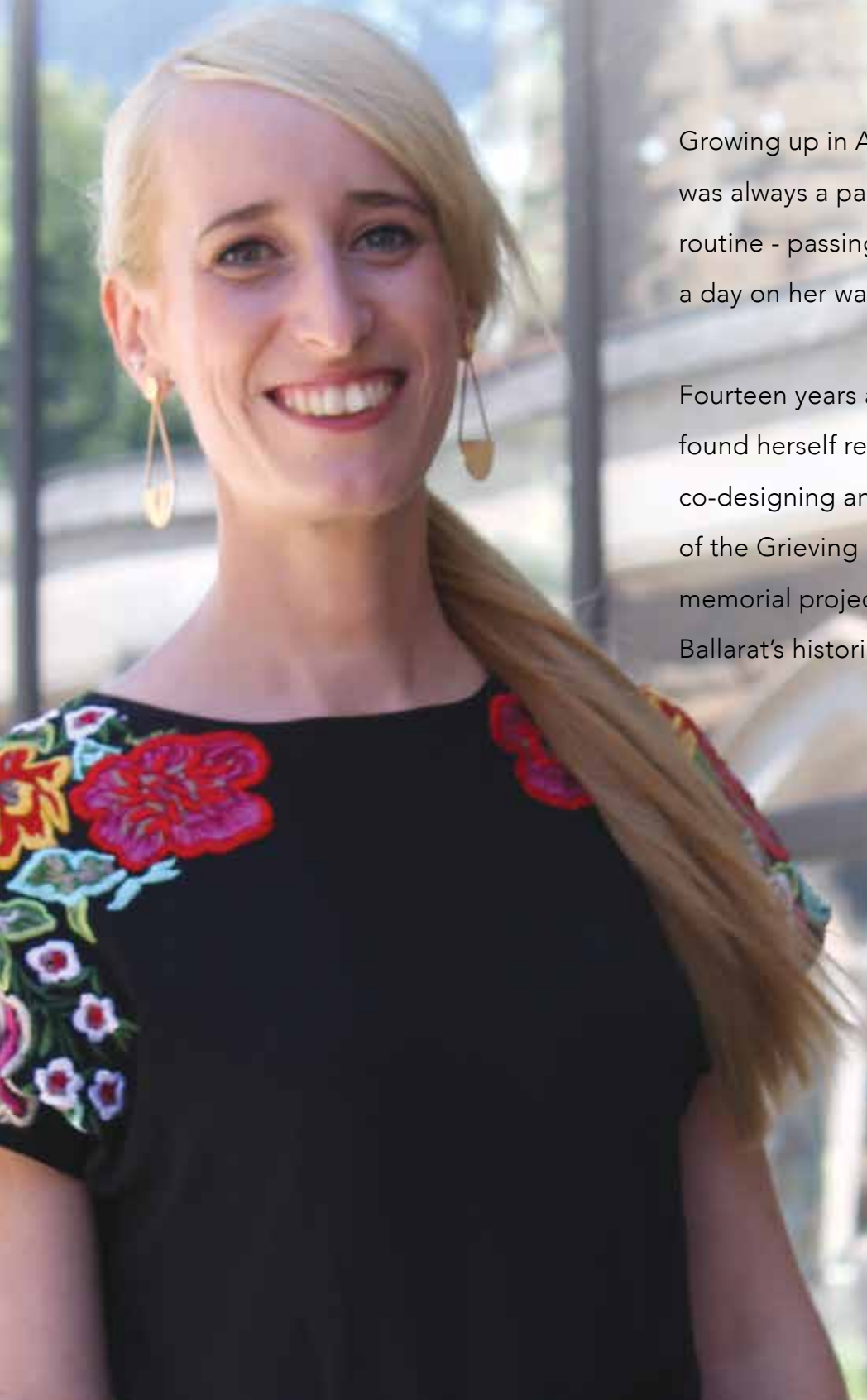
- Cleo Anderson
- Annaliese Cosgriff
- Stephanie Clifford
- Olivia Henderson
- Shelley Jones
- Brooke Castelman
- Katherine Baxter
- Ruby Staley
- Eva Gillett
- Brianna Baird
- Karina Price
- Monica Young
- Hannah Armstrong
- Jasmyn Dawkins
- Charlotte Crowley

The Freedom to Grow...

Words by Liz Francis and Caitlin Perry

Growing up in Alfredton, the Arch of Victory was always a part of Caitlin Perry's daily routine - passing through it numerous times a day on her way to and from Loreto.

Fourteen years after graduating, Caitlin found herself returning to familiar territory, co-designing and developing 'The Garden of the Grieving Mother', a \$500,000 memorial project that now completes Ballarat's historical Arch of Victory precinct.



Tell us a bit about the 'Garden' project and your involvement...

It began with a fundraising campaign by The Avenue of Honour Committee, in conjunction with the City of Ballarat to purchase the land on the corner adjacent to the Arch of Victory, for fear of potentially insensitive development within this historically significant precinct.

