



## 2016: The Loreto Year of Felicity

*'Felicity is an attitude of mind, a disposition of the heart which manifests itself in cheerfulness, good humour, joy, happiness, hope, optimism, friendliness, courtesy, positive thinking, inner peace, self-acceptance and courage. Felicity is a natural gift of youth and an essential element of the Loreto spirit.'*

Loreto Schools of Australia Mission Statement

## Online Information

### BAS Website

The BAS Website ([www.bas.vic.edu.au](http://www.bas.vic.edu.au)) is a useful tool in accessing results, draws, ladders, and venue locations. Once on the homepage, click on 'Sport' and then the drop down 'Results' option. From here you can select the appropriate sport (and grade if applicable).

### E-Newsletter

As part of the Loreto College Ballarat 'E-Newsletter', there will be regular updates on the progress of our sporting teams throughout each term, along with any other news and events.

## Contact Details

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# Sport

*'The Church recognises sport to be one of the great institutions of our society that helps individuals realise their human potential and builds up the bonds of the community, fostering communal initiative and responsibility.'*

*'As our lifestyles become more and more sedentary, sport makes an essential contribution to our health and wellbeing, both physical and mental.'*

Social Justice Statement, Australian Catholic Bishops: A Crown for Australia: Striving for the Best in our Sporting Nation

## Our Philosophy

Loreto College Ballarat has an open, flexible and creative approach to sport, ensuring that the co-curricular sport program is accessible to all students. Our aim is to enrich the students' school life by offering a comprehensive and diverse sport program through participation in competitive and non-competitive physical activity.

The sport program at Loreto enables students to strive for their personal best, build relationships with peers as well as staff and to develop both team building and leadership skills. We believe that active participation in sport enriches the students' physical, mental and social health.

A Loreto girl will participate in sport with pride, responsibility and excellent sportsmanship.

## About

Loreto College Ballarat is a member of the Ballarat Associated Schools (BAS) sporting competition.

The other members of BAS include:

- Ballarat Clarendon College (BCC)
- Ballarat Grammar School (BGS)
- Ballarat High School (BHS)
- Damascus College (DC)
- Mount Clear College (MCC)
- St Patrick's College (SPC)

## Annual Highlights

- BAS Athletics Carnival
- BAS Swimming Carnival
- BAS Cross Country events
- Breast Cancer Netball Match  
*Loreto College Ballarat vs. St Patrick's College*
- Breast Cancer Football Match  
*Loreto College Ballarat vs. Ballarat Clarendon College*
- Prostate Cancer Hockey Match  
*Loreto College vs. St Patrick's College*
- Sports Awards Night

## Yearly Sport

### Term 1

Lawn Bowls (Mon)	Rowing
Senior Tennis (Wed)	Junior & Senior 'Henderson Shield' Tennis
Senior Cricket (Thur)	Loreto Athletics Carnival
Senior Softball (Wed)	Loreto Swimming Carnival
Junior Basketball (Thur)	BAS Swimming Carnival
Junior Volleyball (Tues)	Intermediate Volleyball (Wed)

### Term 2

Junior Soccer (Thur)	Senior Football (Thur)
Junior Hockey (Wed)	Brehaut Badminton Championships
Junior Badminton (Tue)	BAS Athletics Carnival
Senior Badminton (Tue)	Intermediate Basketball (Thur)
Senior 1st—4th's Netball (Tues & Wed)	Cheerleading

### Term 3

Racquetball (Thur)	Rowing
Senior Soccer (Tue)	Senior Volleyball (Tue)
Year 7 Netball (Thur)	Senior Basketball (Thur)
Year 8 Netball (Wed)	BAS Cross Country
Year 9 Netball (Tue)	BAS Road Relays
Senior Hockey (Thur)	BAS Lap of the Lake
Junior Football (Thur)	Cheerleading

### Term 4

Croquet (Wed)	Rowing
Junior Tennis (Wed)	Year 10 Netball (Thur)
Junior Cricket (Thur)	Intermediate Tennis (Thur)

## Important Information

- Parents must complete the BAS After School Program Consent Form prior to their daughter's participation.
- Students are expected to meet the College Sporting Philosophy by participating with a high level of pride, responsibility and sportsmanship.
- Selection to represent the College at BAS level is at the discretion of the coach and outcome of trials (if applicable).
- Students may be transported to a sporting venue by a College funded bus or taxi and are responsible for arranging their transport home from the venue.
- Students will be supervised by a Loreto College Ballarat staff member whilst participating in after school sports.
- Students are responsible for checking the draws and venue for their sport, which can be found online at [www.bas.vic.edu.au](http://www.bas.vic.edu.au).
- If students are unable to participate for any reason they must inform the Director of Co-Curricular Sport or their coach and should endeavor to find a replacement where possible.
- Students will be provided with a sport uniform as required which is to be returned, in a timely manner, at the end of the competition.

## What Loreto girls say about sport

"Sport has had a major impact on my journey at Loreto... and my experience would not be fulfilled without it."

"Loreto College sport allows us to try new things within our school and helps us make memories for a lifetime."

"Sport at Loreto... has taught me.... resilience, determination and good sportsmanship."

"The welcoming and supportive environment allows you to try new sports out, see what you like and then jump into what you enjoy."