A small maquette by renowned artist Peter Corlett of a mother mourning the loss of her child became the inspiration for the space. Peter was engaged to make a life sized version of 'the Mother'. Landscape Architect friend Tom Harper (Placemark Studios) and myself, were invited to submit a concept design for the site. Our ambition was to create a thoughtful and peaceful memorial garden, a quiet place to pause and contemplate the sacrifices of war.

The design focuses around two large-scale axes that intersect the site, linking both physically and visually to the adjacent Arch of Victory, and the Avenue of Honour. At the intersection of these axes sits 'the Mother', and a thirteen metre reflection pool that visually connects her to the Arch upon the water's surface.

Slight variations in topography, materiality and lighting give a sense of enclosure and calmness to a space that, in reality, has a

constant flow of traffic. Mass planting was also a key design move to provide softness and comfort whilst overtime blocking out all visual noise of the residential beyond.

What I took away from it (The Garden) was a focus on peace, and the hope that the next generation can find ways to deal with disputes in a way that does not lead us down the same path. It was an incredible honour to work on such a significant historical precinct; as this Garden is going to be there forever.

Tell us about your journey from graduating Loreto in 2003 to where you are today...

I always knew I wanted to pursue a career in design - but was not quite sure which course. I decided to study Landscape Architecture at RMIT, however, upon graduating, I was more interested in trying my hand at Architecture. I was proud of my dedication to complete my degree, but was unsure if I would ever work in Landscape, and whether I had in fact wasted my time.

I took up a position at a large Architecture Firm in Melbourne in the Urban Design department, before slowly working my way across to Architecture and 3D modelling. As I was technically a 'Landscape Architect' in an office full of Architects I had a lot to prove. My thirst for knowledge and



experience also led me to take up tutoring and lecturing roles at RMIT and Melbourne University on top of work hours.

After a six month break and leap of faith, backpacking solo through Europe, I decided to take up a position in a smaller design firm working predominately on Residential Interiors and Architecture and I loved it. In 2013, I decided I wanted to try my hand as a small business owner, and officially started Setsquare Studio - a multi-disciplinary design office.

'Fake it 'til you make it' is a favourite saying between my fellow small business owner friends. There is so much to learn in small business and the learning curve never stops. You need to approach business life with a confidence and problem solving attitude, or you will never achieve what you want. Most of all, surround yourself with like-minded people - support and knowledge sharing are key to establishing your own business.



You need to approach business life with a confidence and problem solving attitude..."

Is there a particular project that you are most proud of?

Working on the 'Garden' landscape would be one of my favourite projects due to its location, theme and scale. From an interiors perspective, I did a retail fitout for one of my best friends (fellow Loreto alumni Cassie Lucas) in Thornbury called 'Firecracker HQ'. It was wonderful to work on a project for someone I know so well and give her the dream base for her small business. It also came second in the Dulux Colour Awards last year (the first National Award for the studio), so that was the cherry on top.





How would you describe the impact of Loreto College on your life and career path?

The strongest message instilled in me was 'women in time will come to do much'. I am a strong and proud feminist to which I credit both my family, and my schooling and the exposure I had to powerful independent women during those pivotal years. I believe in the power of women to achieve greatness - this was a strong message I picked up at Loreto.

In my industry, I am unfortunately exposed to gender biases and initial doubt of my skills and expertise in male dominated environments (such as construction sites). I accept and rise to this challenge with the hope that when my nieces are my age this will no longer be an issue.

Many teachers also had an impact on me. Mr Rix, Mornane House Coordinator, was a fabulous mentor during my time as Arts Captain. He led the house with a great sense of humour that I think has inspired my own interactions with students as a University lecturer. My Art and Fashion Design teachers Mr Griffin, Mrs Bourke-Finn and Mrs Currie allowed me to explore my own personal design journey and exposed me to a wide variety of mediums, techniques and theory.

What advice would you give to young women hoping to pursue a career in a creative industry?

My advice would be "go for it" - while it does require a lot of hard work and self-motivation, it is definitely worth it.

Works by Loreto Students

Spirit of Anzac

Year 10 Students Isobelle DeLivera, Maggie Russell and Madeline Taylor, were all recognised with a Premier's Spirit of Anzac Award. All pieces relate to Mary Ward's value of 'freedom' as well as the Anzac spirit. Their winning entries are featured below.

Soldier Boy

A Song by Maggie Russell

*My brother received a feather in our mail box
I was too young to understand what this meant
to an Australian man*

*Mum's only son heading to a place unknown
We couldn't even call you on our telephone*

*Holding back the tears I cry, I cry
Didn't even say one goodbye
Soldier boy hold my hand, It might be the last
time you see this land.
Soldier boy hold my hand, It might be the last
time I see you again.*

*My brother was taken over the seven seas.
Fighting in foreign countries
Mumma said its going to be okay, but the names
of boys fade away*

*Where are you now that I need you
Where are you now?
Norman where are you now*

*Mothers of sons are crying them self to bed
Worried they find out that their boy was dead
When I can't get to sleep I think of you.
Wondering if I will see Norman soon*

*Reading the paper what do I see,
A long list of boys dying
Mumma said that one day
The war will be over and that's the day
That we will remember the soldiers*

*Now the war has taken our men
All we can do is pray amen*

*Since the war has come abroad
School life here has changed from war
Creating garments to suit boys needs
To be sent in those warships overseas*

*Since you've gone mamma's acting strange
Screaming and crying your name*

*I received a telegram in the mail today
It said sorry to inform you but your boy has
passed away
He was hit in action, on the western front
A bomb had gassed him
That took poor Norman out*

*Sent to the clearing station moments to live
Angels now taking care of you
I will see you Norman Cathcart soon*

A Cross Stitch

by Isobelle De Livera



“

We will always remember the lives lost and the families left with heartache as "...they shall not grow as we that are left grow old."

An Artwork

by Madeline Taylor



“

I feel privileged to have been selected out of the entries from throughout Victoria and through my research when putting together my entry I have been able to learn more about the involvement Australia had in the Great War and the sacrifices that were made by our soldiers."

Talking the Talk and Walking the Walk

Interview with Colleen Filippa

Words by Shona Hendley



Colleen Filippa is a woman of many talents and experiences. Past pupil of Loreto College (Class of 1977), scientist, teacher, environmentalist, business owner, "fully-fledged vegetarian" and Antarctic adventurer are just a small selection of her impressive list of accomplishments. After speaking with Colleen, it is evident that these have all shaped her into the woman that she is today and are what drive her to become an environmental activist and leader, pioneering women's leadership within the area of science.

For Colleen her journey has been formed serendipitously; beginning from her parent's decision to relocate to Ballarat. Unbeknownst to her parents, removing Colleen from a potential high school drop-out situation in Bendigo, to a studious, school loving Loreto College student position in Ballarat. "Loreto changed my pathway...it was a great environment for girls, so supportive", Colleen reflected. The act of serendipity seemed to work well for Colleen who chose her senior school subjects based on the friend sitting next to her in a Year nine classroom, leading her to a future in science, which she is still, very successfully, actively pursuing today.

2016 saw this science pursuit reach a high as Colleen took part in the inaugural Homeward Bound expedition to Antarctica, alongside 76 other female scientists from

around the world. Not only did this trip of a lifetime offer Colleen the obvious incredible experiences that a trip to Antarctica would, but it allowed Colleen to participate in a science trip that constituted a make-up almost solely of women. For that fact alone, this experience was something "very rare" as the science world constitutes a gender disparity of approximately 80% men.

The expedition impacted upon Colleen in a number of ways; it saw Colleen set out to travel on her own (without family or friends) for the first time, something she describes "as a real adventure", demonstrating a sense of inner freedom and acceptance within Colleen. It also, really "reminded [Colleen] of how she wants to live" in a more sustainable way. The "fragility" of Antarctica due to the impact of global warming prioritised this for her when she returned home. As well as an individual journey the expedition also offered the opportunity to network with like-minded, female scientists from a range of backgrounds, expertise and places. Over the three weeks she spent with them and through leadership training prior to and communication after the expedition, Colleen has been able to broaden not only her own perspectives on the sciences, but also develop a greater insight into why women are still the minority within science careers.









“

*enough standing
back...be bold for
change”*

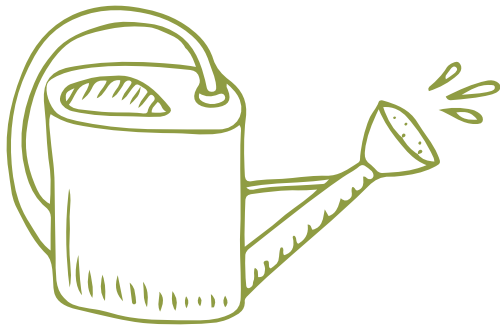
Reflecting on presentations each scientist gave throughout the trip, she noted that many, usually confident women, experts in their field, extremely intelligent and equipped would struggle when they had to step up to talk about their achievements - “To put themselves forward”. What males call ‘sharing,’ females can often find uncomfortable as they are used to putting others forward before themselves. Colleen believes, this is a factor which could inherently and without fault be a part of the issue. “Women aren’t used to putting themselves forward for different positions or for Boards”, something Colleen urges women to change. “Enough standing back...be bold for change”, she remarked.

The science world, especially toward the top of the academic ladder is notoriously a “Boy’s Club” Colleen says. To change this, women need to be a voice in the decision making, becoming a part of critical Boards and networks is vital. This voice would allow for changes that would entice and keep women working within the science area, by potentially changing conditions that predominantly currently impact on women, such as having a family and its effects such as the requirement for more flexible working hours.

Changing this current situation is incredibly important as STEM (Science, Technology, Engineering, Mathematics) careers are a crucial part of our future. Along with changes in the science area, actively engaging girls while they are still at school in science is also incredibly important. We must demonstrate the relatability of science and how it can lead to a meaningful career. “Understanding the world around us” and how we can make a difference in society is key to recruiting young women to the science area and keeping them within it. Colleen not only talks the talk, but walks the walk and as she actively promotes the issue of climate change. Colleen has also initiated her own group, ‘The Polar Girls Club’ which is run through local primary schools around the Ballarat area, to encourage, engage and involve girls in the area of science before they begin secondary school. This group was set up prior to the expedition, to share the Antarctica experience with them. The successful program will continue on as “another little way to engage girls in science”.

For more about Colleen’s Antarctica experience, her business Fifteen Trees and memories of Loreto please watch our interview on the Loreto Voices section of our website.

Expert Tips



Better Gardens

with Dennis and Andy

Changing Seasons

With the cooler weather approaching

- Keep up to date with watering your gardens even in the cooler weather
- Mulch where necessary
- Autumn leaves make the perfect compost that you can easily make yourself
- Fertilise your lawns to protect them over the winter months
- Trim hedges before the onset of winter
- Prune Hydrangeas, Rosemary, Lavender, Geraniums, Fuchsias and Buddleia once they have finished flowering

And to prepare for the Spring at the end of the tunnel, plant bulbs for Spring colour!

Tech Tips with Mick

Keeping Safe Online



The internet offers the learner previously unimaginable freedom. Research, creative, and collaborative tools have changed the face of education. However, in freely exploring the vast array of resources that the internet provides, it is important that the well-being of students and their families is the first priority. The following strategies for internet use have been collated from the American Academy of Paediatrics, and the Australian Office of the Children's eSafety Commissioner.

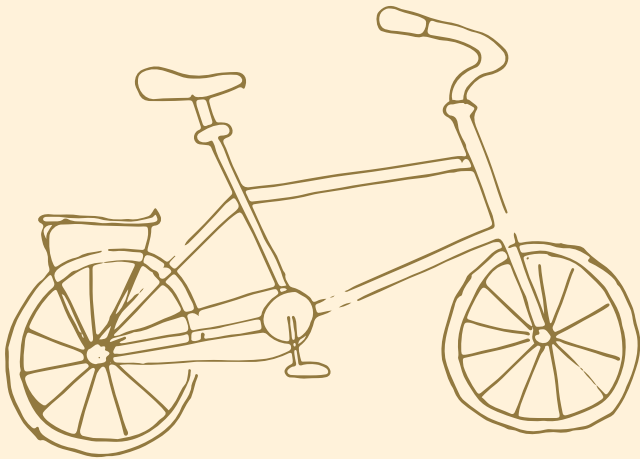
- **Secure your home network**—When establishing a home internet connection, set strong passwords and model safe internet usage practices: Security starts at home, and young people will often look to parents for guidance.
- **Talk about the online world.** Conversations are key to developing an understanding of where teens need support, and where they have encountered issues online.
- **Encourage appropriate online use.** "Online relationships are part of typical adolescent development. Social media can support teens as they explore and discover more about themselves and their place in the grown-up world". The internet and social media are here to stay and each person needs to learn how to manage their own online presence in their own way.
- **Warn children about the importance of privacy online.** "Teens need to know that once content is shared with others, they will not be able to delete or remove it completely, and includes texting of inappropriate pictures. They may also not know about or choose not to use privacy settings."
- **Make your own family media use plan.** Internet use needs to fit within the context of family life. Sometimes this means switching off. "An appropriate media use plan can shift the focus to important activities such as face-to-face interaction, family-time, outdoor-play, exercise, unplugged downtime and sleep."

KB's Health & Fitness Tips

Celebrating Your Strengths

Mary Ward spoke of a freedom to learn from our mistakes and to acknowledge that there will be challenges and failures. To learn from these we need to develop a strong sense of self-worth. Self-worth is our ability to be proud of who we are and value the qualities and talents that we possess.

- **Ask yourself: What am I good at?** Write these things down and practice saying them out loud. Do my strengths address aspects of my physical, mental and social health?
- **Take time to yourself (self-care)** to think about these questions and in doing so you acknowledge that you are of value.
- **Acknowledging our strengths** allows us to have the confidence to take on other challenges, pursue our passions and feel a sense of purpose that every day we have something positive to offer.



5 Minutes With....

Roger Morris

Interview by Emily Beggs

Q: How long have you been at Loreto College Ballarat?

A: 35 years

Q: Why did you decide to teach at Loreto College Ballarat?

A: I was approached by George Pell (Cardinal) who was Head of ACU (where I was working at the time) who knew of a vacancy at Loreto College. When I came to Loreto there were very few male staff.

Q: What is your fondest memory so far?

A: Seeing Michelle Payne win the Melbourne Cup. I taught her all she knows!

Q: What subject do you enjoy teaching the most?

A: Humanities. You make a lot of sense of the world around you, it explains lots of things.

Q: What is your go-to snack for recess?

A: A banana

Q: Where do you get your endless supply of Chuppa Chups from?

A: Special order from the Canteen

Q: Do you believe that women deserve the same rights as men in society?

A: Definitely. We need to respect the dignity of women. They have as much to give to society as we (men) do.





From Thea's Kitchen

Raspberry Swirl Cheesecakes

featured in

'Our Loreto Kitchen' cookbook

Ingredients

- 13 Oreo biscuits
- 40gms of unsalted or salt reduced butter
- 1/2 cup of frozen raspberries
- 2 tablespoons pure icing sugar or soft icing sugar
- 375gms Philadelphia Cream Cheese
- 1 cup of caster sugar
- 3 large eggs
- 1 tsp of vanilla extract

Method

Preheat the oven to 170°C. Put the fan on.
Line a 12 hole muffin tray with 12 paper muffin cases.
Collect 1/2 cup of frozen raspberries and place into a small glass bowl to defrost.
Chop 375gms of Philadelphia Cream Cheese into even sized blocks, place in bowl and put aside.

Making the biscuit base

Grind up 13 Oreo biscuits so that they form a fine crumb and place into a bowl by either:
Use a rolling pin and two freezer bags. Place one bag inside the other. Place all biscuits into the inner bag and then roll over the outside with the rolling pin OR use a food processor.

Cut 40gms of unsalted/salt reduced butter into 4 pieces and place into a small measuring jug.

Cover with cling wrap and on high for 30 – 35 seconds to melt. Remove.

Add melted butter to bowl of ground biscuits. Use a metal spoon to combine well.

Using two spoons, place a heaped teaspoon into each paper case. Place cling wrap around one end of a rolling pin, then use this to press the mixture firmly down into the base of each paper case.

Place the muffin tray into the oven and bake the bases at 170C for 5 minutes only.

Making the raspberry coulis

Collect the 1/2 cup of defrosted raspberries and use a fork to mash to a pulp.

Strain the defrosted raspberries through a sieve into a small bowl to make a puree. Discard the seeds.

Sift 2 tablespoons of icing sugar into the bowl containing the puree and mix with a metal spoon. Put aside for later.

Preparing the cheesecake filling

Collect the bowl with the chopped Philadelphia Cream Cheese. It should be soft and pliable.

Using the electric beater, beat the cream cheese until it is pliable (approximately 30 seconds).

Gradually add the caster sugar, beating until combined. Add in each egg, one at a time, beating until combined.

Remove the mixture from the bowl into a large plastic jug and pour the mixture onto the pre-cooked biscuit bases.

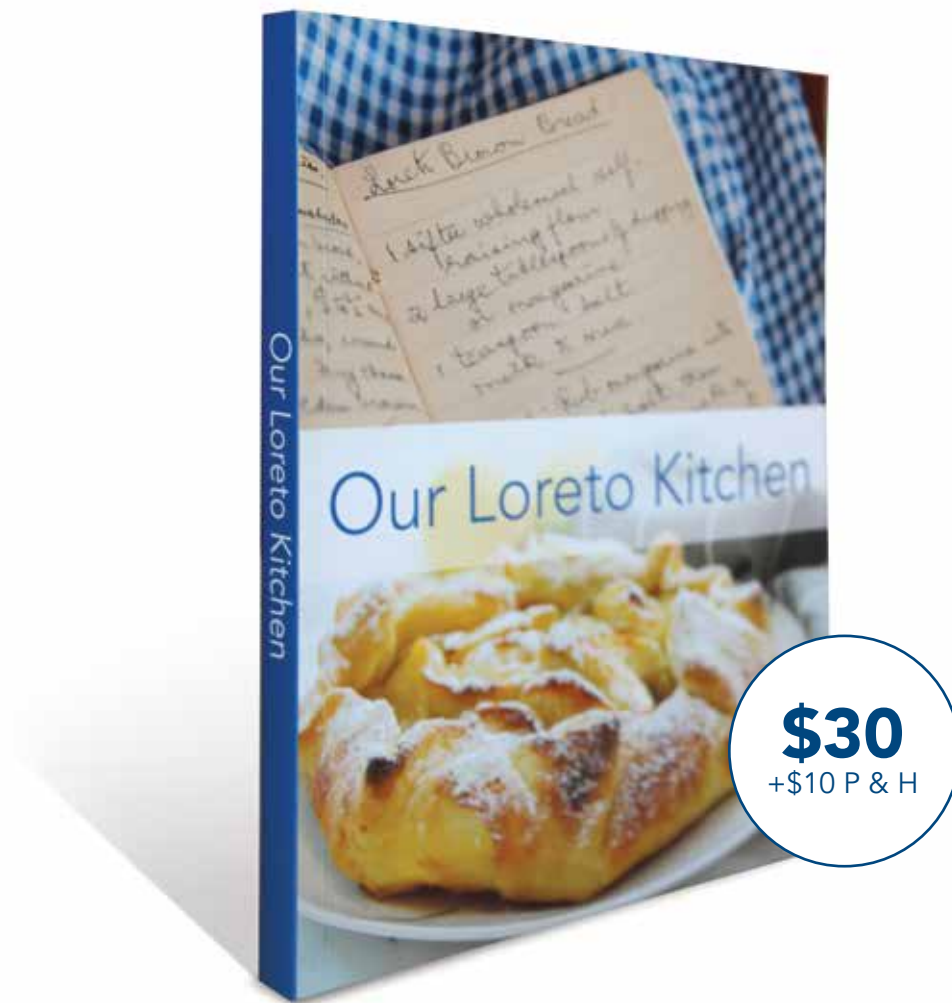
Using a teaspoon, place small drops of the coulis onto the cheesecake mixture. Use a toothpick to lightly swirl the coulis through the mixture.

Baking the cheesecakes

Bake in the centre of an oven at 170°C for 25 - 30 minutes with the fan on. When the cooking time is up turn the oven off but leave the tray in the oven and partially open the door to allow the cheesecakes to cool down slowly.

Once cooked and cooled, gently lift from the tin and place into a container. Keep refrigerated.





Our Loreto Kitchen Available Now

We have launched our inaugural Loreto College Ballarat Cookbook, featuring recipes from the Loreto Sisters and the Food Technology Department. 'Our Loreto Kitchen' will evoke many memories for current and former students and their families. All funds raised will contribute to a dedicated Loreto project (such as the purchase of a 3D printer) and local and international not-for-profit organisations working to address inequity in resources (such as St. Vincent de Paul, Mary Ward International and Caritas)

To order visit
www.loreto.vic.edu.au



No Ordinary Woman...

Robyn Mason

Words by Liz Francis

Dr Robyn Mason (Class of 1969) was a woman who wore many hats throughout her life. The Victorian Women's Trust described her as one of Australia's most passionate feminists. For Federal Member for Ballarat, The Honourable Catherine King, she was a mentor. She was also a social worker, an academic, a teacher, an activist, a mother, a daughter, a loyal friend.

And perhaps somewhere underneath those many hats, she always wore that of proud Loreto Girl. Taught by Loreto Sisters for her entire schooling, Robyn spoke of the 'huge and positive influence' they had on her.

'The nuns taught us that it's important to be aware of the situations of others, and that where there's injustice or inequity we have an obligation to work towards assisting the individual, and addressing the basic issue so that others benefit as well'.

Robyn lived and breathed this ideal throughout her life, which was sadly cut short in October 2016 after a battle with cancer. Perhaps feeling her work was not yet complete, before she passed away, Robyn decided to establish a fund to support the Victorian Women's Trust, specifically initiatives focused on the safety of regional and rural women, explaining;

"It was money I was going to use for my retirement and now I'm not having a retirement so I'm giving it to an organisation through which women's lives will be changed. I wanted to inspire young women especially – to say to them – 'Go change the world because it really is worth it. Don't give up!' For me it comes back to the fact that if we don't get women's safety right then we're not going to make progress on anything else."

In early January, Robyn's family, close friends and colleagues gathered in the Mary's Mount Centre to officially launch The

Robyn Mason Sub-Fund. Long-time friend, Maree Harris, who met Robyn as a Year 11 student, spoke of the decision to hold the launch at Loreto;

"Robyn had planned to be here for the launch of this sub-fund. She didn't expect to die as soon as she did. I suggested to her that it should be held in a venue in Ballarat that spoke most to her about who she was. Without hesitation she said: Mary's Mount. Not the DHS or CASA or Trades Hall or Catherine King's office, or even the Town Hall – but Mary's Mount.

She saw this school as foundational to everything she has done with her life. Mary Ward was described as "No ordinary woman", one who "Possessed more than woman's share of courage and persistence" and it occurred to me how apt those words are of Robyn also... a woman who never gave up on what she believed in and pursued it."

It is moving to think that after experiencing such a rich life, some 48 years later a former 'Loreto girl' would say this was the place that spoke most truly of who she was.



Loreto Launchpad

A Buddy for Life. And everything in it.

Words by Danni Morris with Jennifer Benyan (Lonsdale), Buddy Wagon



True for both our friendship and business, 'Buddy Wagon'.

Jen and I began secondary school at Loreto Ballarat in 1980 and formed a close friendship throughout those years. We both sang in the school choir and competed in sports and music for Mullhall. During the last two years we regularly rowed for Ballarat; however, a highlight for us was competing in "The All School Girls" Regatta on Lake Wendouree with the Loreto College colours in 1986, using a boat on loan from St Patrick's College.

We graduated in the class of 1986 and have maintained a close friendship ever since. We, along with several other old school friends, formed a walking group "The Walkers" to regularly keep in contact. The Walkers meet several times a year and "the walking" inevitably always includes dinner

and drinks. Our Loreto friendships are firmly cemented in our lives.

Jen and I had lived in different places and done many things before finding ourselves both with young families in Jan Juc, Victoria and looking for some inspiration for a small business. My family and I moved briefly to America and it was actually on a trip by Jen to visit us three years ago, that the idea for Buddy Wagons was born!

Wagon Culture is a way of life in America and we thought it suited the outdoor lifestyle of Australians and decided to set up our own business here in Australia.

Buddy Wagons are portable by design and incredibly easy to set up. A compact, strong and stylish Buddy Wagon is perfect for the garden, beach, backyard, party, garage, sports and whatever fits into your

life. We started with one product and have recently had a local artist design the latest fabric for our newest addition, The Mullet Wagon.

Buddy Wagons collapse to be easily stored or transported in cars, or on planes and then open to carry up to 70kgs of weight with ease. We have discovered more uses than we first imagined with customers from families, schools, kindergartens, food courts, agencies, sports clubs, travelers, boaties, wineries - the uses seem endless!

Recently, while doing the (business) figures for the latest shipment, we both said that Mr Roden, our Year 11 & 12 Maths teacher, would have been proud of us! That is, if we got it all right!

I'm still living overseas, now in France, again for my husband's work and Jen is



living in Jan Juc. However, with modern technology, and a lot of phone calls, we are making it work, we actually have the perfect 24 hour office.

Having your own business and family can be challenging at times but we love it. We've certainly shared lots of ideas, successes and tears along the way.

Loreto instilled in us as young women a strong sense of friendship, community

and independence, as well as a belief in ourselves to achieve our goals. We have both said that one of the great aspects of Buddy Wagon is that we get to work together.

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Alumni Updates



Leah Hickey

Leah Hickey (Class of 2002) is a litigation lawyer practicing in Melbourne, after completing a double degree in Law/ Media and Communications at the University of Melbourne. She has recently been promoted to Senior Associate working for Slater and Gordon.

The values of justice instilled in her by a Loreto education feature heavily in her day-to-day life. Her work involves suing employers who have negligently caused injury to their employees. Achieving compensation for those injured at work is both rewarding and enormously satisfying.

She enjoys the fast-paced and often stressful world of litigation; however she also loves nothing more than returning to Ballarat for a stroll around the lake with her former Loreto pals.

"Meeting the Honourable Justice Michael Kirby AC CMG at a recent conference was a particularly thrilling moment."

Past Pupils' Association

The year 2017 has begun with many changes and many achievements. Sister Marg Sculley left Ballarat after her years as Community Leader. We thank her for her always smiling presence and optimism and boundless hope in the future. We appreciated her generous hospitality at Sturt Street and later at Webster Street where past pupils were always made welcome.

Another chapter in the Loreto story in Australia came to an end when the Loreto window in All Saints' Church in Portland was dedicated. The communities of Ballarat and Portland were close for the Sisters of Ballarat

spent many happy Summer holidays by the beach. Past Pupils of Loreto Portland will always be welcomed by the Past Pupils of the Ballarat Association.

The annual International Women's Day Breakfast was an opportunity to hear of the achievements of a past pupil - Colleen Filippa and her journey with a group of women scientists to Antarctica

Through the College website and social media we can now stay in touch with the many and varied activities and opportunities enjoyed by the young women of Loreto Ballarat. How excited we were when

"our" crews rowed to victory and won the Girls' Head of the Lake.

There is also change for the IBVM in Australia and South East Asia with the announcement of the appointment of Wendy Hildebrand ibvm as the new Province Leader to succeed Margaret Mary Flynn ibvm. We thank Sister Margaret Mary for her support of past pupils across Australia, especially during Federation 2015, and assure Sister Wendy of our prayers.

Meg Barry
President

Births

Esther Cramer (Kleinig - Class of 2004) and her husband Joel welcomed a baby boy, Robert Gordon Cramer into their family on November 22, 2016.

Annya Ryan (Class of 1997) and Matthew Halsall welcomed Jude Francis Halsall on 18 November 2016.

Marriages

In the Loreto Chapel:

Amy Browning (Class of 1995) married Greg Dubberley on October 8, 2016.

Jodie Long (Class of 1995) married Shaun Liston on October 15, 2016.

Nicole James (Class of 2007) married Tom Considine on November 5, 2016.

Ashleigh Hill (Class of 2006) married Adam Briggs on November 19, 2016.

Jennifer Edwards (Class of 2003) married Huw Rouse on November 26, 2016.

Angela Crowe (Class of 2003) married Darren Inglis on December 2, 2016.

Catherine Bride (Class of 2000) married Vincent Newman on January 21, 2017.

Chloe Rix (Class of 2010) married Charles Martin on January 27, 2017.

Teresa Hamm (Class of 2006) married Cailin Mellberg on January 28, 2017.

Gemma Gravestocks (Class of 2008) married Christopher Mars on February 18, 2017.

Sarah Byrne (Class of 2007) married Joshua Telles on February 25, 2017.

Amanda Barry (class of 2002) married Leigh Edgar on March 18, 2017.

Jessica Sinclair (Class of 2008) married Adrian Lal on March 25, 2017.

Jacinta Reidy (Class of 2004) married Peter Eyre on April 8, 2017.

Katherine Rickard (Class of 2003) married Darren Hart on February 4, 2017 at Mt Mitchell Homestead. Katherine is the People and Culture Manager for Ballarat owned company Petstock – now an international company.

Kelly Siebring (Class of 2005) married Jason Leoncini at St Patrick's Cathedral Ballarat on April 8, 2017. Two of Kelly's bridesmaids also attended Loreto - sister Milly (Amelia) and Jaimee-Lee Answer (Brookes). All three girls have many fond memories of students, teachers & staff at Loreto, and Kelly is now a teacher herself at St Columba's Primary School.

Deaths

Audrey Scarff (Class of 1990) passed away suddenly on February 26, 2017 in London.

Dearly loved and loving wife of Jon Beer. Loved daughter of Maureen Menon and the late Brendan Scarff and sister of John Menon.

Kath Lester (Flanagan) passed away January 12, 2017, aged 94. Kath attended Loreto Mary's Mount up until 1941, when she left in order to help out on her family property in Tocumwal due to the war. Beloved and loving wife of Kevin (dec) and sister of Noel (dec), John (dec), Dorothy and Kevin.

Lorna Nihill (nee Maguire) died 19 April 2016. Lorna loved her old girls get-togethers (pre-war group). Mother of six past students: Sharon, Paula, Lorraine, Kaylene, Dianne and Michelle.

No Other Place That I Would Rather Be...

Words by Isobelle De Livera, Ian Stowe and Judy-Ann Quilliam



Do you remember your first days at Loreto College?

I vividly recall walking in the gates and there was a sea of blue everywhere and I was really nervous. When I saw the front gardens I first thought this is really professional, there are important things happening here. I remember thinking that this (place) is my future and it was time to grow up. It was daunting and beautiful at the same time.

On my first day, I asked my Mum to write me a motivational note, something like 'good luck.' She wrote, "We're so proud of you. You made it into Loreto! Try your best." I stuck it on the wall of my locker and look at this every day.

What learning impacted on you the most in Year 7?

I learned a lot about respect. We realised fairly quickly that we needed to act more maturely in this environment; we learned to respect our teachers and each other. I realised and respected that teachers have a really hard job teaching and shaping us into the young women that Loreto aims for us to be.

I also had Ms Vandenberg for English and Drama and one particular class she said, "I think you should give public speaking a go". I had never heard of public speaking, so I thought, "All right, let's give this a go!"

What do you recall about your early attempts at public speaking?

In primary school, I was that really quiet person who never raised my hand to do anything. Therefore, my first year of public speaking wasn't that great! It was a huge learning experience for me and made some mistakes. However I learned what not to do, so I am grateful for being really bad to start with. A positive outcome of my early participation, particularly in the Legacy speaking, was that the event organiser remembered me from when I first started in Year 7. He has now become a proud advocate of the skill he has seen me develop over time.

Why do you raise your hand to have a go at many things at Loreto?

In Year 6, I received a letter from a current Year 12 student, Anna Tuncks, telling me that there's no other place that I would rather be than Loreto. Anna also advised that if I didn't put up my hand to try lots of different things, before the time I graduate, I will regret it. She advised me that many girls would want to be in the position that I am in, so make the most of it. That (letter) opened my eyes. I knew I didn't want to get to Year 12 and wish I had done more.

What inspired you to enter the Spirit of the Anzac and Legacy Awards?

Ms Vandenberg started my journey into public speaking, and I won the



Legacy Speaking Award in Year 9. I was awarded the privilege of speaking at the Remembrance Day Service this year, followed by the Fall of Singapore Service. The stories I have researched and shared are very sad, however, they are also amazing stories that we need to share so they are never forgotten.

What are your most important achievements in your short time at Loreto?

The Mary Ward Prize (in Year 8) was really special. I'm not the sportiest, or smartest girl, so it was the realisation that I had received this award for just being me and I don't need to try to be anyone else! The Order of Australia School Citizenship Award was also special because I was nominated by Loreto College.

House Leadership in Year 8 was also important to me because it was the first leadership role that I really wanted. I received votes because I had delivered a great speech and people that I didn't even know believed that I could do the job.

How does the Loreto value Freedom influence your choices?

The reason I try things is to gain experiences. I can be the best at maths, but if I don't learn practical skills where will that take me in life? So I do the things that I do to gain experiences. The Year 9 program at Loreto has also encouraged my freedom of choice. I have learned that everyone has fear, but you have to give it a go. You might fail, but you learn from that failure. As I did when I first started public speaking.

What is special about Loreto to you?

I love the connection between teachers and students. I also love the facilities and the opportunities they hold. Through my participation in the School Production I discovered that on stage you get to be a singer or a performer, but backstage you learn how to be part of a team and follow instructions. Our facilities encourage this. I think you learn a lot more backstage if you are not going to pursue a career in performing arts.

How does being a Loreto Girl influence you outside the College?

Loreto has definitely taught me values and to act respectfully at all times both in and out of uniform. I am proud that I am a Loreto Girl and have the opportunity to roll our values out in the world. I know that whatever I decide to do in the future, I will be empowered with the knowledge and skills to do it with passion and pride to do it well.



“

...I will be empowered with the knowledge and skills to do it with passion and pride to do it well...”

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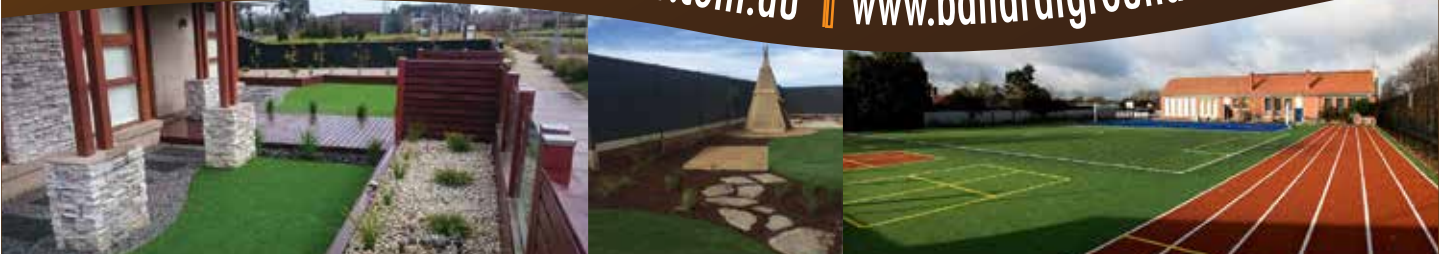


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